

## Rest Haven News & Notes

October 2025

3<sup>rd</sup> Floor

Life starts all over again when it gets crisp in the fall-F. Scott Fitzgerald

## Happy Birthday

Jake Poetker

Betty Harms

### **Volunteers Needed- Make a Meaningful Connection!**

We are looking for compassionate volunteers to spend one-on-one time with our residents on 3rd floor. Your time and presence can make a big difference in someone's day.

If you're interested in building friendships and bringing joy to others, we'd love to hear from you!

Please contact Rose at: [rfalk@havengroup.ca](mailto:rfalk@havengroup.ca)

## October Highlights

Pumpkin Carving

Comfort Coffee

Couples Thanksgiving Lunch







A country ride is not about the destination, it's about the peace along the way.



hello  
FALL

