



# WOODHAVEN NEWSLETTER

## AUGUST 2025

**Tenant Resource Coordinator**

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# **PEROGY & FARMER SAUSAGE DRIVE THRU FUNDRAISER**

**September 4, 2025  
4:30-6:00 PM**

To register, call 204-326-2206 EXT.7385  
or email [kmorrow@havengroup.ca](mailto:kmorrow@havengroup.ca)

Registration closes at 12:00 PM on August 29, 2025

**Price: \$20**

(any amount over and above \$20 will receive receipt)

# Please Share Your Favourite Recipes for our 80th Rest Haven Anniversary Recipe Book



Please forward to [kmorrow@havengroup.ca](mailto:kmorrow@havengroup.ca) or leave at  
Welcome Centre addressing them to: Karen Morrow

***\*\*Deadline for submissions is August 15, 2025. We want  
them available for purchase at Christmas time\*\**** 😊

Sorry we're  
**CLOSED**



Please note that the  
Admin and Finance  
offices will be **closed on**  
**Monday August 4<sup>th</sup>** for the  
Civic Holiday. Enjoy the  
long weekend!



# HAPPY birthday

Elizabeth Thiessen - 2  
Lorne Loewen - 5  
Jean Bateman - 5  
John Martens - 6  
Anna Friesen - 12  
Rudy Koop - 21

Please join us for a Birthday party, with cake and coffee on **Monday, August 25th at 2:30pm! \$3.00 per person, free for those celebrating a birthday in August.** Please sign up if you're coming, and be sure to bring your own mug!



## VACATION

- Helen will be away on vacation Friday August 15 to Friday August 22, back in the office at 8:30am on Monday, August 25.
- Alison will be away on vacation Friday August 1 to Friday August 8, back in the office at 9:00am on Monday August 11.





# WOODHAVEN'S 2<sup>ND</sup> ANNUAL:

## END OF SUMMER BLOCK PARTY!

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### FOOD - FELLOWSHIP - FUN - GAMES - & MORE!

Come out for our 2<sup>nd</sup> annual End of Summer Block Party! Enjoy some fun and games, visit with your Woodhaven neighbours, eat a delicious meal together and more! Helen's special oven fried chicken, potato salad, watermelon, drinks and dessert will all be provided! You must sign up if you are planning to attend. \$10 per person. It's a great opportunity to connect with your neighbors, make new friends, and celebrate our building's unique community! Hope to see you there!



**FRIDAY, AUGUST 29<sup>TH</sup> - 4:30PM - 6:30PM**

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Please remember to bring your own drink to Coffee & Connect on **Tuesday August 19 and Thursday August 21**, as Helen is away.



Please note that Kim the hair dresser will be on vacation for 2 weeks, so there will be **no hair care available on July 30<sup>th</sup> or on August 6th.**



Come and hear **Dennis & Phyllis** singing at **2:30pm** on **Friday August 1<sup>st</sup>** in the main floor lounge.



Come out to the gazebo and play some yard games on **August 11 and 27 at 2:30pm**



**BINGO**

Bingo lovers rejoice! We will now be offering bingo twice per month! Be sure to come and play on **August 4<sup>th</sup> and 18th!**



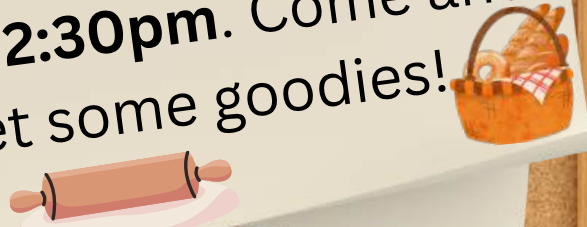
hello  
**SUMMER**



Our last “**Float Friday**” of the season, will be on a **Tuesday!** Come and enjoy one last float at **2:30pm on Tuesday, August 26<sup>th</sup>.** Out by the gazebo! Weather permitting!



The Barkman's will be here with their bake sale again on **Thursday, August 14 at 2:30pm.** Come and get some goodies!



Come and hear the Sing-Along singers at Rest Haven at 6:30pm on the **fourth Thursday of every month!** All are welcome!



