

REST HAVEN LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		MENU SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285 204-346-5013	1 (Week 2) Butternut Squash Soup Chicken Taco Bake or Chef's Alternate Noodles Cucumber Salad Fruit	2 Minestrone Soup Ham or Chef's Alternate Kielke with Fried Onions & Schmaunt Phat Coleslaw Frozen Yogurt	3 Chef Soup Egg Salad Sandwich or Chef's Alternate Cheese Chips/Pickles Banana Cake	4 Baked Ham or Chef's Alternate Pineapple Sauce Scalloped Potatoes Kernel Corn Date Square
	5 (Week 3) Summa Borscht Soup Country Style Chicken or Chef's Alternate Mac N Cheese Garlic Bread Savory Green and Waxed Beans Ice cream Sundae	6 Vegetable Soup Spaghetti with Meat Balls or Chef's Alternate Caesar Salad Garlic Bread Boston Cream Poke Cake	7 Chicken Noodle Soup Baked Farmer Sausage or Chef's Alternate Fried Potatoes Vegetable au Gratin Fruit Pie	8 Green Bean Soup Ham or Chef's Alternate Perogies Pickled beets Schmaunt Phat Fruit	9 Corn Chowder with Bacon Fish Fry or Chef's Alternate Potato Wedge Three Bean Salad Ambrosia Salad	10 Chef's Soup Chili or Chef's Alternate Chef's Salad Toast Chef's Dessert
	12 (Week 4) Beet Borscht Soup Baked Ham or Chef's Alternate Pineapple sauce Scalloped Potatoes Carrots Fruit	13 BBQ Pork Ribs or Chef's Alternate Gravy Potato Wedge Green Beans Lemon Tarts	14 Cabbage Borscht Soup Honey Glazed Chicken Or Chef's Alternate Rice Pilaf Salad Coconut Cream Pie	15 Broccoli Soup Chicken Burger or Chef's Alternate French Fries Coleslaw Frozen Sherbet	16 Roast Beef or Chef's Alternate Mashed Potatoes Mixed Veg. Zucchini Brownie	17 Vegetable Soup Ham and Cheese Sandwich or Chef's Alternate Pickles Fruit Cobbler
	19 VICTORIA DAY (Week 5) Sauerkraut Borscht Soup Meatloaf or Chef's Alternate Gravy Mashed Potatoes California Mixed Vegetables Date Square	20 Green Bean Soup Kielke with Fried Onions & Schmaunt Phat Ham or Chef's Alternate Pickled Beets Jello Fruit	21 Chicken Noodle Soup Battered Fish Fry or Chef's Alternate Fries Coleslaw Lemon Meringue Pie	22 Turkey /Stuffing or Chef's Alternate Cranberry Sauce Mashed Potato Gravy Corn Cherry Platz	23 Creamy Lentil and Roasted Carrot Soup Sweet and Sour Pork or Chef's Alternate Rice Pilaf Gravy California Mixed Veg. Fruit Cocktail Cake	24 Chef's Soup Turkey Sandwich or Chef's Alternate Chips/Pickles Orange Fluff Salad
	26 (Week 1) Beef and Barley Soup Chicken Fingers or Chef's Alternate Fries/Gravy Garden Salad Fruit based Dessert	27 Split Pea Soup S&S Baked Farmer Sausage or Chef's Alternate Rice Green Beans Tapioca Pudding	28 Hearty Vegetable Soup Chicken Cacciatore or Chef's Alternate Noodles Cucumber Salad Chocolate Cream Pie	29 Garlic Chicken and Wild Rice Soup BBQ Rib or Chef's Alternate Mashed Potatoes Carrots Cinnamon Coffee Cake	30 Cream of Celery Soup Lasagna or Chef's Alternate Caesar Salad Garlic Bread Chocolate Cake	31 Garden Vegetable Soup Chicken Pot pie or Chef's Alternate Cucumber and Tomato Slices Fruit Platz



NOTE: Sandwiches are available on daily basis as alternate option aside from Chef's alternate.