


REST HAVEN SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		MENU SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285 204-346-5013	1 (Week 2) Fish Sticks or Chef's Alternate Fried Potatoes Tartar Sauce Herbed Green Beans/ Peppers Trifle	2 Chicken Teriyaki or Chef's Alternate Steamed Rice Stir Fry Vegetables Mandarin Oranges	3 Veal Parmigiana or Chef's Alternate Pasta Marinara Sauce Peas Fruit Platz	4 Farmer Sausage Noodle Soup Cold Cuts or Chef's Alternate Buns Carrot Salad Cream Pie
	5 (Week 3) Lemon Fish or Chef's Alternate Potatoes Lentil with Spinach and Garlic Pineapple Upside Down Cake	6 Lemon Butter Chicken or Chef's Alternate Mashed Potatoes Carrots Hot Fudge Pudding Cake	7 Mushroom Baked Pork Chops or Chef's Alternate Mushroom Gravy Lyonnaise Potatoes Mixed Veg Cupcake	8 Homemade Chicken Pot Pie or Chef's Alternate Mandarin Lettuce Salad Peanut Butter Brownie	9 Sweet & Sour Diced Beef or Chef's Alternate S&S Sauce Steamed Rice Broccoli Fruit	10 Sweet and Sour Chicken Balls or Chef's Alternate Fried Rice Broccoli Fruit Jello
	12 (Week 4) Savory Meat Loaf or Chef's Alternate Whipped Potatoes Gravy California Mixed Vegetable Ice Cream Sundae	13 Farmer Sausage or Chef's Alternate Fried Potatoes Green Salad Lava Cake	14 Hamburger Steak or Chef's Alternate Mashed Potatoes Beef Gravy Roasted Zucchini Fried Onions Fruit	15 Garlic Sausage or Chef's Alternate Macaroni and Cheese Peas Chocolate Pudding	16 Baked Chicken or Chef's Alternate Mashed Potatoes Gravy Southwest Vegetables Cream Puffs	17 Meat Balls or Chef's Alternate Noodles Mushroom Gravy Waxed Bean / Pepper Butter Tart
	19 (Week 5) Breaded Pork Cutlets or Chef's Alternate Potato Wedge Gravy Coleslaw Nanaimo Bar	20 Omelet or Chef's Alternate Garlic Toast Vegetable Salad Fruit Based Dessert	21 Honey Garlic Chicken or Chef's Alternate Rice Roasted Broccoli Fruit Salad	22 Pork Sausages or Chef's Alternate Potatoes O' Brien Buttered Peas Carrot Cake	23 Cabbage Rolls or Chef's Alternate Mashed Potatoes Mixed Vegetables Apple Crisp	24 Ravioli & Meat Sauce or Chef's Alternate Garlic Bread Lettuce Salad Tart
	26 (Week 1) Garlic Sausage or Chef's Alternate Hashbrown Casserole Mixed Vegetables Peach Platz	27 Beef Stew or Chef's Alternate Cheese Biscuits Mandarin Segments	28 Breaded Mustard Veal Cutlets or Chef's Alternate Mashed Potatoes Beef Gravy Steamed Broccoli Oatmeal Chocolate Chip	29 Chicken with Alfredo Sauce or Chef's Alternate Noodles Peas Biscuits Fruit	30 Baked Fish Fillets or Chef's Alternate Lemon Slice Lyonnaise Potatoes Cauliflower/Carrots Butterscotch Pudding	31 Breaded Pork Cutlets or Chef's Alternate Noodles and sauce Mixed Vegetables Chef's Dessert
						