

REST HAVEN SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1 <i>(Week 1)</i> Summa Borscht Soup Cold Cuts or Chef's Alternate Bread/Pickles Macaroni Salad Cottage Cheese Blueberry Cheesecake
2 <i>(Week 2)</i> Roasted Chicken or Chef's Alternate Gravy French Fries Oriental Mixed Vegetables Iced White Cookies	3 Pork and Apples Cakes or Chef's Alternate Rice (Whole Grain) Apple Cinnamon Sauce Peas Ice Cream Sundae	4 BBQ Pork Chops or Chef's Alternate Gravy Mashed Potato Corn Tapioca Pudding	5 Fish Sticks or Chef's Alternate Fried Potatoes Tartar Sauce Herbed Green Beans/Peppers Trifle	6 Chicken Teriyaki or Chef's Alternate Steamed Rice Stir Fry Vegetables Mandarin Oranges	7 Veal Parmigiana or Chef's Alternate Pasta Marinara Sauce Peas Fruit Platz	8 Farmer Sausage Noodle Soup Cold Cuts or Chef's Alternate Buns/Cheese Carrot Salad Cream Pie
9 <i>(Week 3)</i> Lemon Fish or Chef's Alternate Potatoes Lentil with Spinach and Garlic Pineapple Upside Down Cake	10 Lemon Butter Chicken or Chef's Alternate Mashed Potatoes Carrots Hot Fudge Pudding Cake	11 Mushroom Baked Pork Chops or Chef's Alternate Mushroom Gravy Lyonnaise Potatoes Mixed Veg Cupcake	12 Homemade Chicken Pot Pie or Chef's Alternate Mandarin Lettuce Salad Peanut Butter Brownie	13 Cabbage Rolls or Chef's Alternate Mashed Potato Mixed Vegetables Apple Crisp	14 Sweet and Sour Chicken Balls or Chef's Alternate Fried Rice Broccoli Fruit Jello	15 <i>Happy Father's Day</i> Vegetable Beef and Rice Soup Potato Salad Brown Bread/Garnish Cold cuts Pickles/Cheese or Chef's Alternate Apple Pie
16 <i>(Week 4)</i> Savory Meat Loaf or Chef's Alternate Whipped Potatoes Gravy California Mixed Vegetable Ice Cream Sundae	17 Farmer Sausage or Chef's Alternate Fried Potatoes Green Salad Lava Cake	18 Hamburger Steak or Chef's Alternate Mashed Potatoes Beef Gravy Roasted Zucchini Fried Onions Fruit	19 Garlic Sausage or Chef's Alternate Macaroni and Cheese Peas Chocolate Pudding	20 Baked Chicken or Chef's Alternate Mashed Potatoes Gravy Southwest Vegetables Cream Puffs	21 Meat Balls or Chef's Alternate Noodles Mushroom Gravy Waxed Bean / Pepper Butter Tart	22 Butternut Squash Soup Cheese Bread Pea Salad Cold Cuts/Pickles or Chef's Alternate Rhubarb Strawberry Pie
23 <i>(Week 5)</i> Breaded Pork Cutlets or Chef's Alternate Potato Wedge Gravy Coleslaw Nanaimo Bar	24 Omelette or Chef's Alternate Garlic Toast Vegetable Salad Fruit Based Dessert	25 Honey Garlic Chicken or Chef's Alternate Rice Roasted Broccoli Fruit Salad	26 Pork Sausages or Chef's Alternate Potatoes O' Brien Buttered Peas Carrot Cake	27 Sweet and Sour Diced Beef or Chef's Alternate Steamed Rice Broccoli Fruit	28 Ravioli & Meat Sauce or Chef's Alternate Garlic Bread Lettuce Salad Tart	29 Chicken Noodle Soup Cottage Cheese Bread Potato Salad Cold Cuts/Pickles or Chef's Alternate Coconut Cream Pie
30 <i>(Week 1)</i> Garlic Sausage or Chef's Alternate Hashbrown Casserole Mixed Vegetables Peach Platz	MENU SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285 204-346-5013					