



WOODHAVEN NEWSLETTER

Tenant Resource
Coordinator

Helen Hutt

Email: hhutt@havengroup.ca

Phone: 204-346-1501

Director of
Housing

Michael Obviar

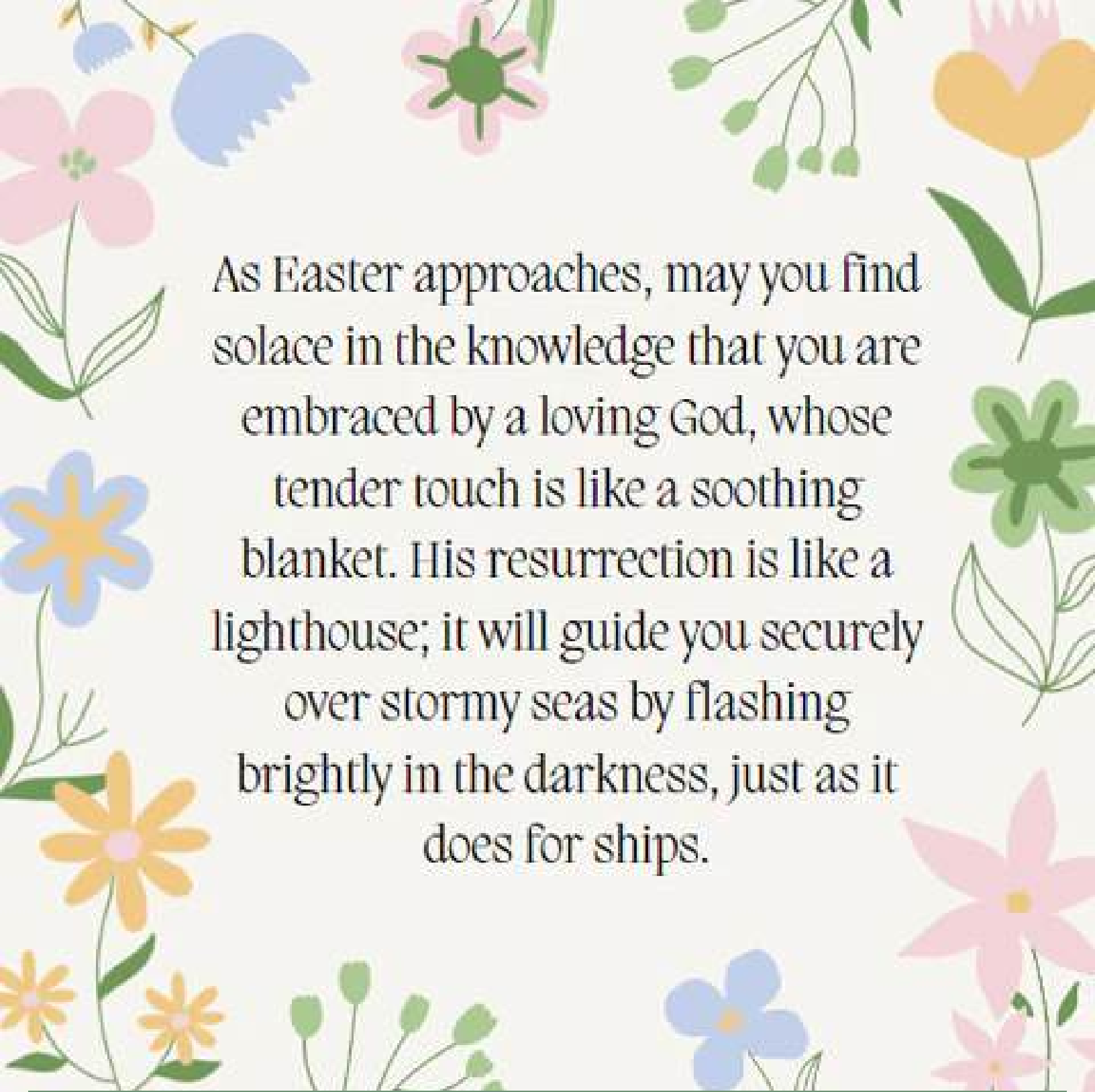
Email: mobviar@havengroup.ca

Phone: 204-326-2002



April
2025





As Easter approaches, may you find solace in the knowledge that you are embraced by a loving God, whose tender touch is like a soothing blanket. His resurrection is like a lighthouse; it will guide you securely over stormy seas by flashing brightly in the darkness, just as it does for ships.

