

REST HAVEN SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		¹ (Week 3) Creamy Baked Pork Chops or Chef's Alternate Pasta Mixed Vegetables Cupcake	² Home Made Chicken Pot Pie or Chef's Alternate Mandarin Lettuce Salad Brownie	³ Cabbage Rolls or Chef's Alternate Mashed Potatoes Mixed Vegetables Berry Crisp	⁴ Sweet and Sour Chicken Balls or Chef's Alternate Vegetable Fried Rice Broccoli Fruit Jello	⁵ Vegetable Beef and Rice Soup Potato Salad Brown Bread/Garnish Cold Cuts/Pickles or Chef's Alternate Apple Pie
⁶ (Week 4) Roasted Chicken or Chef's Alternate Chicken Gravy Corn Bean Salad Iced White Cookies	⁷ BBQ Pork ribs or Chef's Alternate Potato Wedge Green Salad Lava Cake	⁸ Hamburger Steak or Chef's Alternate Mashed Potatoes Beef Gravy Roasted Zucchini Fried Onions Fruit	⁹ Garlic Sausage or Chef's Alternate Macaroni and Cheese Peas Cherry Almond Cake	¹⁰ Baked Chicken or Chef's Alternate Mashed Potatoes Gravy Southwest Vegetables Cream Puffs	¹¹ Ravioli and Meat Sauce or Chef's Alternate Salad Fruit Cup	¹² Butternut Squash Soup Cheese Buns Sweet Orzo Salad Cold Cuts/Pickles or Chef's Alternate Strawberry Mousse
¹³ (Week 5) Breaded Pork Cutlets or Chef's Alternate Potato Wedge Gravy California Mixed Veg Butter Tart	¹⁴ Omelette or Chef's Alternate Garlic Toast Vegetable Salad Nanaimo Bar	¹⁵ Sweet and Sour Beef or Chef's Alternate Rice Oriental mixed Vegetables Fruit Salad	¹⁶ Pork Sausage or Chef's Alternate Roasted Potatoes Buttered Peas Fruit Jello	¹⁷ Enchilada or Chef's Alternate Fiesta Salad Churros	¹⁸ Swedish Meatballs or Chef's Alternate Pasta Wax Beans Tart	¹⁹ Tomato Soup Cottage Cheese Bread Potato Salad Cold Cuts/Pickles or Chef's Alternate Rhubarb Pie
²⁰ (Week 1) Beans and Wieners or Chef's Alternate Hashbrown Casserole Roasted Carrots Peach Cobbler	²¹ Beef Stew or Chef's Alternate Cheese Biscuits Mandarin Segments	²² Breaded Mustard Veal Cutlets or Chef's Alternate Mashed Potatoes Beef Gravy Steamed Broccoli Fruit	²³ Chicken Orzo or Chef's Alternate Glazed Carrots Oatmeal Chocolate Chip Cookie	²⁴ Fish Burger or Chef's Alternate Tartar Sauce/Cheese Pea Salad Pineapple Upside Down Cake	²⁵ Breaded Pork Cutlets or Chef's Alternate Noodles and Sauce Mixed Vegetables Chef's Dessert	²⁶ Summa Borscht Soup Macaroni Salad Cold Cuts or Chef's Alternate Bread/ Pickles Cheese Blueberry Cheesecake
²⁷ (Week 2) Turkey Schnitzel or Chef's Alternate Boiled Potatoes Braised Red Cabbage Ice Cream Sundae	²⁸ Fish Sticks or Chef's Alternate Fried Potato Tartar sauce Herbed Green Beans Trifle	²⁹ Meat Loaf Mashed Potato or Chef's Alternate Steamed Broccoli Cinnamon Roll Puffs	³⁰ Beef Stroganoff or Chef's Alternate Noodles Peas and carrots Tapioca Pudding	³¹ Chicken Stir Fry or Chef's Alternate Rice Mandarin Orange	MENU IS SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285/204-346-5013	