

REST HAVEN LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 (Week 4) Cabbag Borscht Soup as Chef's Alternate Honey Glazed Chicken Rice Pilaf Salad Coconut Cream Pie	2 Broccoli Soup as Chef's Alternate Chicken Burger Coleslaw Frozen Sherbet	3 Garlic Chicken and Wild Rice Soup as Chef's Alternate Baked Fish Mixed Vegetables Zucchini Brownie	4 Tomato Soup as Chef's Alternate Ham and Cheese Sandwich Pickles Fruit Cobbler	5 Shake N' Bake Chicken or Chef's Alternate Mashed Sweet Potato Turnips and Carrots Blueberry Mous
	6 (Week 5) Sauerkraut Borscht Soup as Chef's Alternate Meatloaf Gravy Mashed Potatoes California Mixed Veg Date Square	7 Green Bean Soup as Chef's Alternate Kielke with Fried Onions & Schmaunt Phat Ham Pickled Beets Jello Fruit	8 Chicken Noodle Soup as Chef's Alternate Battered Fish Fry Fries Peas and Carrots Lemon Meringue Pie	9 Beef and Barley Soup as Chef's Alternate Chicken Fingers Fries Salad Fruit Based Dessert	10 Roasted Carrot Soup as Chef's Alternate Sweet and Sour Pork Rice Pilaf Gravy California Mixed Vegetables Fruit Cocktail Cake	11 Chef's Soup as Chef's Alternate Turkey Sandwich Chips/Pickles Orange Fluff Salad
12 (Week 1) Turkey/ Stuffing or Chef's Alternate Cranberry Sauce Mashed Potato Corn Pumpkin Pie	13 Split Pea Soup as Chef's Alternate S&S Baked Farmer Sausage Rice Green Beans Tapioca Pudding	14 Hearty Vegetable Soup as Chef's Alternate Chicken Cacciatore Noodles Cucumber Salad Chocolate Cream Pie	15 Cream of Broccoli Soup as Chef's Alternate Pizza Vegetable Salad Cinnamon Coffee Cake	16 Cream of Celery Soup as Chef's Alternate Lasagna Caesar Salad Chocolate Cake	17 Garden Vegetable Soup as Chef's Alternate Chicken Pot Pie Cucumber and Tomato Slices Fruit Platz	18 Roast Beef or Chef's Alternate Mashed Potatoes Green beans and carrots Rice Pudding
19 (Week 2) Beet Borscht Soup as Chef's Alternate Perogies Farmer Sausage Carrots Cream Gravy Canned Peaches	20 Hearty Manitoba Vegetable Soup as Chef's Alternate Meat Loaf Mashed Potato Cinnamon Roll Cake	21 Roast Beef or Chef's Alternate Gravy Oven Baked Potatoes Mixed Vegetables Apple Crisp	22 Minestrone Soup as Chef's Alternate Chicken Taco Bake Noodles Cucumber Salad Fruit	23 Butternut Squash Soup as Chef's Alternate Ham Kielke & Schmaunt Phat Three Bean Salad Frozen Yogurt	24 Chef's Soup as Chef's Alternate Egg Salad Sandwich Cheese Chips/Pickles Banana Cake	25 Baked Pork Chop or Chef's Alternate Mushroom Gravy Scalloped Potatoes Mixed Vegetables Date Square
26 (Week 3) Summa Borscht Soup as Chef's Alternate Country Style Chicken Tossed Salad Ice cream	27 Vegetable Soup as Chef's Alternate Spaghetti with Meat Balls Caesar Salad Boston Cream Poke Cake	28 Chicken Noodle Soup as Chef's Alternate Baked Farmer Sausage Vegetable au Gratin Banana Cream Pie	29 Green Bean Soup as Chef's Alternate Ham Perogies Schmaunt Phat Pickled Beets Fruit	30 Corn Chowder Soup as Chef's Alternate Fish Fry Coleslaw Ambrosia Salad	31 MENU IS SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285/204-346-5013	