REST HAVEN SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
NOVEMBER 2026			LEST WE FORGET REMEMBRANCE DAY			1 **Week 5** Navy Bean Soup Cottage Cheese Bread Potato Salad Cold cuts/pickles Rhubarb Pie
2 **Week 1** Beef Stew or Chef's Alternate Cheese Biscuits Mandarin Segments	3 Breaded Mustard Veal Cutlets or Chef's Alternate Mashed potatoes Beef gravy Steamed broccoli Oatmeal chocolate chip cookie	4 Hashbrown Casserole Garlic Sausage or Chef's Alternate Romanesco Vegetables Fruit Cobbler	5 Chicken Orzo or Chef's Alternate Garlic Bread Mixed Veg Rhubarb Platz	6 Fish Burger or Chef's Alternate Tartar Sauce Coleslaw Blueberry Cake	7 Breaded Pork Cutlets or Chef's Alternate Noodles and Sauce Montego Veg Chef's Dessert	8 Summa Borscht Soup Macaroni Salad Cold Cuts or Chef's Alternate Bread/Pickles Cheese Cake
9 **Week 2** Roasted Chicken Chicken Gravy or Chef's Alternate Fries Stir Fry Veg Mix Iced White Cookie	10 Fish Sticks or Chef's Alternate Fried Potatoes Tartar sauce Herbed Green Beans Brownies	11 Beef Stroganoff with Pasta or Chef's Alternate Peas and Carrots Tart	12 Baked Chicken or Chef's Alternate Potato Cucumber Salad Fruit Cocktail	13 ***All Day Breakfast Theme*** Pancake Sausage or Chef's Alternate Fruit	14 Turkey Cutlet with Gravy or Chef's Alternate Roasted Potatoes Mixed Veg Mandarin Oranges	15 Chicken Noodle Soup Cold Cuts or Chef's Alternate Buns Cheese Pea Salad Chef's Dessert
16 **Week 3** Baked Fish Fillet or Chef's Alternate Tartar sauce Lyonnaise Potatoes Glazed Carrots Cupcake	17 Pork and Apple Cakes or Chef's Alternate Rice Pilaf with Mixed Veg Apple Cinnamon Sauce Ice Cream	18 Veal Parmesan with Pasta or Chef's Alternate Marinara sauce Zucchini Lemon Inspired Dessert	19 Chicken Stir Fry or Chef's Alternate Rice Mandarin Lettuce Salad Tapioca Pudding	20 Roast Beef or Chef's Alternate Baked Potatoes Montego Vegetables Berry Crisp	21 Lemon Chicken Mashed Potato or Chef's Alternate Mixed Veg Medley Fruit Platz	22 Lasagna Soup Sausage Rolls or Chef's Alternate Macaroni Salad Cheese Pickles Apricot Slices
23 **Week 4** Baked Chicken or Chef's Alternate Gravy Greek Salad Naan Bread Cream Puffs	24 Turkey Schnitzel or Chef's Alternate Gravy Potato Wedge Braised Red Cabbage Fresh Strawberry Fruit	25 Fish Sticks or Chef's Alternate Fries Coleslaw Bread Pudding	26 Baked Ham or Chef's Alternate Scalloped Potatoes Honey glazed Carrots Lava Cake	27 Cabbage Rolls or Chef's Alternate Mashed Potato Mixed Veg Lemon Tart	28 Sweet Sour Beef or Chef's Alternate Rice/ Spring rolls Stir Fry Veg Chef's Dessert	29 Cream of Potato Bacon Soup Cheese Buns Carrot Salad Cold Cuts/Pickles or Chef's Alternate Fruit Pie
30 **Week 5** Cannelloni with Marinara Sauce or Chef's Alternate Garlic Bread Roasted Squash Berry Crisp						

MENU IS SUBJECT TO CHANGE

Nutrition and Food Services Department:

204-326-2285/204-346-5013

NOTE: Sandwiches are available on daily basis as alternate option aside from Chef's Alternate.