

SEPTEMBER

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9:30 EXERCISE 2:30 BINGO  LABOUR DAY – OFFICE CLOSED	9:00 ADVANCED EXERCISE 9:30 COFFEE & CONNECT 2:30 L-C-R DICE GAME	9:30 EXERCISE 2:30 HOTDOG BBQ 	9:00 ADVANCED EXERCISE 9:30 COFFEE & CONNECT 2:00 BOOKMOBILE	9:30 EXERCISE WITH HELEN 2:30 BANANA SPLITS 	"September teaches us that change can be beautiful."
9:30 WORSHIP SERVICE WITH DAVE HIEBERT  GRANDPARENTS' DAY	9:30 EXERCISE 2:30 MEN'S BILLIARDS 2:30 NAIL PAINTING 	9:00 ADVANCED EXERCISE 9:30 COFFEE & CONNECT 2:30 5 CARD BINGO 	9:30 EXERCISE 2:30 SPECIAL FASPA: WATERMELON & ROLL KUCHEN FEATURING MUSIC WITH THE SANDERSONS 	9:00 ADVANCED EXERCISE 9:30 COFFEE & CONNECT 2:30 RUMMIKUB	9:30 EXERCISE WITH HELEN 2:30 TOUR OF CROSSFIT STEINBACH & WATCH HELEN WEIGHTLIFTING 	
9:30 WORSHIP SERVICE WITH STEINBACH CMC 	9:30 EXERCISE 2:30 BINGO 	9:00 ADVANCED EXERCISE 9:30 LADIES' BREAKFAST 2:30 SKIP-BO 	9:30 EXERCISE 2:30 SCRABBLE 	9:00 ADVANCED EXERCISE 9:30 MEN'S BREAKFAST 2:30 RACKO 7:00 EFC QUARTET 	9:30 EXERCISE WITH HELEN 2:30 MAD LIBS 6:30 NEUFELD GROUP 	2:00 JESUS IS LORD STEINBACH – SINGING GROUP
9:30 WORSHIP SERVICE WITH EMMANUEL FREE 	9:30 EXERCISE 2:30 BIRTHDAY PARTY 	9:00 ADVANCED EXERCISE 9:30 COFFEE & CONNECT 2:30 SPOONS GAME 	9:30 EXERCISE 2:30 QWIRKLE 7:00 SOMMERFELD YOUTH GROUP 	9:00 ADVANCED EXERCISE 9:30 COFFEE & CONNECT 2:30 JEOPARDY 6:30 SING-ALONG AT RH 	9:30 EXERCISE WITH HELEN 2:30 PIE & COFFEE 	5:00 GLORYBOUND QUARTET 
9:30 WORSHIP SERVICE WITH UNITED CHURCH 	9:30 EXERCISE 2:30 HORSE RACING GAME 	9:00 ADVANCED EXERCISE 9:30 COFFEE & CONNECT 2:30 BOARD GAMES NATIONAL DAY FOR TRUTH AND RECONCILIATION – OFFICE CLOSED 		Please be sure to sign up for any highlighted programs you would like to attend	PROGRAM COSTS: <ul style="list-style-type: none"> HOTDOG BBQ: \$5.00 BANANA SPLITS: \$4.00 WATERMELON & ROLL KUCHEN: \$5.00 BREAKFAST: \$5.00 PIE & ICE CREAM \$3.00 BIRTHDAY PARTY: \$3.00 	