Wishing you and your loved ones a very happy and blessed Easter. Please note that the Admin & Finance offices will be closed on **Friday, April 18th,** and **Monday, April 21st.**

**HAPPY
EASTER**



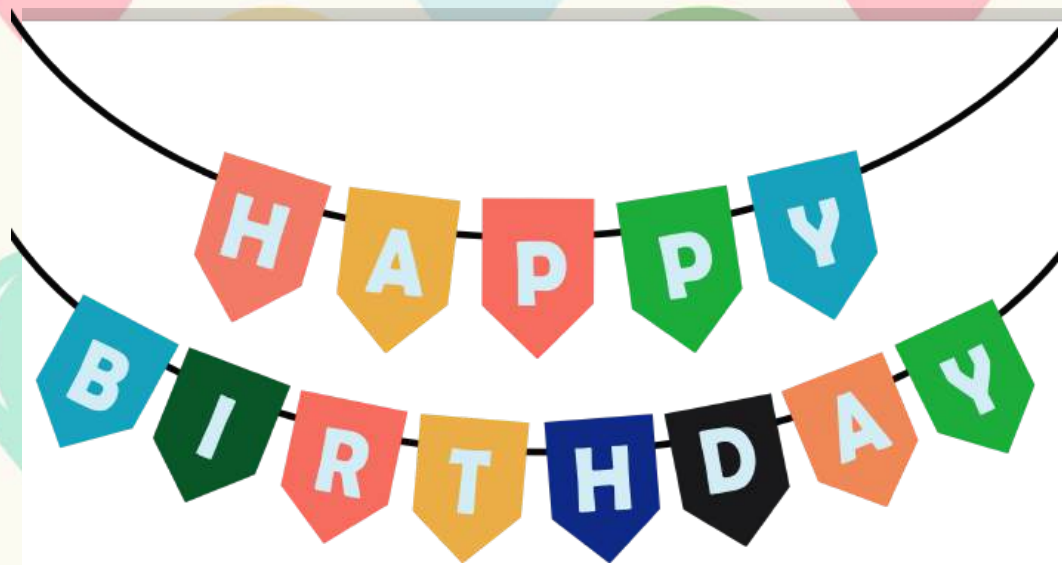
WELCOME



A very warm welcome to our newest tenant:

Harry Kehler in suite 206!

We are so glad that you are here!



Margaret Peters - 1
Joyce Dyck - 5
Agatha Froese - 12
Susie Ginter - 20
John Dyck - 23
Lydia Hiebert - 24
Esther Martens - 25
Mary Hiebert - 27
Anne Doerksen - 30

