


REST HAVEN SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	1 (Week 3) Sweet & Sour Diced Beef or Chef's Alternate S&S Sauce Steamed Rice Broccoli Fruit	2 Mushroom Baked Pork Chops or Chef's Alternate Mushroom Gravy Lyonnaise Potatoes Mixed Veg Cupcake	3 Homemade Chicken Pot Pie or Chef's Alternate Mandarin Lettuce Salad Peanut Butter Brownie	4 Lemon Butter Chicken or Chef's Alternate Mashed Potatoes Carrots Hot Fudge Pudding Cake	5 Sweet and Sour Chicken Balls or Chef's Alternate Fried Rice Broccoli Fruit Jello	6 Vegetable Beef and Rice Soup Potato Salad Brown Bread/Garnish Cold Cuts/Pickles or Chef's Alternate Apple Pie	
7 (Week 4) Savory Meat Loaf or Chef's Alternate Whipped Potatoes Gravy California Mixed Vegetable Ice Cream Sundae	8 BBQ Pork Ribs or Chef's Alternate Gravy Potato Wedge Green Beans Lemon Tarts	9 Hamburger Steak or Chef's Alternate Mashed Potatoes Beef Gravy Roasted Zucchini Fried Onions Fruit	10 Garlic Sausage or Chef's Alternate Macaroni and Cheese Peas Chocolate Pudding	11 Baked Chicken or Chef's Alternate Mashed Potatoes Gravy Southwest Vegetables Cream Puffs	12 Meat Balls or Chef's Alternate Noodles Mushroom Gravy Waxed Bean / Pepper Butter Tart	13 Butternut Squash Soup Cheese Bread Pea Salad Cold Cuts/Pickles or Chef's Alternate Rhubarb Strawberry Pie	
14 (Week 5) Breaded Pork Cutlets or Chef's Alternate Potato Wedge Gravy Coleslaw Nanaimo Bar	15 Omelet or Chef's Alternate Garlic Toast Vegetable Salad Fruit Based Dessert	16 Honey Garlic Chicken or Chef's Alternate Rice Roasted Broccoli Fruit Salad	17 Pork Sausages or Chef's Alternate Potatoes O' Brien Buttered Peas Carrot Cake	18 Battered Fish or Chef's Alternate Fries Coleslaw Apple Crisp	19 Ravioli & Meat Sauce or Chef's Alternate Garlic Bread Lettuce Salad Tart	20 Chicken Noodle Soup Cottage Cheese Rye Bread Potato Salad Cold Cuts/Pickles or Chef's Alternate Coconut Cream Pie	
21 (Week 1) Garlic Sausage or Chef's Alternate Hashbrown Casserole Mixed Vegetables Peach Platz	22 Beef Stew or Chef's Alternate Cheese Biscuits Mandarin Segments	23 Breaded Mustard Veal Cutlets or Chef's Alternate Mashed Potatoes Beef Gravy Steamed Broccoli Oatmeal Chocolate Chip	24 Chicken with Alfredo Sauce or Chef's Alternate Noodles Peas Biscuits Fruit	25 Baked Fish Fillets or Chef's Alternate Lemon Slice Lyonnaise Potatoes Cauliflower/Carrots Butterscotch Pudding	26 Breaded Pork Cutlets or Chef's Alternate Noodles and Sauce Mixed Vegetables Chef's Dessert	27 Summa Borscht Cold Cuts or Chef's Alternate Bread/ Pickles Macaroni Salad Cottage Cheese Blueberry Cheesecake	
28 (Week 2) Roasted Chicken or Chef's Alternate Chicken Gravy French Fries Oriental Mixed Veg. Iced White Cookies	29 Pork and Apple Cakes or Chef's Alternate Rice (Whole Grain) Apple Cinnamon Sauce Peas Ice Cream Sundae	30 Baked Porkchops or Chef's Alternate Gravy Mashed Potato Gravy Corn Tapioca Pudding	<u>MENU SUBJECT TO CHANGE</u> Nutrition and Food Services Department: 204-326-2285 204-346-5013				