


REST HAVEN SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 AUGUST 2025	MENU SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285 204-346-5013			1 <i>(Week 5)</i> Sweet and Sour Diced Beef or Chef's Alternate Steamed Rice Broccoli Fruit	2 Ravioli & Meat Sauce or Chef's Alternate Garlic Bread Lettuce Salad Tart	3 Chicken Noodle Soup Cottage Cheese Bread Potato Salad Cold Cuts/Pickles or Chef's Alternate Coconut Cream Pie
				8 Baked Fish Fillets or Chef's Alternate Lemon Slice Lyonnaise Potatoes Cauliflower/Carrots Butterscotch Pudding	9 Breaded Pork Cutlets or Chef's Alternate Noodles and sauce Mixed Vegetables Chef's Dessert	10 Summa Borscht Soup Cold Cuts or Chef's Alternate Bread/Pickles Macaroni Salad Cottage Cheese Blueberry Cheesecake
				15 Chicken Teriyaki or Chef's Alternate Steamed Rice Stir Fry Vegetables Mandarin Oranges	16 Veal Parmigiana or Chef's Alternate Pasta Marinara Sauce Peas Fruit Platz	17 Farmer Sausage Noodle Soup Cold Cuts or Chef's Alternate Buns/Cheese Carrot Salad Cream Pie
				22 Cabbage Rolls or Chef's Alternate Mashed Potato Mixed Vegetables Apple Crisp	23 Sweet and Sour Chicken Balls or Chef's Alternate Fried Rice Broccoli Fruit Jello	24 Vegetable Beef and Rice Soup Potato Salad Brown Bread/Garnish Cold cuts Pickles/Cheese or Chef's Alternate Apple Pie
				29 Baked Chicken or Chef's Alternate Orzo Gravy Southwest Vegetables Cream Puffs	30 Meat Balls or Chef's Alternate Noodles Mushroom Gravy Waxed Bean / Pepper Butter Tart	31 Butternut Squash Soup Cheese Bread Pea Salad Cold Cuts/Pickles or Chef's Alternate Rhubarb Strawberry Pie
4 <i>(Week 1)</i> Garlic Sausage or Chef's Alternate Hashbrown Casserole Mixed Vegetables Peach Platz	5 Beef Stew or Chef's Alternate Cheese Biscuits Mandarin Segments	6 Breaded Mustard Veal Cutlets or Chef's Alternate Mashed Potatoes Beef Gravy Steamed Broccoli Oatmeal Chocolate Chip	7 Chicken with Alfredo Sauce or Chef's Alternate Noodles Peas Biscuits Fruit			
11 <i>(Week 2)</i> Roasted Chicken or Chef's Alternate Gravy French Fries Oriental Mixed Vegetables Iced White Cookies	12 Pork and Apples Cakes or Chef's Alternate Rice (Whole Grain) Apple Cinnamon Sauce Peas Ice Cream Sundae	13 BBQ Pork Chops or Chef's Alternate Gravy Rice Corn Tapioca Pudding	14 Fish Sticks or Chef's Alternate Fried Potatoes Tartar Sauce Herbed Green Beans/Peppers Trifle			
18 <i>(Week 3)</i> Lemon Fish or Chef's Alternate Potatoes Lentil with Spinach and Garlic Pineapple Upside Down Cake	19 Lemon Butter Chicken or Chef's Alternate Mashed Potatoes Carrots Hot Fudge Pudding Cake	20 Mushroom Baked Pork Chops or Chef's Alternate Mushroom Gravy Rice Mixed Veg Cupcake	21 Homemade Chicken Pot Pie or Chef's Alternate Mandarin Lettuce Salad Peanut Butter Brownie			
25 <i>(Week 4)</i> Savory Meat Loaf or Chef's Alternate Sweet Potato Mashed Gravy California Mixed Vegetable Ice Cream Sundae	26 Farmer Sausage or Chef's Alternate Potato Cheese Perogies Green Salad Lava Cake	27 Hamburger Steak or Chef's Alternate Mashed Potatoes Beef Gravy Roasted Zucchini Fried Onions Fruit	28 Garlic Sausage or Chef's Alternate Macaroni and Cheese Peas Chocolate Pudding			