

REST HAVEN LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
(Week 4) Beet Borscht Soup Baked Ham or Chef's Alternate Scalloped Potatoes Green Beans Fruit	Vegetable Soup Chicken Fettuccinni Alfredo or Chef's Alternate Brussel Sprouts Lemon Tarts	Cabbage Borscht Soup Honey Glazed Chicken or Chef's Alternate Rice Pilaf Salad Coconut Cream Pie	Broccoli Soup Hamburger or Chef's Alternate French fries/gravy Chocolate Pudding	Roast Beef or Chef's Alternate Baked Potato Carrots Zucchini Brownie	Tomato Soup Ham and Cheese Sandwich or Chef's Alternate Pickles Orange Fluff Salad	Shake N' Bake Chicken or Chef's Alternate Mashed Potato Harvard Beets Cheesecake
(Week 5) Sauerkraut Borscht Soup Meatloaf or Chef's Alternate Gravy Mashed Potato California Mixed Vegetables Date Square	Green Bean Soup Perogies or Chef's Alternate Farmer Sausage Carrots Cream Sauce Peaches	Cream of Broccoli Soup Battered Fish Fry or Chef's Alternate Fries Coleslaw Lemon Meringue Pie	Turkey/ Stuffing or Chef's Alternate Cranberry Sauce Mashed Potato Gravy Corn Frozen Yogurt	Hearty Vegetable Soup Sweet and Sour Pork or Chef's Alternate Rice Pilaf California Mixed Vegetable Fruit Cocktail Cake	Chef Soup Chicken Sandwich or Chef's Alternate Vegetable Salad Fruit Cobbler	Roast Pork or Chef's Alternate Boiled Potato Gravy Green Beans Strawberry Mous
(Week 1) Vegetable Soup Chicken Fingers or Chef's Alternate Fries Garden Salad Fruit Based Dessert	Cabbage Borscht Soup Roll Kuchen or Chef's Alternate Watermelon	Ginger Carrot Soup Chicken Cacciatore or Chef's Alternate Noodles Cucumber Salad Chocolate Cream Pie	Beef Barley Soup Baked Ham or Chef's Alternate Pineapple Sauce Scalloped Potatoes Corn Date Square	Cream of Celery Soup Lasagna or Chef's Alternate Garlic Bread Caesar Salad Fruit	Garlic Chicken Wild Rice Soup Pizza or Chef's Alternate Vegetable Salad Cinnamon Coffee Cake	Happy Father's Day Roast Beef or Chef's alternate Mashed Potatoes Coleslaw Rice Pudding
(Week 2) Beet Borscht Soup or Chef's Alternate Perogies Farmer Sausage Carrots Cream Gravy Peaches	Minestrone Soup Shepherd's Pie or Chef's Alternate Salad Frozen Yogurt	Green Bean Soup Pulled Pork on a Bun or Chef's Alternate Baked bean Coleslaw Apple Crisp	Potato Leek Soup Hotdog or Chef's Alternate Chickpea Salad Mixed Fruits	Vegetable Soup Spaghetti with Meatballs or Chef's Alternate Caesar Salad Boston Cream Poke Cake	Chef's Soup Egg Salad Sandwich or Chef's alternate Cheese Chips/Pickles Banana Cake	Chicken Pot Pie or Chef's Alternate Cucumber and Tomato Slices Rhubarb Platz
(Week 3) Summa Borscht Soup Country Style Chicken or Chef's Alternate Mac N' Cheese Savory Green and Waxed Beans Carrot Cake	Cream of Mushroom Soup Pork and Apple cakes or Chef's Alternate Rice and gravy Apple Cinnamon Sauce Beet Salad Fruit Pie				MENU IS SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285/204-346-5013	

NOTE: Sandwiches are available on daily basis as alternate option aside from Chef's alternate.