Hello DAMMANY 2025



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***	JA	NU	AR	Y 20	25	***************************************
4	MON	TUE	WED	THU	FRI	SAT

SUN	MON	TUE	WED	THU	FRI	SAT
ec St.	Monday - Friday Sunday Times ma	17 6	1 Happy New Year	2	3	4
cw 9:30 a.m. Jerry Falk	6 10:00 a.m. Chaplain Visit cw 7:00 p.m. Jac. & Helen Harder	2:00 p.m. Bible Study	8	9 10:00 a.m. Pancake Brunch	10	11
cw 9:30 a.m. Prairie Rose EMC	13	14	15	16	17	cw 7:00 p.m. Baptist Church
9:30 a.m. Ridgewood EMC	20 10:00 a.m. Chaplain Visit	2:00 p.m. Bible Study 6:30 p.m. John & Annie & Friends	22	2:00 p.m. Birthday Party	24	cw 6:30 p.m. Peaceful Harbour
cw 9:30 a.m. Steinbach EMC	27	6:00 p.m. Abe & Tina Dyck	29	. 30	cw 6:30 p.m. Jerry & Friends	

Wishing you and your family a Happy New Year

filled with God's love, His hope, health, and happiness

- with a **generous** sprinkle of **fun!**



Dates to Remember

During the month of January
we will be checking: **ERIK kits**the kit should be placed
on your fridge door,
where EMS have been trained to look for it,
ensuring it is readily available if needed.

JOKES OF THE DAY

A older woman told her friend, "I feel like my body has gotten totally out of shape, so I got my doctor's permission to join a fitness club and start exercising."

She said, "So, I decided to take an aerobics class for seniors. I bent, twisted, gyrated, jumped up and down, and perspired for an hour.
But by the time I got my leotards on, the class was over."

Prayer for Good Health for Seniors:

God grant me the Senility to forget the people I never liked anyway, the good fortune to run into the ones I do, and the eyesight to tell the difference.

Chaplain's Notes

"Is there a piece missing?"
"Where does this one go?"
"Almost done—just a few left!"

These are just a few of the comments we hear around the puzzle table.

Interestingly, each piece of the puzzle has only one spot where it fits

but each piece contributes to "the big picture".

While the completed puzzles may lie there a few days,
the boxes they were dumped out of soon become full again and ready for another round.

If they could, I'm sure each of the puzzles could tell many stories that they have heard.

As we start another year and leave one behind, does our life sometime feel like a puzzle?

Did our box get dumped out this year?

Or just when we thought we were making progress and the picture was coming together did we get scooped back into the box and had to start over? Have we wondered, "How does this piece fit into my life?"

Albert Brumley wrote the words to the song, Some glad morning when this life is over, I'll fly away. To a home on God's celestial shore, I'll fly away.

Perhaps it will take until we "fly away"
before we will really be able to appreciate the beauty
of what the Lord has been working in us all along.
Maybe the most difficult times of our lives
will produce the most vivid colors in "the big picture" of our lives.
"O Lord, thou hast searched me, and known me." Psalm 139:1

Let's enter the New Year with confidence knowing the Lord will continue to lead us,

Peter Berg, chaplain





WINTER SEASON

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WORD LIST

 $\hat{g}_{1}^{(i)} =$

ARCTIC
AURORA
BLIZZARD
CARIBOU
COLD
CONIFER
DRIFT
EVERGREEN

FIR
FREEZE
FROST
FROSTBITE
GLACIER
HARE
HIBERNATION
HOLLY

HUSKY ICICLE MIGRATION MISTLETOE MOOSE PENGUIN POLAR BEAR REINDEER ROBIN SLEET SNOW SNOWFLAKE SNOWMAN WINTER

omemade OGIFTS MADE EASY

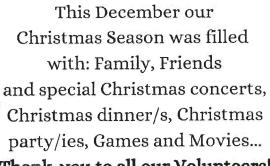


Christmas Joy!









