

REST HAVEN LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1 Roast Beef or Chef's Alternate Mashed Potatoes Coleslaw Rice Pudding
2 <i>(Week 2)</i> Beet Borscht Soup Perogies or Chef's alternate Farmers Sausage Carrots Cream Gravy Canned Peaches	3 Hearty Manitoba Vegetable Soup Meatloaf or Chef's alternate Broccoli Salad Cinnamon Cake	4 Roast Beef or Chef's Alternate Oven Baked Potato Mixed Vegetable Apple Crisp	5 Potato Leek Soup Hotdog or Chef's Alternate Chickpea Salad Mixed Fruits	6 Minestrone Soup Ham or Chef's Alternate Kielke with Fried Onions & Schmaunt Phat Coleslaw Frozen Yogurt	7 Chef Soup Egg Salad Sandwich or Chef's Alternate Cheese Chips/Pickles Banana Cake	8 Baked Ham or Chef's Alternate Pineapple Sauce Scalloped Potatoes Kernel Corn Date Square
9 <i>(Week 3)</i> Summa Borscht Soup Country Style Chicken or Chef's Alternate Mac N Cheese Garlic Bread Savory Green and Waxed Beans	10 Cabbage Borscht Soup Roll Kuchen or Chef's Alternate Watermelon	11 Chicken Noodle Soup Baked Farmer Sausage or Chef's Alternate Fried Potatoes Vegetable au Gratin Fruit Pie	12 Green Bean Soup Ham or Chef's Alternate Perogies Pickled beets Schmaunt Phat Fruit	13 Corn Chowder with Bacon Fish Fry or Chef's Alternate Potato Wedge Three Bean Salad Ambrosia Salad	14 Chef's Soup Chili or Chef's Alternate Chef's Salad Toast Chef's Dessert	15 <i>Happy Father's Day</i> Turkey Stuffing or Chef's Alternate Mashed Potatoes Corn Strawberry Mous
16 <i>(Week 4)</i> Beet Borscht Soup Baked Ham or Chef's Alternate Pineapple sauce Scalloped Potatoes Carrots Fruit	17 Lentil Veg Soup BBQ Pork Ribs or Chef's Alternate Gravy Potato Wedge Green Beans Lemon Tarts	18 Cabbage Borscht Soup Honey Glazed Chicken Or Chef's Alternate Rice Pilaf Salad Coconut Cream Pie	19 Broccoli Soup Chicken Burger or Chef's Alternate French Fries Coleslaw Frozen Sherbet	20 Roast Beef or Chef's Alternate Mashed Potatoes Mixed Veg. Zucchini Brownie	21 Tomato Soup Ham and Cheese Sandwich or Chef's Alternate Pickles Fruit Cobbler	22 Shake & Bake Chicken or Chef's Alternate Mashed Potatoes Cooked Turnips and Carrots Blueberry Mous
23 <i>(Week 5)</i> Sauerkraut Borscht Soup Meatloaf or Chef's Alternate Gravy Mashed Potatoes California Mixed Veg Date Square	24 Green Bean Soup Kielke with Fried Onions & Schmaunt Phat Ham or Chef's Alternate Pickled Beets Jello Fruit	25 Chicken Noodle Soup Battered Fish Fry or Chef's Alternate Fries Coleslaw Lemon Meringue Pie	26 Turkey /Stuffing or Chef's Alternate Cranberry Sauce Mashed Potato Gravy Corn Cherry Platz	27 Roasted Carrot Soup Hotdog Baked Beans Cucumber Salad Ice Cream	28 Chef's Soup Turkey Sandwich or Chef's Alternate Chips/Pickles Orange Fluff Salad	29 Roast Pork with Gravy or Chef's Alternate Boiled Potatoes Green Beans Fruitcocktail Mous
30 <i>(Week 1)</i> Beef and Barley Soup Chicken Fingers or Chef's Alternate Fries/Gravy Garden Salad Fruit based Dessert	MENU SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285 204-346-5013					