

REST HAVEN SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		(Week 4) Beef Enchiladas or Chef's Alternate Mexican Fiesta Salad Fruit	Garlic Sausage or Chef's Alternate Mac N'Cheese Peas Chocolate Pudding	Shepherds Pie or Chef's Alternate Green Salad Cream Puffs	Meatballs or Chef's Alternate Noodles Mushroom Gravy Waxed Beans or Pepper Butter Tart	Butternut Squash Soup as Chef's Alternate Cheese Bread Pea Salad Cold Cuts/Pickles Rhubard Strawberry Pie
(Week 5) Pork Sausage or Chef's Alternate Rice Glazed Carrots Fruit	Omelet or Chef's Alternate Garlic Toast Vegetable Salad Fruit Based Dessert	Sweet and Sour Diced Beef or Chef's Alternate Rice Oriental Mixed Vegetable Fruit Salad	Sausage and Egg Casserole or Chef's Alternate Peas Carrot Cake	Honey Garlic Chicken or Chef's Alternate Mashed Potato Chickpea Salad Fruit Based Dessert	Ravioli & Meat Sauce or Chef's Alternate Garlic Bread Lettuce Salad Tart	Chicken Noodle Soup as Chef's Alternate Cottage Cheese Fresh Bread Potato Salad Cold Cuts/Pickles Coconut Cream Pie
(Week 1) Garlic Sausage as Chef's Alternate Vegetable and Potato Au Gratin Peach Platz	Chicken Broccoli Orzo or Chef's Alternate Glazed Carrots Oatmeal Chocolate Chip	Beef Stew or Chef's Alternate Cheese Biscuits Mandarin Segments	Chicken with Alfredo Sauce Noodles or Chef's Alternate Peas Fruit	Baked Fish Fillet or Chef's Alternate Potato Wedge Roasted Zucchini Butterscotch Pudding	Breaded Pork Cutlets or Chef's Alternate Noodles and Sauce Mixed Vegetables Chef's Dessert	Summa Borscht as Chef's Alternate Cold Cuts Bread/ Pickles Macaroni Salad Blueberry Cheesecake
(Week 2) Roasted Chicken or Chef's Alternate Vegetable Casserole Tapioca Pudding	Fish Sticks or Chef's Alternate Fried Potatoes Gravy Tartar Sauce Herbed Green Beans/Peppers Ice Cream	Baked Ham or Chef's Alternate Creamed Potato and Peas Cookies	Pork and Apple Cakes or Chef's Alternate Rice (Whole Grain) Apple Cinnamon Sauce Peas Trifle	Chicken Teriyaki or Chef's Alternate Steamed Rice Stir Fry Vegetable Mandarin Oranges	Veal Parmigiana or Chef's Alternate Pasta Marinara Sauce Peas Fruit Platz	Farmer Sausage Noodle Soup as Chef's Alternate Cold Cuts Buns Three Bean Salad Cream Pie
(Week 3) Lemon Cod Fish or Chef's Alternate Potatoes Lentil with Spinach and Garlic Pineapple Upside Down Cake	Garlic Chicken or Chef's Alternate Rice Carrots Fruit	Ham and Potato Casserole or Chef's Alternate Green Beans and Pepper Ice Cream	Homemade Chicken Pot Pie or Chef's Alternate Mandarin Lettuce Salad Peanut Butter Brownie	Cabbage Rolls or Chef's Alternate Mixed Vegetables Apple Crisp	MENU IS SUBJECT TO CHANGE Nutrition and Food Services Department:	