Thank-you to all our Volunteers!







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CEDARWOOD LUNCH MENU

(Week 4) Beet Borscht Baked Ham Pineapple Sauce Scalloped Potatoes Kernel Corn Blueberry Lentil Muffin	(Week 3) (Week 3) Summa Borscht Soup Country Style Chicken Mac N' Cheese Savory Green and Wax beans Ice Cream Sundae	13 (Week 2) Beet Borscht Soup Perogies Farmer Sausage Carrots Cream Gravy Canned Peaches	(Week 1) Beef and Barley Soup Chicken Fingers Fries Garden Salad Fruit Based Dessert		MONDAY
Lentil Vegetable with Parmesan Soup Shepherd's Pie Green Salad Lava Cake	Vegetable Soup Spaghetti with Meat Balls Caesar Salad Garlic Bread Custard Bread Pudding	Hearty Manitoba Vegetable Soup Meat Loaf Mashed Potato Broccoli Salad Cinnamon Roll Cake	7 Chicken Noodle Soup S&S baked Farmer Sausage Rice Green Beans Tapioca Pudding	ANUARY 2025	TUESDAY
Cabbage Borscht Soup Honey Mustard Chicken Rice Pilaf Salad Coconut Cream Pie	Chicken Noodle Soup Baked Farmer Sausage Fried Potatoes Vegetable au Grafin Banana Cream Pie	Roast Beef Roast Beef Oven Baked Potatoes Mixed Vegetables Apple Crisp	Hearty Vegetable Soup Chicken Cacciatore Noodles Salad Chocolate Cream Pie	(Week 5) Happy New Year Split Pea Soup Battered Fish Fry Fries Coleslaw Lemon Meringue Pie	WEDNESDAY
Broccoli Soup Hamburger French Fries Coleslaw Frozen Sherbet	Corn Chowder with Bacon Fish Fry Potato Wedge Three Bean Salad Ambrosia Salad	Houtternut Squash Soup Chicken Taco Bake Noodles Cucumber Salad	Gream of Celery BBQ Rib Mashed Potato Carrots Cinnamon Coffee Cake	Turkey/ Stuffing Cranberry Sauce Mashed Potato Corn Cherry Platz	THURSDAY
Roast Beef Oven Baked Potatoes Sour Cream/Chives Mixed Veg Zucchini Brownie	Green Bean Soup Farmer Sausage Perogies Pickled Beets Schmaunt Phat Trifle	Minestrone Soup Ham Kielke with Fried Onions & Schmaunt Phat Coleslaw Frozen Yogurt	Chefs Soup Lasagna Caesar Salad Garlic Bread Chocolate Cake	3 Creamy Lentil and Roasted Carrot Soup Sweet and Sour Pork Rice Pilaf Gravy California Mixed Veg. Peach Upside Down Cake	FRIDAY
MENU IS SUBJECT TO CHANGE Please order at 24 hours in advanceby the day before. You may call the Cedan Dietary at 204-326-4634 to book or cance meals. There is no cost if cancelled befora, m. You will still be charged for your myou cancel after 10 a.m.	Chef's Soup Chill Chef's Salad Toast Chef's Dessert	Chef Soup Chef Soup Egg Salad Sandwich Cheese Chips/Pickles Orange Fluff Salad	Garden Vegetable Soup Chicken Pot Pie Cucumber and Tomato Slices Fruit Platz	Chef's Soup Turkey Sandwich Chips/Pickles Fruit Based Dessert	SATURDAY
MENU IS SUBJECT TO CHANGE Please order at 24 hours in advance-by noon the day before. You may call the Cedarwood Dietary at 204-326-4634 to book or cancel your meals. There is no cost if cancelled before 10 a.m. You will still be charged for your meal if you cancel after 10 a.m.	Turkey Stuffing Mashed Potatoes Corn Strawberry Mous	Baked Ham Pineapple Sauce Scalloped Potatoes Kernel Corn Plumi Mous	Roast Beef Mashed Potatoes Coleslaw Rice Pudding	Roast Pork with Gravy Boiled Potatoes Green Beans Fruitcocktail Mous	SUNDAY

