


REST HAVEN LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1 (Week 3) Vegetable Soup Spaghetti with Meat Balls or Chef's Alternate Caesar Salad Garlic Bread Boston Cream Poke Cake	2 Chicken Noodle Soup Baked Farmer Sausage or Chef's Alternate Fried Potatoes Vegetable au Gratin Banana Cream Pie	3 Green Bean Soup Ham or Chef's Alternate Perogies Pickled beets Schmaunt Phat Trifle	4 Corn Chowder with Bacon Fish Fry or Chef's Alternate Potato Wedge Three Bean Salad Ambrosia Salad	5 Chef's Soup Chili or Chef's Alternate Chef's Salad Toast Chef's Dessert	6 Turkey Stuffing or Chef's Alternate Mashed Potatoes Corn Strawberry Mous
7 (Week 4) Beet Borscht Soup Baked Ham or Chef's Alternate Pineapple sauce Scalloped Potatoes Carrots Fruit	8 Lentil Vegetable with Parmesan Soup Shepherd's Pie or Chef's Alternate Green Salad Lava Cake	9 Cabbage Borscht Soup Honey Glazed Chicken Or Chef's Alternate Rice Pilaf Salad Coconut Cream Pie	10 Broccoli Soup Chicken Burger or Chef's Alternate French Fries Coleslaw Frozen Sherbet	11 Roast Beef or Chef's Alternate Mashed Potatoes Mixed Veg. Zucchini Brownie	12 Vegetable Soup Ham and Cheese Sandwich or Chef's Alternate Pickles Fruit Cobbler	13 Shake & Bake Chicken or Chef's Alternate Mashed Potatoes Cooked Turnips and Carrots Blueberry Mous
14 (Week 5) Sauerkraut Borscht Soup Meatloaf or Chef's Alternate Gravy Mashed Potatoes California Mixed Vegetables Date Square	15 Green Bean Soup Kielke with Fried Onions & Schmaunt Phat Ham or Chef's Alternate Pickled Beets Jello Fruit	16 Chicken Noodle Soup Cabbage Rolls or Chef's Alternate Mashed Potatoes Mixed Vegetables Lemon Meringue Pie	17 Turkey /Stuffing or Chef's Alternate Cranberry Sauce Mashed Potato Gravy Corn Cherry Platz	18 GOOD FRIDAY Creamy Lentil and Roasted Carrot Soup Sweet and Sour Chicken Balls or Chef's Alternate Rice Pilaf Gravy California Mixed Veg. Peach Upside Down Cake	19 Chef's Soup Turkey Sandwich or Chef's Alternate Chips/Pickles Orange Fluff Salad	20 EASTER SUNDAY Ham/Gravy or Chef's Alternate Scalloped Potatoes Glazed Carrots Paska Bread
21 (Week 1) Beef and Barley Soup Chicken Fingers or Chef's Alternate Fries/Gravy Garden Salad Fruit based Dessert	22 Split Pea Soup S&S Baked Farmer Sausage or Chef's Alternate Rice Green Beans Tapioca Pudding	23 Hearty Vegetable Soup Chicken Cacciatore or Chef's Alternate Noodles Cucumber Salad Chocolate Cream Pie	24 Garlic Chicken and Wild Rice Soup BBQ Rib or Chef's Alternate Mashed Potatoes Carrots Cinnamon Coffee Cake	25 Cream of Celery Soup Lasagna or Chef's Alternate Caesar Salad Garlic Bread Chocolate Cake	26 Garden Vegetable Soup Chicken Pot Pie or Chef's Alternate Cucumber and Tomato Slices Fruit Platz	27 Roast Beef or Chef's Alternate Mashed Potatoes Gravy/ Coleslaw Rice Pudding
28 (Week 2) Beet Borscht Soup Perogies or Chef's Alternate Farmer Sausage Carrots Cream Gravy Canned Peaches	29 Hearty Manitoba Vegetable Soup Meat Loaf or Chef's Alternate Mashed Potato Broccoli Salad Cinnamon Roll Cake	30 Roast Beef or Chef's Alternate Oven Baked Potatoes Mixed Vegetables Apple Crisp	<u>MENU SUBJECT TO CHANGE</u> Nutrition and Food Services Department: 204-326-2285 204-346-5013			