

REST HAVEN LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1 Happy Canada Day (Week 1) Split Pea Soup S&S Baked Farmer Sausage or Chef's Alternate Rice Green Beans Tapioca Pudding	2 Hearty Vegetable Soup Chicken Cacciatore or Chef's Alternate Noodles Cucumber Salad Chocolate Cream Pie	3 Cream of Broccoli Soup Pizza or Chef's Alternate Vegetable Salad Cinnamon Coffee Cake	4 Cream of Celery Soup Lasagna or Chef's Alternate Caesar Salad Garlic Bread Chocolate Cake	5 Garden Vegetable Soup Chicken Pot pie or Chef's Alternate Cucumber and Tomato Slices Fruit Platz	6 Roast Beef or Chef's Alternate Mashed Potatoes Coleslaw Rice Pudding
	7 (Week 2) Beet Borscht Soup Perogies or Chef's alternate Farmers Sausage Carrots Cream Gravy Canned Peaches	8 Hearty Manitoba Vegetable Soup Meatloaf or Chef's alternate Mashed Potato Broccoli Salad Cinnamon Cake	9 Roast Beef or Chef's Alternate Oven Baked Potato Mixed Vegetable Apple Crisp	10 Potato Leek Soup Hotdog or Chef's Alternate Chickpea Salad Mixed Fruits	11 Minestrone Soup Ham or Chef's Alternate Kielke with Fried Onions & Schmaunt Phat Coleslaw Frozen Yogurt	12 Chef Soup Egg Salad Sandwich or Chef's Alternate Cheese Chips/Pickles Banana Cake
13	14 (Week 3) Summa Borscht Soup Country Style Chicken or Chef's Alternate Mac N Cheese Spring Green Salad Ice cream Sundae	15 Cabbage Borscht Soup Roll Kuchen or Chef's Alternate Watermelon	16 Chicken Noodle Soup Baked Farmer Sausage or Chef's Alternate Fried Potatoes Vegetable au Gratin Fruit Pie	17 Green Bean Soup Ham or Chef's Alternate Perogies Pickled beets Schmaunt Phat Fruit	18 Corn Chowder with Bacon Fish Fry or Chef's Alternate Potato Wedge Coleslaw Ambrosia Salad	19 Chef's Soup Chili or Chef's Alternate Chef's Salad Toast Chef's Dessert
20	21 (Week 4) Beet Borscht Soup Baked Ham or Chef's Alternate Pineapple sauce Scalloped Potatoes Carrots Fruit	22 Lentil Veg Soup BBQ Pork Ribs or Chef's Alternate Gravy Potato Wedge Green Beans Lemon Tarts	23 Cabbage Borscht Soup Honey Glazed Chicken Or Chef's Alternate Rice Pilaf Salad Coconut Cream Pie	24 Broccoli Soup Chicken Burger or Chef's Alternate French Fries Coleslaw Ice Cream	25 Roast Beef or Chef's Alternate Mashed Potatoes Mixed Veg. Zucchini Brownie	26 Tomato Soup Ham and Cheese Sandwich or Chef's Alternate Pickles Fruit Cobbler
27	28 (Week 5) Sauerkraut Borscht Soup Meatloaf or Chef's Alternate Gravy Mashed Potatoes California Mixed Veg Date Square	29 Green Bean Soup Kielke with Fried Onions & Schmaunt Phat Ham or Chef's Alternate Pickled Beets Jello Fruit	30 Chicken Noodle Soup Battered Fish Fry or Chef's Alternate Fries Three Bean Salad Lemon Meringue Pie	31 Turkey /Stuffing or Chef's Alternate Cranberry Sauce Mashed Potato Gravy Corn Cherry Platz	MENU SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285 204-346-5013	