

REST HAVEN SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		MENU IS SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285/204-346-5013		¹ (Week 4) Baked Chicken or Chef's Alternate Mashed Potatoes Gravy Southwest Vegetables Cream Puffs	² Ravioli and Meat Sauce or Chef's Alternate Salad Fruit Cup	³ Butternut Squash Soup Cheese Buns Sweet Orzo Salad Cold Cuts/Pickles or Chef's Alternate Rhubarb Strawberry Pie
⁴ (Week 5) Breaded Pork Cutlets or Chef's Alternate Potato Wedge Gravy Coleslaw Butter Tart	⁵ Omelette or Chef's Alternate Garlic Toast Vegetable Salad Nanaimo Bar	⁶ Sweet and Sour Beef or Chef's Alternate Rice Oriental mixed Vegetables Fruit Salad	⁷ Pork Sausage or Chef's Alternate Roasted Potatoes Buttered Peas Ice Cream	⁸ Enchilada or Chef's Alternate Fiesta Salad Churros	⁹ Swedish Meatballs or Chef's Alternate Pasta Wax Beans Tart	¹⁰ Tomato Soup Cottage Cheese Bread Potato Salad Cold Cuts/Pickles or Chef's Alternate Coconut Cream Pie
¹¹ (Week 1) Beans and Wieners or Chef's Alternate Hashbrown Casserole Roasted Carrots Peach Cobbler	¹² Beef Stew or Chef's Alternate Cheese Biscuits Mandarin Segments	¹³ Breaded Mustard Veal Cutlets or Chef's Alternate Mashed Potatoes Beef Gravy Steamed Broccoli Oatmeal Chocolate Chip	¹⁴ Chicken Orzo or Chef's Alternate Glazed Carrots Fruit	¹⁵ Fish Burger or Chef's Alternate Tartar Sauce/Cheese Pea Salad Pineapple Upside Down Cake	¹⁶ Breaded Pork Cutlets or Chef's Alternate Noodles and Sauce Mixed Vegetables Chef's Dessert	¹⁷ Summa Borscht Soup Macaroni Salad Cold Cuts or Chef's Alternate Bread/ Pickles Cheese Blueberry Cheesecake
¹⁸ (Week 2) Roasted Chicken or Chef's Alternate Chicken Gravy French Fries Oriental Mixed Vegetables Iced White Cookies	¹⁹ Fish Sticks or Chef's Alternate Fried Potatoes Tartar sauce Herbed Green Beans Trifle	²⁰ Meat Loaf or Chef's Alternate Mashed Potato Steamed Broccoli Cinnamon Roll Puffs	²¹ Beef Stroganoff or Chef's Alternate Noodles Peas and carrots Tapioca Pudding	²² Chicken Stir Fry or Chef's Alternate Rice Mandarin Orange	²³ Veal Parmigiana or Chef's Alternate Pasta Marinara Sauce Zucchini Fruit PlatZ	²⁴ Chicken Noodle Soup Cold Cuts or Chef's alternate Buns Cheese Pea Salad Cream Pie
²⁵ (Week 3) Baked Fish fillet or Chef's Alternate Tartar sauce Lyonnaise Potatoes Cauliflower/Carrots Butterscotch Pudding	²⁶ Lemon Butter Chicken or Chef's Alternate Mashed Potatoes Carrots Cookie	²⁷ Creamy Baked Pork Chops or Chef's Alternate Pasta Mixed Vegetables Cupcake	²⁸ Home Made Chicken Pot Pie or Chef's Alternate Mandarin Lettuce Salad Brownie	²⁹ Cabbage Rolls or Chef's Alternate Mashed Potatoes Mixed Vegetables Berry Crisp	³⁰ Sweet and Sour Chicken Balls or Chef's Alternate Vegetable Fried Rice Broccoli Fruit Jello	³¹ Vegetable Beef and Rice Soup Potato Salad Brown Bread/Garnish Cold Cuts/Pickles or Chef's Alternate Apple Pie