

REST HAVEN LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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					MENU IS SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285/204-346-5013	
2 (Week 2) Beet Borscht Soup or Chef's Alternate Perogies Farmer Sausage Carrots Cream Gravy Peaches	3 Vegetable Soup Spaghetti with Meatballs or Chef's Alternate Caesar Salad Boston Cream Poke Cake	4 Green Bean Soup Pulled Pork on a bun or Chef's Alternate Baked bean Coleslaw Apple Crisp	5 Butternut Squash Soup Baked Chicken or Chef's Alternate Risotto Cucumber Salad Fruit	6 Minestrone Soup Shepherd's Pie or Chef's Alternate Salad Frozen Yogurt	7 Chef's Soup Egg Salad Sandwich or Chef's alternate Cheese Chips/Pickles Banana Cake	8 Baked Ham or Chef's Alternate Pineapple Sauce Scalloped Potatoes Corn Date Square
9 (Week 3) Summa Borscht Soup Country Style Chicken or Chef's Alternate Mac N' Cheese Savory Green and Waxed Beans Pineapple Upside Down Cake	10 Cream of Broccoli Soup Pork and Apple cakes or Chef's Alternate Rice and gravy Apple Cinnamon Sauce Peas Carrot cake	11 Zuppa Toscana Lasagna or Chef's Alternate Caesar Salad Garlic Bread Chocolate Cake	12 Green Bean Soup Ham or Chef's Alternate Perogies Schmaunt Phat Pickled Beets Fruit	13 Potato Leek Soup Fish Fry or Chef's Alternate Potato Wedge Three Bean Salad Ambrosia Salad	14 Happy Valentine's Day Chef's Soup Chilli Salad Garlic Toast Chef's Dessert	15 Turkey or Chef's Alternate Stuffing Mashed Potato Cranberry Sauce Corn Cherry Mous
16 (Week 4) Beet Borscht Soup Baked Ham or Chef's Alternate Scalloped Potato Carrots Fruit	17 Vegetable Soup Chicken Fettuccini Alfredo or Chef's Alternate Brussel Sprouts Lemon Tarts	18 Cabbage Borscht Soup Honey Glazed Chicken or Chef's Alternate Rice Pilaf Salad Coconut Cream Pie	19 Chicken Noodle Soup Baked Farmer Sausage or Chef's Alternate Fried Potatoes Coleslaw Frozen Yogurt	20 Roast Beef or Chef's Alternate Baked Potato Carrots Zucchini Brownie	21 Chef's Soup Hotdog or Chef's Alternate Pickles/ Chips Fruit Cobbler	22 Shake N' Bake Chicken or Chef's Alternate Mashed Potato Harvard Beets Cheesecake
23 (Week 5) Sauerkraut Borscht Soup Meatloaf or Chef's Alternate Gravy Mashed Potato California Mixed Vegetables Date Square	24 Green Bean Soup Perogies or Chef's Alternate Farmer Sausage Carrots Cream Sauce Peaches	25 Chicken Noodle Soup Battered Fish Fry or Chef's Alternate Fries Coleslaw Lemon Meringue Pie	26 Turkey /Stuffing or Chef's Alternate Cranberry Sauce Mashed Potato Corn Gravy Cherry Almond Cake	27 Hearty Vegetable Soup Sweet and Sour Pork or Chef's Alternative Rice Pilaf Gravy California Mixed Vegetables Fruit Cocktail Cake	28 Tomato Soup Ham and Cheese Sandwich or Chef's Alternate Chips/Pickles Orange Fluff Salad	