All men are invited to come and play billiards on **Wednesday, August 6 at 2:30pm.**

Due to my holidays and the block party, please note that Friday's exercise classes on **August 15, 22, & 29 will not be with Helen.** Please enjoy the DVDs instead!







Come and sit by the fire, roast some marshmallows, and enjoy delicious S'mores! Out by the gazebo. **Friday August 8th at 2:30pm** (weather permitting). **Please sign up if you would like to come! \$2 per person.**

# REMINDER



You have probably noticed that the farmer's market stand is back in the lobby again. Just a friendly reminder to all - the stand is intended for you to share any of your extra fresh fruits and veggies with your Woodhaven neighbours. Please do not leave any vitamins, medications, spoiled or damaged food items or opened packages. **New and fresh items only please.** Thank you for your kindness and generosity. Sharing is caring!







## *From the Chaplain's Desk:*

“Loose him and let him go”.

It was such an impossible feat, yet the call of Jesus was enough to raise Lazarus back to life (John 11). How did Lazarus feel when he woke up and found himself bound in a tomb? He had heard the call of Jesus and had made his way out to the light. As his friends pulled the grave cloths off of him, Lazarus saw their apprehension turn to joy at seeing him alive again.

In John 8:36 Jesus proclaimed, “If the Son therefore shall make you free, ye shall be free indeed.” Jesus spoke about spiritual freedom, of being loosed from bondage. Picture a tired hiker, straining under the weight of a heavy pack, waiting for someone to remove the load. Though Jesus offers to take our burdens from us, he waits for our word before he does that. He does his freeing work as we bring our burdens to him.



In Matthew 11:28-30, Jesus promised rest for those who take his yoke upon them. Even as a yoke enables two oxen to pull a load together, making the burden less for each, Jesus comes alongside us and helps us carry the weight of our burdens. While our tendency may be to ignore problems and just hope they will go away, Jesus helps us to work through our problems and thereby gain freedom.

It was Judson Van DeVenter who penned the words,

*All to Jesus I surrender, all to Him I freely give;  
I will ever love and trust Him, in His presence daily live.  
I surrender all, I surrender all;  
All to Thee, my blessed Savior, I surrender all.*

Let's continue to trust the one who knows us completely and is well able to do His freeing work in us!

Peter Berg, Chaplain





August

Word Search



AUGUST

BBQ

BEACH

BOATING

CAMPFIRE

CAMPING

FISHING

FLIP-FLOPS

FOREST

HEAT

HIKING

ICE CREAM

LEMONADE

OCEAN

PICNIC

RELAXATION

ROAD TRIP

SAND

SEASHELLS

SUMMER

SUN

SUNGLASSES

R	G	K	M	R	E	L	A	X	A	T	I	O	N	B	K	T	R
E	L	X	R	B	J	T	N	O	I	T	A	C	A	V	D	Q	G
N	K	B	T	N	O	G	V	H	S	L	L	E	H	S	A	E	S
I	G	H	S	L	X	A	Q	R	V	D	F	H	I	K	I	N	G
H	S	N	E	T	H	B	T	G	N	I	N	N	A	T	N	O	M
S	U	L	R	Y	B	W	J	I	T	N	D	D	G	G	B	L	C
N	N	E	O	P	H	S	J	Y	N	C	I	N	C	I	P	E	A
U	G	M	F	X	I	R	P	Z	I	G	M	A	N	S	N	M	M
S	L	O	Q	Y	T	R	S	O	C	C	C	S	U	L	C	R	P
E	A	N	G	R	W	R	T	U	L	C	E	R	W	A	Z	E	F
F	S	A	M	D	E	J	S	D	N	F	F	C	M	L	P	T	I
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L	E	E	M	I	T	F	G	X	N	O	I	I	P	E	M	W	E
D	S	U	W	O	W	G	U	G	G	N	R	K	L	D	A	R	Q
L	S	J	C	P	D	S	A	K	G	J	R	C	M	F	N	M	T
I	X	E	F	G	K	P	L	Q	N	B	E	A	C	H	L	A	V
W	A	D	N	H	H	G	N	I	H	S	I	F	L	F	E	V	J
N	L	N	L	E	V	A	R	T	N	R	Y	T	B	H	K	Q	R

SUNSHINE

SURFING

SWIM

TANNING

TRAVEL

VACATION

WATERMELON

WILDLIFE

