REST HAVEN LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
NOVEMBER 2026			**MENU IS SUBJECT TO CHANGE** Nutrition and Food Services Department: 204-326-2285/204-346-5013			1 **Week 5** Roast Beef or Chef's Alternate Mashed Potatoes Coleslaw Rice Pudding
2 **Week 1** Vegetable Soup Chicken Fingers or Chef's Alternate Fries Garden Salad Fruit Inspired dessert	3 Split Pea Soup Sweet & Sour Farmer Sausage and Rice or Chef's Alternate Green Beans Diced peaches	4 Ginger Carrot Soup Chicken Cacciatore w/ Noodles Or Chef's Alternate Cucumber salad Chocolate Cream Pie	5 Beef and Barley Soup Breakfast Baked or Chef's Alternate Sliced Tomatoes Pumpkin Inspired dessert	6 Cream of Celery Soup Lasagna or Chef's Alternate Caesar Salad Strawberry Mousse	7 Chef's Soup Egg Salad Sandwich or Chef's Alternate Chips/Pickles Banana Cake	8 Shake N' Bake Chicken or Chef's Alternate Mashed Potatoes Brussel Sprouts Chocolate Cake
9 **Week 2** Beet Borscht Soup Perogies Ham or Chef's Alternate Cream Sauce Carrots Pears	10 Butternut Squash soup Spaghetti with Meatballs or Chef's Alternate Garlic Bread Caesar Salad Strawberry Delight	11 **Remembrance Day** Vegetable Soup Pulled Pork on a Bun or Chef's Alternate Baked bean Coleslaw Lemon Mousse	12 Green Bean Soup Meat Loaf or Chef's Alternate Mashed Potato Romanesco Veg Cinnamon Roll Puffs	13 Minestrone Soup Hot Turkey Sandwich or Chef's Alternate Green Bean Casserole Apple Crisp	14 Chef's Soup Pizza or Chef's Alternate Chickpea Salad Pumpkin Inspired Dessert	15 Baked Ham or Chef's Alternate Pineapple Sauce Scalloped Potatoes Corn Date Square
16 **Week 3** Summa Borscht Soup Chicken Caesar Pasta Baked or Chef's Alternate Salad Peaches and cream	17 Cream of Broccoli Cheddar Soup BBQ Chicken or Chef's Alternate Corn Bread Spinach Salad Fruit Cup	18 Lentil Parmesan Soup Omelette or Chef's Alternate Broccoli Salad Fresh Melon	19 Cabbage Borscht Soup Ham or Chef's Alternate Kielke Schmaunt Phat Pickled Beets Bake Loaf	20 Potato Leek Soup Fish Fry or Chef's Alternate Fries Three Bean Salad Ambrosia Dessert	21 Chili or Chef's Alternate Garden Salad Garlic Toast Chef's Dessert	22 Turkey or Chef's Alternate Stuffing Cranberry sauce Corn Cherry Mouss
23 **Week 4** Butternut Squash Soup BBQ Pork Ribs or Chef's Alternate Garlic Bread Garden Salad Diced Pears	24 Chicken Noodle Soup Hot Roast Beef Sandwich with gravy or Chef's Alternate Broccoli Cherry Crumble	25 Vegetable Soup Meatloaf or Chef's Alternate Gravy Mashed Potato Montego Veg Butter Tart	26 French Onion Soup Chicken Burger or Chef's Alternate Potato Salad Apricot	27 Zuppa Toscana Soup Chicken Fettuccine Pasta with Alfredo Sauce or Chef's Alternate Brussel Sprouts Fruit Inspired Dessert	28 Tomato Basil Soup Ham and Cheese Sandwich or Chef's Alternate Pickles Orange Fluff Salad	29 Roast Pork or Chef's Alternate Potatoes Gravy Wax Beans Jello-Icecream
30 **Week 5** Cream of Mushroom Soup Hamburger Steak or Chef's Alternate Beef Gravy Mashed Potato Roasted Zucchini Fruit Cocktail			**NOTE:** **Sandwiches are available on daily basis as alternate option aside from Chef's Alternate.**			