

OCTOBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 Please remember to check the bulletin board on your floor regularly, and sign up for any highlighted programs that you would like to attend!				¹ 9:00 ADVANCED EXERCISE 9:30 COFFEE & CONNECT 2:00 BOOK MOBILE  NATIONAL SENIOR'S DAY	² 9:30 EXERCISE (DVD) 2:30 SKIP-BO  HELEN OUT OF OFFICE	³ Hello Autumn
⁴ 9:30 WORSHIP SERVICE WITH CHRISTIAN FELLOWSHIP 	⁵ 9:30 EXERCISE 2:30 BINGO 	⁶ 9:00 ADVANCED EXERCISE 9:30 COFFEE & CONNECT 2:30 CROKINOLE 	⁷ 9:30 EXERCISE 2:30 SPOONS GAME 	⁸ 9:00 ADVANCED EXERCISE 9:30 COFFEE & CONNECT 2:30 BARKMAN BAKE SALE 	⁹ 9:30 EXERCISE (DVD) 2:30 BOARD GAMES  5:00 "FRIENDSGIVING" POTLUCK SUPPER 	¹⁰ 
¹¹ 9:30 WORSHIP SERVICE WITH GRACE MENNONITE 	¹² 9:30 EXERCISE 2:30 BOARD GAMES  THANKSGIVING - OFFICE CLOSED 	¹³ 9:00 ADVANCED EXERCISE 9:30 COFFEE & CONNECT 2:30 QWIRKLE 4:00 FLU VACCINES 	¹⁴ 9:30 EXERCISE 2:30 RUMMIKUB 	¹⁵ 9:00 ADVANCED EXERCISE 9:30 MEN'S BREAKFAST 2:30 RACKO 	¹⁶ 9:30 EXERCISE WITH HELEN 2:30 FIVE CARD BINGO 6:30 NEUFELD GROUP 	¹⁷ "October is crisp days and cool nights, a time to curl up around the dancing flames and sink into a good book."
¹⁸ 9:30 WORSHIP SERVICE WITH MENNONITE BRETHREN 	¹⁹ 9:30 EXERCISE 2:30 BINGO 	²⁰ 9:00 ADVANCED EXERCISE 9:30 LADIES' BREAKFAST 2:30 SKIP-BO 	²¹ 9:30 EXERCISE 2:30 NAIL PAINTING 2:30 MEN'S BILLIARDS 	²² 9:00 ADVANCED EXERCISE 9:30 COFFEE & CONNECT 2:30 CRIBBAGE  6:30 SING-ALONG AT RH	²³ 9:30 EXERCISE WITH HELEN 2:30 FIRESIDE FRIDAY 7:00 PRAIRIE ROSE EMC YOUNG ADULTS GROUP 	²⁴ 
²⁵ 9:30 WORSHIP SERVICE WITH SEMC (COMMUNION) 	²⁶ 9:30 EXERCISE 2:30 BIRTHDAY PARTY HAPPY BIRTHDAY	²⁷ 9:00 ADVANCED EXERCISE 9:30 COFFEE & CONNECT 2:30 SCRABBLE	²⁸ 9:30 EXERCISE  1:45 MUNICIPAL ELECTION 7:00 SOMMERFELD YOUTH GROUP	²⁹ 9:00 ADVANCED EXERCISE 9:30 COFFEE & CONNECT 2:30 QWIRKLE 	³⁰ 9:30 EXERCISE WITH HELEN 2:30 PIE & COFFEE 	³¹ "I'm so glad I live in a world where there are Octobers."