

REST HAVEN LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
March 2026			MENU IS SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285/204-346-5013			(Week 5) Roast Pork or Chef's Alternate Boiled Potato Gravy Green Beans Strawberry Mous
(Week 1) Vegetable Soup Chicken Fingers or Chef's Alternate Fries Garden Salad Fruit Based Dessert	Split Pea Soup Sweet and Sour Farmer Sausage or Chef's Alternate Rice Green Beans Tapioca Pudding	Ginger Carrot Soup Chicken Cacciatore or Chef's Alternate Noodles Cucumber Salad Chocolate Cream Pie	Garlic Chicken Wild Rice Soup Pizza or Chef's Alternate Vegetable Salad Cinnamon Coffee Cake	Cream of Celery Soup Lasagna or Chef's Alternate Garlic Bread Caesar Salad Chocolate Cake	Beef Barley Soup Chicken Pot Pie or Chef's Alternate Cucumber and Tomato Slices Rhubarb Platz	Roast Beef or Chef's alternate Mashed Potatoes Coleslaw Rice Pudding
(Week 2) Beet Borscht Soup or Chef's Alternate Perogies Farmer Sausage Carrots Cream Gravy Peaches	Vegetable Soup Spaghetti with Meatballs or Chef's Alternate Caesar Salad Boston Cream Poke Cake	Green Bean Soup Pulled Pork on a Bun or Chef's Alternate Baked bean Coleslaw Apple Crisp	Butternut Squash Soup Baked Chicken or Chef's Alternate Risotto Cucumber Salad Fruit	Minestrone Soup Shepherd's Pie or Chef's Alternate Salad Frozen Yogurt	Chef's Soup Egg Salad Sandwich or Chef's alternate Cheese Chips/Pickles Banana Cake	Baked Ham or Chef's Alternate Pineapple Sauce Scalloped Potatoes Corn Date Square
(Week 3) Summa Borscht Soup Country Style Chicken or Chef's Alternate Mac N' Cheese Savory Green and Waxed Beans Pineapple Upside Down Cake	ST. PATRICK'S DAY Cream of Broccoli Soup Pork and Apple cakes or Chef's Alternate Rice and gravy Apple Cinnamon Sauce Peas Carrot cake	Chicken Noodle Soup Baked Farmer Sausage or Chef's Alternate Fried Potatoes Coleslaw Fruit Pie	Green Bean Soup Ham or Chef's Alternate Perogies Schmaunt Phat Pickled Beets Fruit	Potato Leek Soup Fish Fry or Chef's Alternate Potato Wedge Three Bean Salad Ambrosia Salad	Chef's Soup Chilli Salad Garlic Toast Chef's Dessert	Turkey or Chef's Alternate Stuffing Mashed Potato Cranberry Sauce Corn Cherry Mous
(Week 4) Beet Borscht Soup Baked Ham or Chef's Alternate Scalloped Potato Carrots Fruit	Vegetable Soup Chicken Fettuccini Alfredo or Chef's Alternate Brussel Sprouts Lemon Tarts	Chicken Noodle Soup Honey Glazed Chicken or Chef's Alternate Rice Pilaf Salad Coconut Cream Pie	Broccoli Soup Chicken Burger or Chef's Alternate French Fries/Gravy Coleslaw Frozen Yogurt	Roast Beef or Chef's Alternate Baked Potato Carrots Zucchini Brownie	Tomato Soup Ham and Cheese Sandwich or Chef's Alternate Pickles Orange Fluff Salad	Shake N' Bake Chicken or Chef's Alternate Mashed Potato Harvard Beets Cheesecake
(Week 5) Sauerkraut Borscht Soup Meatloaf or Chef's Alternate Gravy Mashed Potato California Mixed Vegetables Date Square	Green Bean Soup Kielke with Fried Onions and Schmaunt Phat Ham or Chef's Alternate Peas and Carrots Jello Fruit	  				