



HavenGroup

LIFE SERVICES FOR SENIORS



2nd Floor NEWS & NOTES

February 2026



February Birthdays

Anna R, Mike D

Welcome!
Dora G.

Volunteers Needed

Make a Meaningful Connection!

We are looking for compassionate volunteers to assist with programs and spend one-on-one time with our residents. Your time and presence can make a big difference in someone's day.

If you're interested in building friendships and bringing joy to others, we'd love to hear from you!

Please contact:

Brigitte - bbanman@havengroup.ca

Upcoming Activities

Waffle Breakfasts
Grandpartners Gr. 8
Intellectual Games

Fun Fitness
Singing with Wilbert
Ladies Bible Study
Valentine's Bingo

Bookmobile
Physical Games
Reading Club
Laughter Wellness

Manicures
Coloring Group

1:1 Visits
Sing along
Valentine's Couples Lunch

Should you wish to be added or removed from the newsletter contact list please contact srandhawa2@havengroup.ca



Happy
Valentine's
Day

