



HavenGroup

LIFE SERVICES FOR SENIORS



2nd Floor NEWS & NOTES

January 2026



Welcome!
Claudette R.

Volunteers Needed

Make a Meaningful Connection!

We are looking for compassionate volunteers to assist with programs and spend one-on-one time with our residents. Your time and presence can make a big difference in someone's day. If you're interested in building friendships and bringing joy to others, we'd love to hear from you!

Please contact:

Brigitte - bbanman@havengroup.ca

Peter - pberg@havengroup.ca

Upcoming Activities

Grandpartners Gr. 8

Intellectual Games

Fun Fitness

Resident Council

Winter Bingo

Bookmobile

Ladies Craft

Monthly Birthday Party

Physical Games

Reading Club

Baking

Laughter Wellness

Cocoa Cart

Manicures

Coloring Group

1:1 Visits

Sing along

February Valentine's

Spouse Lunch

Look for Posters to RSVP

Should you wish to be added or removed from the newsletter contact list please contact srandhawa2@havengroup.ca



Happy
New Year

January Birthdays

Maria W, Dennis G, Art P,
Maria P, Lynne S

