


REST HAVEN LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	MENU SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285 204-346-5013			(Week 5) Roasted Carrot Soup Hotdog or Chef's Alternate Baked Beans Cucumber Salad Ice Cream	Chef's Soup Turkey Sandwich or Chef's Alternate Chips/Pickles Orange Fluff Salad	Roast Pork with Gravy or Chef's Alternate Boiled Potatoes Green Beans Fruitcocktail Mous
Happy Civic Day (Week 1) Beef and Barley Soup Chicken Fingers or Chef's Alternate Fries/Gravy Garden Salad Fruit based Dessert	Split Pea Soup S&S Baked Farmer Sausage or Chef's Alternate Rice Green Beans Tapioca Pudding	Hearty Vegetable Soup Chicken Cacciatore or Chef's Alternate Noodles Cucumber Salad Chocolate Cream Pie	Cream of Broccoli Soup Pizza or Chef's Alternate Vegetable Salad Cinnamon Coffee Cake	Cream of Celery Soup Lasagna or Chef's Alternate Caesar Salad Garlic Bread Chocolate Cake	Garden Vegetable Soup Chicken Pot pie or Chef's Alternate Cucumber and Tomato Slices Fruit Platz	Roast Beef or Chef's Alternate Mashed Potatoes Coleslaw Rice Pudding
(Week 2) Beet Borscht Soup Perogies or Chef's alternate Farmers Sausage Carrots Cream Gravy Canned Peaches	Hearty Manitoba Vegetable Soup Meatloaf or Chef's alternate Mashed Potato Broccoli Salad Cinnamon Cake	Roast Beef or Chef's Alternate Oven Baked Potato Mixed Vegetable Apple Crisp	Potato Leek Soup Hamburger or Chef's Alternate Chickpea Salad Mixed Fruits	Minestrone Soup Ham or Chef's Alternate Kielke with Fried Onions & Schmaunt Phat Coleslaw Frozen Yogurt	Chef Soup Egg Salad Sandwich or Chef's Alternate Cheese Chips/Pickles Banana Cake	Baked Ham or Chef's Alternate Pineapple Sauce Scalloped Potatoes Kernel Corn Date Square
(Week 3) Summa Borscht Soup Country Style Chicken or Chef's Alternate Mac N Cheese Spring Green Salad Ice cream Sundae	Cabbage Borscht Soup Roll Kuchen or Chef's Alternate Watermelon	Chicken Noodle Soup Baked Farmer Sausage or Chef's Alternate Fried Potatoes Vegetable au Gratin Fruit Pie	Green Bean Soup Ham or Chef's Alternate Perogies Pickled beets Schmaunt Phat Fruit	Corn Chowder with Bacon Fish Fry or Chef's Alternate Sweet Potato Coleslaw Ambrosia Salad	Chef's Soup Chili or Chef's Alternate Chef's Salad Toast Chef's Dessert	Turkey Stuffing or Chef's Alternate Mashed Potatoes Corn Strawberry Mous
(Week 4) Beet Borscht Soup Baked Ham or Chef's Alternate Pineapple sauce Scalloped Potatoes Carrots Fruit	Lentil Veg Soup BBQ Pork Ribs or Chef's Alternate Gravy Sweet Potato Green Beans Lemon Tarts	TAILGATE PARTY Hotdog Minced Onion Relish/Mustard Popcorn Twists Ice Cream	Broccoli Soup Chicken Burger or Chef's Alternate French Fries Coleslaw Fruit Based Dessert	Roast Beef or Chef's Alternate Mashed Potatoes Mixed Veg. Zucchini Brownie	Tomato Soup Ham and Cheese Sandwich or Chef's Alternate Pickles Fruit Cobbler	Shake & Bake Chicken or Chef's Alternate Mashed Potatoes Cooked Turnips and Carrots Blueberry Mous