

REST HAVEN SUPPER MENU

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|--|--|---|--|---|--|
|  | MENU IS SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285/204-346-5013 | | (Week 2) Meat Loaf or Chef's Alternate Mashed Potato Steamed Broccoli Cinnamon Roll Puffs | 1 Chicken Stir Fry or Chef's Alternate Rice Mandarin Orange | 2 Veal Parmigiana or Chef's Alternate Pasta Marinara Sauce Peas Fruit Platz | 3 Chicken Noodle Soup Cold Cuts or Chef's alternate Buns Pea Salad Cream Pie |
| (Week 3) Fish Burger or Chef's Alternate Tartar/Cheese Salad Ice Cream | 5 Lemon Butter Chicken or Chef's Alternate Mashed Potatoes Carrots Cookie | 6 Creamy Baked Pork Chops or Chef's Alternate Pasta Mixed Vegetables Cupcake | 7 Home Made Chicken Pot Pie or Chef's Alternate Mandarin Lettuce Salad Brownie | 8 Cabbage Rolls or Chef's Alternate Mashed Potatoes Mixed Vegetables Berry Crisp | 9 Sweet and Sour Chicken Balls or Chef's Alternate Vegetable Fried Rice Broccoli Fruit Jello | 10 Vegetable Beef and Rice Soup Potato Salad Brown Bread/Garnish Cold Cuts/Pickles or Chef's Alternate Apple Pie |
| (Week 4) Turkey Schnitzel or Chef's Alternate Boiled Potatoes Braised Red Cabbage Ice Cream Sundae | 12 BBQ Pork Ribs or Chef's Alternate Potato Wedge Green Salad Lava Cake | 13 Hamburger Steak or Chef's Alternate Mashed Potatoes Beef Gravy Roasted Zucchini Fried Onions Fruit | 14 Italian Sausage or Chef's Alternate Macaroni and Cheese Peas Chocolate Pudding | 15 Baked Chicken or Chef's Alternate Mashed Potatoes Gravy Southwest Vegetables Cream Puffs | 16 Ravioli and Meat Sauce or Chef's Alternate Noodles Salad Butter Tart | 17 Butternut Squash Soup Cheese Buns Sweet Orzo Salad Cold Cuts/Pickles or Chef's Alternate Rhubarb Strawberry Pie |
| (Week 5) Breaded Pork Cutlets or Chef's Alternate Potato Wedge Gravy Coleslaw Fruit Cup | 19 Omelette or Chef's Alternate Garlic Toast Vegetable Salad Nanaimo Bar | 20 Sweet and Sour Beef or Chef's Alternate Rice Oriental Mixed Vegetable Fruit Salad | 21 Pork Sausages or Chef's Alternate Roasted Potatoes Buttered Peas Ice Cream | 22 Enchilada or Chef's Alternate Fiesta Salad Churros | 23 Swedish Meatballs or Chef's Alternate Pasta Wax Beans Tart | 24 Farmer Sausage Noodle Soup Cottage Cheese Bread Potato Salad Cold Cuts/Pickles or Chef's Alternate Coconut Cream Pie |
| (Week 1) Beans and Wieners or Chef's Alternate Hashbrown Casserole Roasted Carrots Peach Cobbler | 26 Beef Stew or Chef's Alternate Cheese Biscuits Mandarin Segments | 27 Breaded Mustard Veal Cutlets or Chef's Alternate Mashed Potatoes Beef Gravy Steamed Broccoli Oatmeal Chocolate Chip | 28 Chicken Orzo or Chef's Alternate Glazed Carrots Fruit | 29 Baked Fish Fillet or Chef's Alternate Tartar Sauce Lyonnaise Potatoes Cauliflower/Carrots Butterscotch Pudding | 30 Breaded Pork Cutlets or Chef's Alternate Noodles and Sauce Mixed Vegetables Chef's Dessert | 31  |