

REST HAVEN SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	MENU IS SUBJECT TO CHANGE <i>Nutrition and Food Services Department:</i> 204-326-2285/204-346-5013		Week 1 Chicken Orzo or Chef's Alternate Garlic Bread Mixed Veg Rhubarb Platz	Fish Burger or Chef's Alternate Tartar Sauce Black Bean/Corn Blueberry Cake	Breaded Pork Cutlets or Chef's Alternate Noodles and Sauce Montego Veg Chef's Dessert	Summa Borscht Soup Macaroni Salad Cold Cuts or Chef's Alternate Bread/Pickles Cheese Cake
Week 2 Roasted Chicken Chicken Gravy or Chef's Alternate Fries Stir Fry Veg Mix Iced White Cookie			Baked Chicken or Chef's Alternate Risotto Cucumber Salad Fruit Cocktail	Cultural Cuisine Day Sweet and Sour Chicken Balls or Chef's Alternate Fried Rice/Spring Roll Chopsuey Lemon Pudding	Veal Cutlet with Gravy or Chef's Alternate Roasted Potatoes Mixed veg Mandarin orange	Chicken Noodle Soup Cold Cuts or Chef's Alternate Buns Cheese Pea Salad Chef's Dessert
(Week 3) Baked Fish Fillet or Chef's Alternate Tartar sauce Lyonnaise Potatoes Cauliflower/Carrots Cupcake			Chicken Stir Fry or Chef's Alternate Rice Mandarin Lettuce Salad Tapioca Pudding	Roast Beef or Chef's Alternate Baked Potatoes Montego Vegetables Berry Crisp	Lemon Chicken Mashed Potato or Chef's Alternate Mixed Veg Medley Fruit Platz	Lasagna Soup Sausage Rolls or Chef's Alternate Broccoli Salad Cheese Pickles Apricot Slices
(Week 4) Baked Chicken or Chef's Alternate Gravy Caesar Salad Naan Bread Cream puffs			BBQ Pork Ribs or Chef's Alternate Garlic Bread Garden Salad Lava Cake	Cabbage Rolls or Chef's Alternate Mashed Potato Mixed Veg Lemon Tart	Sweet Sour Beef or Chef's Alternate Rice/ Spring rolls Stir fry Veg Chef's Dessert	Cream Potato Bacon Soup Cheese Buns Carrot Salad Cold Cuts/Pickles or Chef's Alternate Fruit Pie
(Week 5) Cannelloni or Chef's Alternate Garlic Bread Roasted Squash Berry Crisp			Pork Sausage or Chef's Alternate Mac N' Cheese Romanesco Veg Cherry Almond Cake	Taco Casserole or Chef's Alternate Fiesta Salad Soft Cinnamon Cookies	Swedish Meatballs or Chef's Alternate Mashed Potato Wax Beans Fresh Fruits	

NOTE: Sandwiches are available on daily basis as alternate option aside from Chef's Alternate.