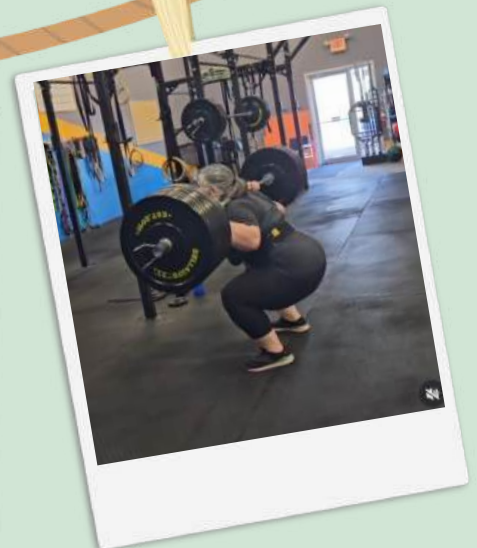
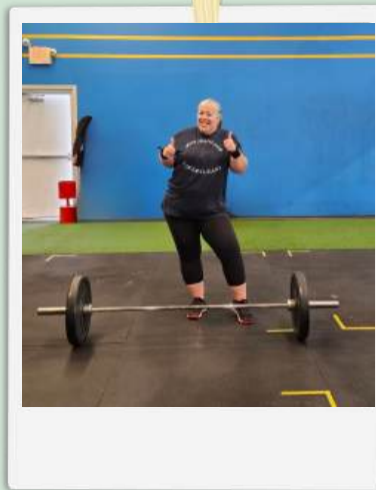
Please join us for a Birthday party, with cake and coffee on **Monday, April 28th at 2:30pm!** \$2 per person, free for those celebrating an April birthday. Please sign up if you're coming, and be sure to bring your own mug!



CROSSFIT
STEINBACH



You've heard the stories, and you've seen the videos of Helen weightlifting...but would you like a chance to come and see it in real life? Would you be interested in coming to have a private, closed tour of the gym where Helen coaches and works out? Would you like watch her lift, squat and press some heavy weights for you? Would you like to learn a bit about the different movement techniques and why they are so important? The cost for a private rental of the gym is \$60, so there would be a small fee to attend, depending on how many people would be interested in coming. The more people that come, the cheaper it would be! The gym is located at 121 Acres Drive in Steinbach. You would need to drive yourself there, or plan to ride with a friend. If this is something you would like to participate in, I would be happy to set it up for next month. **Please let Helen know as soon as possible if this is something you would sign up for.**



Let's go bowling! Join us on **Tuesday, April 8th.**

We will meet at the Steinbach Bowling Alley at 2:15pm and enjoy one hour of bowling together. **Cost is \$8 per person, which includes your shoe rental. You must sign up if you would like to come. Please bring \$8 cash to Helen.**

Volunteer Appreciation Tea



Did you know that **April 27 to May 3 is National Volunteer Week?** According to Volunteer Canada the theme for National Volunteer Week 2025 is "**Volunteers Make Waves**", because like a wave, volunteering is movement building!

If you have volunteered in any way (big or small) at Woodhaven in the last year, you are invited to a special volunteer appreciation tea on **Wednesday April 30th at 2:30pm**. No cost to attend. Coffee, tea and treats will be provided.

We are so grateful for you and we appreciate everything you do for the Woodhaven community! Please note there will also be a larger volunteer appreciation event in June, which will include all of our HavenGroup Housing volunteers - more details to come!

Please sign up if you are planning to come! Hope to see you there!

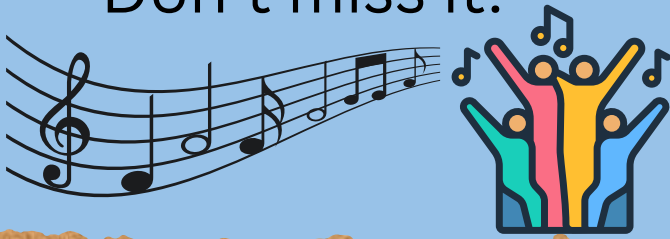


**NATIONAL
VOLUNTEER
WEEK 2025**
VOLUNTEERS MAKE WAVES

APRIL 27 - MAY 3

Glorybound Quartet
will be here to
perform on Saturday
April 12th at 5:00pm.

Don't miss it!



A friendly reminder
that the common
areas on every floor
(the puzzle areas) are
intended to be used
by everybody! Please
feel free to use them
for puzzling, games,
socializing etc. as you
would like to. They
are there for you to
use!

**SHARING
IS
CARING**

**SAVE
THE DATE**



The annual window cleaning
for this year has been
scheduled for next month on
Wednesday, May 7th.

Tenants will need to keep
their windows closed on that
day for the window washers.
Reminders will be sent out
closer to the time.

