


REST HAVEN SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
(Week 3) Fish Burger or Chef's Alternate Tartar/Cheese Salad Pineapple Upside Down Cake	(Week 3) Lemon Butter Chicken or Chef's Alternate Mashed Potatoes Carrots Cookie	(Week 3) Creamy Baked Pork Chops or Chef's Alternate Pasta Mixed Vegetables Cupcake	(Week 3) Home Made Chicken Pot Pie or Chef's Alternate Mandarin Lettuce Salad Brownie	(Week 3) Cabbage Rolls or Chef's Alternate Mashed Potatoes Mixed Vegetables Berry Crisp	(Week 3) Sweet and Sour Chicken Balls or Chef's Alternate Vegetable Fried Rice Broccoli Fruit Jello	(Week 3) Vegetable Beef and Rice Soup Potato Salad Brown Bread/Garnish Cold Cuts/Pickles or Chef's Alternate Apple Pie
(Week 4) Turkey Schnitzel or Chef's Alternate Boiled Potatoes Braised Red Cabbage Ice Cream Sundae	(Week 4) BBQ Pork Ribs or Chef's Alternate Potato Wedge Green Salad Lava Cake	(Week 4) Hamburger Steak or Chef's Alternate Mashed Potatoes Beef Gravy Roasted Zucchini Fried Onions Fruit	(Week 4) Italian Sausage or Chef's Alternate Macaroni and Cheese Peas Chocolate Pudding	(Week 4) Baked Chicken or Chef's Alternate Mashed Potatoes Gravy Southwest Vegetables Cream Puffs	(Week 4) Ravioli and Meat Sauce or Chef's Alternate Noodles Salad Butter Tart	(Week 4) Butternut Squash Soup Cheese Buns Sweet Orzo Salad Cold Cuts/Pickles or Chef's Alternate Rhubarb Strawberry Pie
(Week 5) Breaded Pork Cutlets or Chef's Alternate Potato Wedge Gravy Coleslaw Fruit Cup	(Week 5) Omelette or Chef's Alternate Garlic Toast Vegetable Salad Nanaimo Bar	(Week 5) Sweet and Sour Beef or Chef's Alternate Rice Oriental Mixed Vegetable Fruit Salad	(Week 5) Pork Sausages or Chef's Alternate Roasted Potatoes Buttered Peas Ice Cream	(Week 5) Enchilada or Chef's Alternate Fiesta Salad Churros	(Week 5) Swedish Meatballs or Chef's Alternate Pasta Wax Beans Tart	(Week 5) Chicken Noodle Soup Cottage Cheese Bread Potato Salad Cold Cuts/Pickles or Chef's Alternate Coconut Cream Pie
(Week 1) Beans and Wieners or Chef's Alternate Hashbrown Casserole Roasted Carrots Peach Cobbler	(Week 1) Beef Stew or Chef's Alternate Cheese Biscuits Mandarin Segments	(Week 1) Breaded Mustard Veal Cutlets or Chef's Alternate Mashed Potatoes Beef Gravy Steamed Broccoli Oatmeal Chocolate Chip	(Week 1) Merry Christmas! FASPA: Chef's Soup Buns Cheese/Pickles Cold Cuts Cherry Almond Cake	(Week 1) Baked Fish Fillet or Chef's Alternate Tartar Sauce Lyonnaise Potatoes Cauliflower/Carrots Butterscotch Pudding	(Week 1) Breaded Pork Cutlets or Chef's Alternate Noodles and Sauce Mixed Vegetables Chef's Dessert	(Week 1) Summa Borscht Cold Cuts or Chef's Alternate Bread/ Pickles Macaroni Salad Cheese Blueberry Cheesecake
(Week 2) Roasted Chicken or Chef's Alternate Chicken Gravy French Fries Oriental Mixed Vegetables Iced White Cookies	(Week 2) Fish Sticks or Chef's Alternate Fried Potatoes Tartar Sauce Herbed Green Beans Trifle	(Week 2) Beef Stroganoff or Chef's Alternate Noodles Peas and Carrots Tapioca Pudding	 DECEMBER 2025	MENU IS SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285/204-346-5013		