

REST HAVEN LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	MENU IS SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285/204-346-5013		Week 1 Beef and Barley Soup Omelette with Hashbrown Patty or Chef's Alternate Veg Salad Pumpkin Inspired dessert	Cream of Celery Soup Lasagna or Chef's Alternate Garlic Bread Caesar Salad Strawberry Mousse	Chef's Soup Egg Salad Sandwich or Chef's Alternate Chips/Pickles Banana Cake	Roast Beef or Chef's Alternate Mashed Potatoes Coleslaw Rice Pudding
	Week 2 Beet Borscht Soup Perogies Farmer Sausage or Chef's Alternate Cream Sauce Carrots Pears	Butternut squash soup Spaghetti with Meatballs or Chef's Alternate Garlic Bread Caesar Salad Strawberry Delight	Vegetable Soup Pulled Pork on a Bun or Chef's Alternate Baked bean Coleslaw Lemon Mousse	Green Bean Soup Meat Loaf or Chef's Alternate Mashed Potato Romanesco Veg Cinnamon Roll Puffs	Minestrone Soup Hot Turkey Sandwich or Chef's Alternate Green Bean Casserole Apple Crisp	Chef's Soup Pizza or Chef's Alternate Chickpea Salad Pumpkin Inspired Dessert
	(Week 3) <i>Happy Thanksgiving</i> Turkey or Chef's Alternate Stuffing Mashed Potato Cranberry Sauce Corn Pumpkin Cheesecake	Cream of Broccoli Soup Pork and Apple cakes or Chef's Alternate Rice Apple Cinnamon Sauce Peas Ice Cream	Chicken Noodle Soup Omelette or Chef's Alternate Broccoli Salad Fresh Melon	Cabbage Borscht Soup Ham or Chef's Alternate Kielke Schmaunt Phat Pickled Beets Banana Loaf	Potato Leek Soup Fish Fry or Chef's Alternate Fries Three Bean Salad Ambrosia Dessert	Chili (Veg) or Chef's Alternate Garden Salad Garlic Toast Chef's Dessert
	(Week 4) Butternut squash Soup Baked Ham or Chef's Alternate Scalloped Potato Carrots Diced Pears	Vegetable Soup Chicken Fettuccini Alfredo or Chef's Alternate Brussel Sprouts Lemon tarts	Cabbage Borscht Soup Hamburger Steak or Chef's Alternate Beef gravy Mashed Potato Roasted Zucchini Coconut Cream Pie	Broccoli Cheddar Soup Chicken Burger or Chef's Alternate Potato Salad Apricot	Cream of Mushroom Soup Hot Roast Beef Sandwich or Chef's Alternate Green bean casserole Fruit Cocktail	Tomato Veg Soup Ham and Cheese Sandwich or Chef's Alternate Pickles Orange Fluff Salad
	(Week 5) Vegetable Soup Meatloaf or Chef's Alternate Gravy Mashed Potato Montego Veg Butter Tart	Green Bean Soup Perogies Farmer Sausage or Chef's Alternate Carrots Cream Sauce Peaches	Hearty Veg soup Battered Fish Fry or Chef's Alternate Fries Spinach Salad Lemon Meringue Pie	Turkey or Chef's Alternate Stuffing Cranberry Sauce Mashed Potato Gravy Corn Fruit Cup	Chicken Noodle Soup Sweet and Sour Pork or Chef's Alternate Rice Pilaf/Spring Roll Stir Fry Vegetable Tapioca Pudding	Chef Soup Hotdog or Chef's Alternate Pickles/Chips Fruit Cobbler
						

NOTE: Sandwiches are available on daily basis as alternate option aside from Chef's Alternate.