

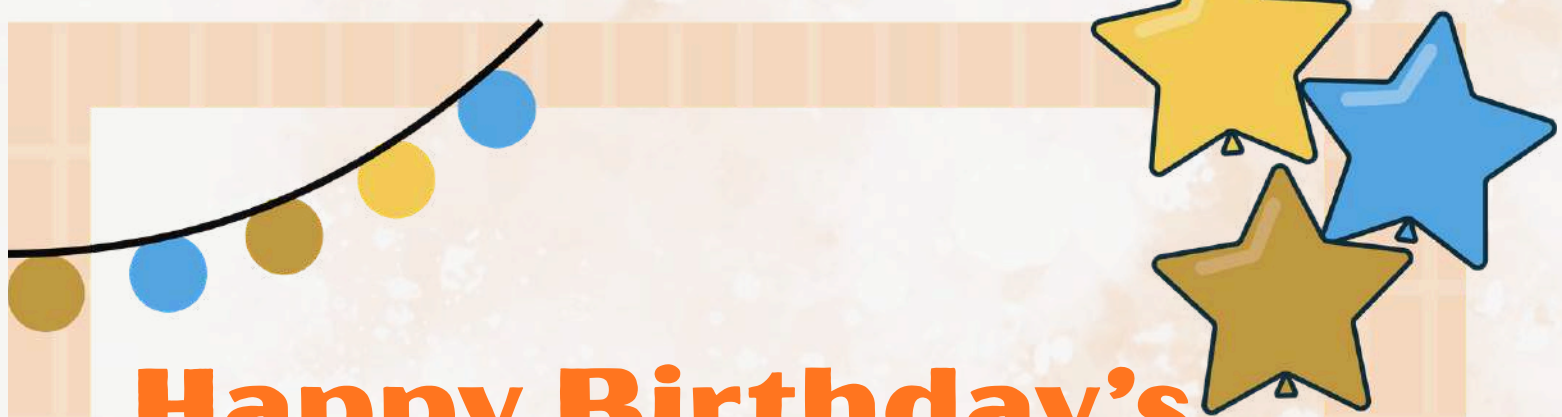
Rest Haven
October 2026

News & Notes
3rd Floor

Upcoming Attractions

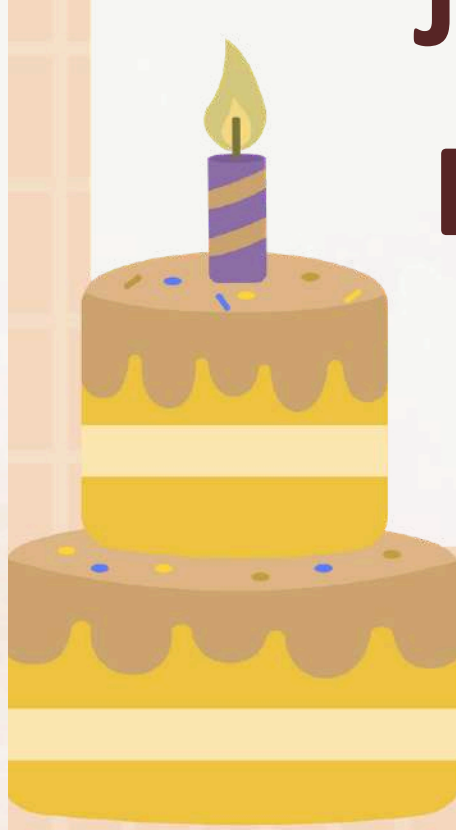
Fall Trivia
Pumpkin Lattes
Pumpkin Carving
Country Rides

Stay Updated! Check the calendar for
this month's activities.



Happy Birthday's

John Friesen
Betty Harms



Volunteers Needed- Make a Meaningful Connection!

We are looking for compassionate volunteers to spend one-on-one time with our residents on 3rd floor. Your time and presence can make a big difference in someone's day. If you're interested in building friendships and bringing joy to others, we'd love to hear from you!

Please contact: Sam: sday@havengroup.ca



Should you wish to be added or removed from the newsletter contact list please
contact: srandhawa2@havengroup.ca

We had so much fun at our Tailgate Party in August.

