

REST HAVEN LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<h1 style="font-family: cursive;">March 2025</h1>			MENU IS SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285/ 204-346-5013		1 (Week 3) Chef's Soup Chili or Chef's Alternate Chef's Salad Toast Chef's Dessert	2 Turkey Stuffing or Chef's Alternate Mashed Potatoes Corn Strawberry Mous
3 (Week 4) Beet Borscht Baked Ham or Chef's Alternate Pineapple Sauce Scalloped Potatoes Kernel Corn Fruit	4 Lentil Vegetable with Parmesan Soup Shepherd's Pie or Chef's Alternate Green Salad Lava Cake	5 Cabbage Borscht Soup Honey Glazed Chicken or Chef's Alternate Rice Pilaf Salad Coconut Cream Pie	6 Broccoli Soup Chicken Burger or Chef's Alternate French Fries Coleslaw Frozen Sherbet	7 Roast Beef or Chef's Alternate Mashed Potatoes Sour Cream/Chives Mixed Veg Zucchini Brownie	8 Vegetable Soup Ham & Cheese Sandwich or Chef's Alternate Pickles Fruit Cobbler	9 Shake & Bake Chicken or Chef's Alternate Mashed Potatoes Cooked Turnips and Carrots Blueberry Mous
10 (Week 5) Sauerkraut Soup Meatloaf or Chef's Alternate Gravy Mashed Potatoes California Mixed Vegetables Date Square	11 Green Bean Soup Kielcke with Fried Onions & Schmaunt Phat Ham or Chef's Alternate Veg Salad Jello Fruit	12 Split Pea Soup Battered Fish Fry or Chef's Alternate Fries Coleslaw Lemon Meringue Pie	13 Turkey/ Stuffing or Chef's Alternate Cranberry Sauce Mashed Potato Corn Cherry Platz	14 Creamy Lentil and Roasted Carrot Soup Sweet and Sour Pork or Chef's Alternate Rice Pilaf Gravy California Mixed Veg. Peach Upside Down Cake	15 Chef's Soup Turkey Sandwich or Chef's Alternate Chips/Pickles Orange Fluff Salad	16 Roast Pork with Gravy or Chef's Alternate Boiled Potatoes Green Beans Fruitcocktail Mous
17 St Patrick's Day (Week 1) Beef and Barley Soup Chicken Fingers or Chef's Alternate Fries Garden Salad Fruit Based Dessert	18 Chicken Noodle Soup S&S baked Farmer Sausage or Chef's Alternate Rice Green Beans Tapioca Pudding	19 Hearty Vegetable Soup Chicken Cacciatore or Chef's Alternate Noodles Salad Chocolate Cream Pie	20 Garlic Chicken and Wild Rice Soup BBQ Rib or Chef's Alternate Mashed Potato Carrots Cinnamon Coffee Cake	21 Cream of Celery Soup Lasagna or Chef's Alternate Caesar Salad Garlic Bread Chocolate Cake	22 Garden Vegetable Soup Chicken Pot Pie or Chef's Alternate Cucumber and Tomato Slices Fruit Platz	23 Roast Beef or Chef's Alternate Mashed Potatoes Coleslaw Rice Pudding
24 (Week 2) Beet Borscht Soup Perogies or Chef's Alternate Farmer Sausage Carrots Cream Gravy Canned Peaches	25 Hearty Manitoba Vegetable Soup Meat Loaf or Chef's Alternate Mashed Potato Broccoli Salad Cinnamon Roll Cake	26 Roast Beef or Chef's Alternate Oven Baked Potatoes Mixed Vegetables Apple Crisp	27 Butternut Squash Soup Chicken Taco Bake or Chef's Alternate Noodles Cucumber Salad Fruit	28 Minestrone Soup Ham or Chef's Alternate Kielcke with Fried Onions & Schmaunt Phat Coleslaw Frozen Yogurt	29 Chef Soup Egg Salad Sandwich or Chef's Alternate Cheese Chips/Pickles Fruit Based Dessert	30 Baked Ham or Chef's Alternate Pineapple Sauce Scalloped Potatoes Kernel Corn Plumi Mous
31 (Week 3) Summa Borscht Soup Country Style Chicken or Chef's Alternate Mac N' Cheese Savory Green and Wax beans Ice Cream Sundae	 					

NOTE: Sandwiches are available on daily basis as alternate option aside from Chef's alternate.