

REST HAVEN LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 (Week 3) Summa Borscht Soup Country Style Chicken or Chef's Alternate Mac N' Cheese Savory Green and Waxed Beans Ice Cream Sundae	2 Vegetable Soup Spaghetti with Meatballs or Chef's Alternate Caesar Salad Boston Cream Poke Cake	3 Chicken Noodle Soup Baked Farmer Sausage or Chef's Alternate Fried Potatoes Coleslaw Fruit Pie	4 Green Bean Soup Ham or Chef's Alternate Perogies Schmaunt Phat Pickled Beets Fruit	5 Potato Leek Soup Fish Fry or Chef's Alternate Potato Wedge Three Bean Salad Ambrosia Salad	6 Chef's Soup and/or Chilli Salad Garlic Toast Chef's Dessert	7 Turkey or Chef's Alternate Stuffing Mashed Potato Cranberry Sauce Corn Cherry Mous
8 (Week 4) Beet Borscht Soup Baked Ham or Chef's Alternate Scalloped Potato Carrots Fruit	9 Vegetable Soup Chicken Fettuccini Alfredo or Chef's Alternate Brussel Sprouts Lemon Tarts	10 Cabbage Borscht Soup Honey Glazed Chicken or Chef's Alternate Rice Pilaf Salad Coconut Cream Pie	11 Broccoli Soup Chicken Burger or Chef's Alternate French Fries/Gravy Coleslaw Frozen Yogurt	12 Roast Beef or Chef's Alternate Baked Potato Carrots Zucchini Brownie	13 Chef's Soup Hotdog or Chef's Alternate Pickles/ Chips Fruit Cobbler	14 Shake N' Bake Chicken or Chef's Alternate Mashed Potato Harvard Beets Cheesecake
15 (Week 5) Sauerkraut Borscht Soup Meatloaf or Chef's Alternate Gravy Mashed Potato California Mixed Vegetables Date Square	16 Green Bean Soup Kielke with Fried Onions and Schmaunt Phat Ham or Chef's Alternate Peas and Carrots Jello Fruit	17 Chicken Noodle Soup Battered Fish Fry or Chef's Alternate Fries Coleslaw Lemon Meringue Pie	18 Garlic Chicken Wild Rice Soup Pizza or Chef's Alternate Vegetable Salad Cinnamon Coffee Cake	19 Hearty Vegetable Soup Sweet and Sour Pork or Chef's Alternative Rice Pilaf Gravy California Mixed Vegetables Fruit Cocktail Cake	20 Tomato Soup Ham and Cheese Sandwich or Chef's Alternate Chips/Pickles Orange Fluff Salad	21 Roast Pork or Chef's Alternate Boiled Potato Gravy Green Beans Strawberry Mous
22 (Week 1) Vegetable Soup Chicken Fingers or Chef's Alternate Fries Garden Salad Fruit Based Dessert	23 Split Pea Soup Sweet and Sour Farmer Sausage or Chef's Alternate Rice Green Beans Tapioca Pudding	24 Ginger Carrot Soup Chicken Cacciatore or Chef's Alternate Noodles Cucumber Salad Chocolate Cream Pie	25 Merry Christmas! Turkey/Stuffing or Chef's Alternate Cranberry Sauce Cabbage Rolls Gravy Corn Broken Glass Dessert	26 Cream of Celery Soup Lasagna or Chef's Alternate Garlic Bread Caesar Salad Chocolate Cake	27 Beef Barley Soup Chicken Pot Pie or Chef's Alternate Cucumber and Tomato Slices Rhubarb Platz	28 Roast Beef or Chef's Alternate Mashed Potatoes Coleslaw Rice Pudding
29 (Week 2) Beet Borscht Soup Farmer Sausage or Chef's Alternate Perogies Carrots Cream Gravy Canned Peaches	30 Cream of Broccoli Soup Pork and Apple Cakes or Chef's Alternate Rice and Gravy Apple Cinnamon Sauce Peas Carrot Cake	31 Green Bean Soup Pulled Pork on a Bun or Chef's Alternate Baked Beans Coleslaw Apple Crisp	 DECEMBER 2025	MENU IS SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285/204-346-5013		