

REST HAVEN SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
	MENU IS SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285/204-346-5013		1 (Week 2) Meat Loaf or Chef's Alternate Mashed Potato Steamed Broccoli Cinnamon Roll Puffs	2 Chicken Stir Fry or Chef's Alternate Rice Mandarin Orange	3 Veal Parmigiana or Chef's Alternate Pasta Marinara Sauce Peas Fruit Platz	4 Chicken Noodle Soup Cold Cuts or Chef's alternate Buns Pea Salad Cream Pie			
			5 (Week 3) Fish Burger or Chef's Alternate Tartar/Cheese Salad Ice Cream	6 Lemon Butter Chicken or Chef's Alternate Mashed Potatoes Carrots Cookie	7 Creamy Baked Pork Chops or Chef's Alternate Pasta Mixed Vegetables Cupcake	8 Home Made Chicken Pot Pie or Chef's Alternate Mandarin Lettuce Salad Brownie	9 Cabbage Rolls or Chef's Alternate Mashed Potatoes Mixed Vegetables Berry Crisp	10 Sweet and Sour Chicken Balls or Chef's Alternate Vegetable Fried Rice Broccoli Fruit Jello	11 Vegetable Beef and Rice Soup Potato Salad Brown Bread/Garnish Cold Cuts/Pickles or Chef's Alternate Apple Pie
			12 (Week 4) Turkey Schnitzel or Chef's Alternate Boiled Potatoes Braised Red Cabbage Ice Cream Sundae	13 BBQ Pork Ribs or Chef's Alternate Potato Wedge Green Salad Lava Cake	14 Hamburger Steak or Chef's Alternate Mashed Potatoes Beef Gravy Roasted Zucchini Fried Onions Fruit	15 Italian Sausage or Chef's Alternate Macaroni and Cheese Peas Chocolate Pudding	16 Baked Chicken or Chef's Alternate Mashed Potatoes Gravy Southwest Vegetables Cream Puffs	17 Ravioli and Meat Sauce or Chef's Alternate Noodles Salad Butter Tart	18 Butternut Squash Soup Cheese Buns Sweet Orzo Salad Cold Cuts/Pickles or Chef's Alternate Rhubard Strawberry Pie
			19 (Week 5) Breaded Pork Cutlets or Chef's Alternate Potato Wedge Gravy Coleslaw Fruit Cup	20 Omelette or Chef's Alternate Garlic Toast Vegetable Salad Nanaimo Bar	21 Sweet and Sour Beef or Chef's Alternate Rice Oriental Mixed Vegetable Fruit Salad	22 Pork Sausages or Chef's Alternate Roasted Potatoes Buttered Peas Ice Cream	23 Enchilada or Chef's Alternate Fiesta Salad Churros	24 Swedish Meatballs or Chef's Alternate Pasta Wax Beans Tart	25 Farmer Sausage Noodle Soup Cottage Cheese Bread Potato Salad Cold Cuts/Pickles or Chef's Alternate Coconut Cream Pie
			26 (Week 1) Beans and Wieners or Chef's Alternate Hashbrown Casserole Roasted Carrots Peach Cobbler	27 Beef Stew or Chef's Alternate Cheese Biscuits Mandarin Segments	28 Breaded Mustard Veal Cutlets or Chef's Alternate Mashed Potatoes Beef Gravy Steamed Broccoli Oatmeal Chocolate Chip	29 Chicken Orzo or Chef's Alternate Glazed Carrots Fruit	30 Baked Fish Fillet or Chef's Alternate Tartar Sauce Lyonnais Potatoes Cauliflower/Carrots Butterscotch Pudding	31 Breaded Pork Cutlets or Chef's Alternate Noodles and Sauce Mixed Vegetables Chef's Dessert	