

REST HAVEN LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		MENU IS SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285/204-346-5013		1 (Week 4) Roast Beef or Chef's Alternate Baked Potato Carrots Zucchini Brownie	2 Tomato Soup Ham and Cheese Sandwich or Chef's Alternate Pickles Orange Fluff Salad	3 Shake N' Bake Chicken or Chef's Alternate Mashed Potato Harvard Beets Cheesecake
4 (Week 5) Sauerkraut Borscht Soup Meatloaf or Chef's Alternate Gravy Mashed Potato California Mixed Vegetables Date Square	5 Green Bean Soup Perogies or Chef's Alternate Farmer Sausage Carrots Cream Sauce Peaches	6 Cream of Broccoli Soup Battered Fish Fry or Chef's Alternate Fries Coleslaw Lemon Meringue Pie	7 Turkey/ Stuffing or Chef's Alternate Cranberry Sauce Mashed Potato Gravy Corn Cherry Almond Cake	8 Hearty Vegetable Soup Sweet and Sour Pork or Chef's Alternate Rice Pilaf California Mixed Vegetable Fruit Cocktail Cake	9 Chef Soup Hotdog or Chef's Alternate Pickles/Chips Fruit Cobbler	10 Roast Pork or Chef's Alternate Boiled Potato Gravy Green Beans Strawberry Mous
11 (Week 1) Vegetable Soup Chicken Fingers or Chef's Alternate Fries Garden Salad Fruit Based Dessert	12 Split Pea Soup Sweet and Sour Farmer Sausage or Chef's Alternate Rice Green Beans Tapioca Pudding	13 Ginger Carrot Soup Chicken Cacciatore or Chef's Alternate Noodles Cucumber Salad Chocolate Cream Pie	14 Garlic Chicken Wild Rice Soup Pizza or Chef's Alternate Vegetable Salad Cinnamon Coffee Cake	15 Cream of Celery Soup Lasagna or Chef's Alternate Garlic Bread Caesar Salad Chocolate Cake	16 Beef Barley Soup Chicken Pot Pie or Chef's Alternate Cucumber and Tomato Slices Rhubarb Platz	17 Roast Beef or Chef's alternate Mashed Potatoes Coleslaw Rice Pudding
18 Victoria Day (Week 2) Beet Borscht Soup or Chef's Alternate Perogies Farmer Sausage Carrots Cream Gravy Peaches	19 Vegetable Soup Spaghetti with Meatballs or Chef's Alternate Caesar Salad Boston Cream Poke Cake	20 Green Bean Soup Pulled Pork on a Bun or Chef's Alternate Baked bean Coleslaw Apple Crisp	21 Butternut Squash Soup Baked Chicken or Chef's Alternate Risotto Cucumber Salad Fruit	22 Minestrone Soup Shepherd's Pie or Chef's Alternate Salad Frozen Yogurt	23 Chef's Soup Egg Salad Sandwich or Chef's alternate Cheese Chips/Pickles Banana Cake	24 Baked Ham or Chef's Alternate Pineapple Sauce Scalloped Potatoes Corn Date Square
25 (Week 3) Summa Borscht Soup Country Style Chicken or Chef's Alternate Mac N' Cheese Savory Green and Waxed Beans Pineapple Upside Down Cake	26 Cream of Mushroom Soup Pork and Apple cakes or Chef's Alternate Rice and gravy Apple Cinnamon Sauce Peas Carrot Cake	27 Cabbage Borscht Soup Honey Glazed Chicken or Chef's Alternate Rice Pilaf Salad Coconut Cream Pie	28 Green Bean Soup Kielce with Fried Onions and Schmaunt Phat Ham or Chef's Alternate Peas and Carrots Jello Fruit	29 Potato Leek Soup Fish Fry or Chef's Alternate Potato Wedge Three Bean Salad Ambrosia Salad	30 Chef's Soup Chilli or Chef's Alternate Salad Garlic Toast Chef's Dessert	31 Turkey or Chef's Alternate Stuffing Mashed Potato Cranberry Sauce Corn Cherry Mous

NOTE: Sandwiches are available on daily basis as alternate option aside from Chef's alternate.