**Reminder: Woodhaven is a
smoke-free premises.** 
Smoking is not permitted in or
near the building. **Smoking is
only permitted in the
designated smoking area,**
which is in the tenant parking
lot (south of carport). **This
policy applies to tenants,
employees, visitors and
volunteers.**

Sign up for pie and ice cream on **Thursday, April 24th at 3:00pm.** **\$3 per person**, coffee and tea will be provided. **Please make sure you sign up, and bring your own mug.**

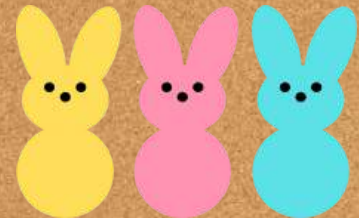


Prairie Rose youth groups will be here again this month! The High School group will be here **Thursday, April 3rd at 7:30pm** and the Middle School group will be here **Monday April 14th at 7:30pm.**

NEW





Try a new game that keeps your brain and your eyes sharp! Come and play "Spot It" at **2:30pm on Friday, April 4th.**



Come and hear **Christine & Friends** as they play some beautiful harp music for you at **6:30pm on Saturday, April 19th**



- A friendly reminder that the  handicapped parking spaces at the front of the building are only
- for visitors with valid parking passes. Tenants are not
- permitted to park in these stalls.
- Please use your assigned  parking space. Thank you!

Minds *in* Motion®

JOIN US THIS SPRING!

Minds in Motion® connects people living with early to moderate signs of dementia through *fitness, fun* and *friendship*.

Enjoy eight sessions including:

- Gentle chair fitness
- Engaging activities
- Refreshments & conversation

Wednesdays, 10 am – 12 pm April

16th – June 4th 10 Chrysler Gate,

Steinbach, MB \$65 per pair To

register, contact the Pat Porter

Active Living Centre at 204-320-4600

or info@patporteralc.com



To learn more about the program, please contact:

Sierra Dueck

South Eastman Regional Coordinator

204-326-5771 or sierradueck@alzheimer.mb.ca



From the Chaplain's Desk

“...as often as ye eat this bread and drink this cup...”

I Corinthians 11:26

These familiar words remind us of communion and of what Jesus did for us—He died so we could live. A difficult concept to understand until one recognizes redemption for what it is—one taking the place of another. When God called Moses to lead the Children of Israel to the Promised Land, he also instituted the Passover. The lambs that died in place of the Hebrew first-born were a picture, or a foreshadowing, of the death Jesus would die in our place.

When Jesus shared that final Passover with the disciples, he shifted its focus away from remembering the redemption God provided for the Israelites in Egypt to remembering the redemption God provided for all mankind through the death of his own Son on a cross.

“And when he had given thanks, he brake it, and said, Take, eat: this is my body, which is broken for you: this do in remembrance of me.”

I Corinthians 11:24

As we take part in communion this month, we want to again thank God for the salvation he provided for us through Jesus.

Peter Berg, Chaplain

Easter Word Search

G S N O I T P M E D E R Y Y M
J J U Y K I R Y T T F X E O L
R L K F W E E C I O J E R C K
X Y N G Q C U W V U P C M C K
R C R O S S H R E D P H M N E
I F V A I B Q U I R G P Q R N
S A Q Z M T M I R A C L E T S
E I A O I R C H R C O Y I U E
N T T P R C G E Y O H S S R L
I H H S O O C A R K I E P V K
N W O R C S D U B R J V R G T
O H T N G N T E S F U L A M I
D P V O U Q F L D K A S Y S H
Z M E S B Z Z W E M L Y E D F
E T G L M E G K B S L T R R U

APOSTLES
CROWN
LAMB
PRAYER
RESURRECTION
SON

CHURCH
FAITH
MARY
REDEMPTION
RISEN
SUNDAY

CROSS
JESUS
MIRACLE
REJOICE
SAVIOR
TOMB

