

# REST HAVEN LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			<b>MENU IS SUBJECT TO CHANGE</b> Nutrition and Food Services Department: 204-326-2285/204-346-5013			<b>(Week 1)</b> Roast Beef or Chef's alternate Mashed Potatoes Coleslaw Rice Pudding
<b>(Week 2)</b> Beet Borscht Soup or Chef's Alternate Perogies Farmer Sausage Carrots Cream Gravy Peaches	Vegetable Soup Spaghetti with Meatballs or Chef's Alternate Caesar Salad Boston Cream Poke Cake	Green Bean Soup Pulled Pork on a bun or Chef's Alternate Baked bean Coleslaw Apple Crisp	Butternut Squash Soup Baked Chicken or Chef's Alternate Risotto Cucumber Salad Fruit	Minestrone Soup Shepherd's Pie or Chef's Alternate Salad Frozen Yogurt	Chef's Soup Egg Salad Sandwich or Chef's alternate Cheese Chips/Pickles Banana Cake	Baked Ham or Chef's Alternate Pineapple Sauce Scalloped Potatoes Corn Date Square
<b>(Week 3)</b> Summa Borscht Soup Country Style Chicken or Chef's Alternate Mac N' Cheese Savory Green and Waxed Beans Pineapple Upside Down Cake	Cream of Broccoli Soup Pork and Apple cakes or Chef's Alternate Rice and gravy Apple Cinnamon Sauce Peas Carrot cake	Zuppa Toscana Lasagna or Chef's Alternate Caesar Salad Garlic Bread Chocolate Cake	Green Bean Soup Ham or Chef's Alternate Perogies Schmaunt Phat Pickled Beets Fruit	Potato Leek Soup Fish Fry or Chef's Alternate Potato Wedge Three Bean Salad Ambrosia Salad	<b>Happy Valentine's Day</b> Chef's Soup Chilli Salad Garlic Toast Chef's Dessert	Turkey or Chef's Alternate Stuffing Mashed Potato Cranberry Sauce Corn Cherry Mous
<b>(Week 4)</b> Beet Borscht Soup Baked Ham or Chef's Alternate Scalloped Potato Carrots Fruit	Vegetable Soup Chicken Fettuccini Alfredo or Chef's Alternate Brussel Sprouts Lemon Tarts	Cabbage Borscht Soup Honey Glazed Chicken or Chef's Alternate Rice Pilaf Salad Coconut Cream Pie	Chicken Noodle Soup Baked Farmer Sausage or Chef's Alternate Fried Potatoes Coleslaw Frozen Yogurt	Roast Beef or Chef's Alternate Baked Potato Carrots Zucchini Brownie	Chef's Soup Hotdog or Chef's Alternate Pickles/ Chips Fruit Cobbler	Shake N' Bake Chicken or Chef's Alternate Mashed Potato Harvard Beets Cheesecake
<b>(Week 5)</b> Sauerkraut Borscht Soup Meatloaf or Chef's Alternate Gravy Mashed Potato California Mixed Vegetables Date Square	Green Bean Soup Perogies or Chef's Alternate Farmer Sausage Carrots Cream Sauce Peaches	Chicken Noodle Soup Battered Fish Fry or Chef's Alternate Fries Coleslaw Lemon Meringue Pie	Turkey /Stuffing or Chef's Alternate Cranberry Sauce Mashed Potato Corn Gravy Cherry Almond Cake	Hearty Vegetable Soup Sweet and Sour Pork or Chef's Alternative Rice Pilaf Gravy California Mixed Vegetables Fruit Cocktail Cake	Tomato Soup Ham and Cheese Sandwich or Chef's Alternate Chips/Pickles Orange Fluff Salad	