PLEASE INDICATE WITH A CHECKMARK WHICH MEALS YOU WOULD LIKE TO ORDER

NAME AND ROOM #:_

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CEDARWOOD SUPPER MENU

(Week 4) Savory Meat Loaf Whipped Potatoes Gravy California Mixed Vegetable Jellied Fruit Salad	(Week 3) (Week 3) Lemon Fish Potatoes Peas & Carrots Pineapple Upside Down Cake	(Week 2) Roasted Chicken Chicken Gravy French Fries Oriental Mixed Veg. loed White Cookies	(Week 1) Garlic Sausage Hashbrown Casserole Mixed Vegetables Chocolate Cookies	JANUA 2025	MONDAY
BBQ Pork Ribs Gravy Potato Wedge Green Beans Lemon Tarts	Mushroom Baked Pork Chops Mushroom Gravy Lyonnaise Potatoes Sauteed Mixed Veg Cupcake	14 Pork and Apple Cakes Rice (Whole Grain) Apple Cinnamon Sauce Peas Ice Cream Sundae	7 Beef Stew Cheese Biscuits Mandarin Segments	JARY 25	TUESDAY
Hamburger Steak Mashed Potatoes Beef Gravy Roasted Zucchini Fried Onions Dessert	Sweet & Sour Diced Beef S&S Sauce Steamed Rice Broccoli Dessert	Baked Porkchops Gravy Mashed Potato Gravy Corn Dessert	Breaded Mustard Veal Cutlets Mashed Potatoes Beef Gravy Steamed Broccoli Dessert	(Week 5) Honey Garlîc Chicken Rice Roasted Broccoli Dessert	WEDNESDAY
Garlic Sausage Garlic Sausage Macaroni and Cheese Peas Chocolate Pudding	23 Homemade Chicken Pot Pie Mandarin Lettuce Salad Peanut Butter Brownie	Fish Sticks Fried Potatoes Gravy Tartar Sauce Herbed Green Beans/ Peppers Trifle	9 Chicken with Alfredo Sauce Noodles Peas Biscuits Fruit	Pork Sausages Potatoes O' Brien Buttered Peas Carrot Cake	THURSDAY
Baked Chicken or Chef's Alternate Mashed Potatoes Gravy Southwest Vegetables Cream Puffs	24 Lemon Butter Chicken Mashed Potatoes Carrots Hot Fudge Pudding Cake	Chicken Teriyaki Steamed Rice Stir Fry Vegeatables Mandarin Oranges	Baked Fish Fillet Lemon Slice Lyonnaise Potatoes Cauliflower/Carrots Butterscotch Pudding	Cabbage Rolls Mashed Potatoes Mixed Vegetables Apple Crisp	FRIDAY
MENU IS SUBJI Please order at 24 I Please order at 24 I noon the day befor Cedarwo at 204-326-4634 to meals. There is no cos a.m. You will still be of you cancel	Sweet and Sour Chicken Balls Potatoes Broccoli Fruit Jello	Veal Parmigiana Pasta Marinara Sauce Peas Fruit Platz	Breaded Pork Cutlets or Noodles and Sauce Mixed Vegetables Chef's Dessert	Spaghetti & Meat Sauce Garlic Bread Lettuce Salad Tart	SATURDAY
MENU IS SUBJECT TO CHANGE Please order at 24 hours in advanceby noon the day before. You may call the Cedarwood Dietary at 204-326-4634 to book or cancel your meals. There is no cost if cancelled before 10 a.m. You will still be charged for your meal if you cancel after 10 a.m.	Vegetable Beef and Rice Soup Potato Salad Brown Bread/Garnish Cold Cuts/Pickles Apple Pie	Farmer Sausage Noodle Soup Cold Cuts Buns Carrot Salad Cream Pie	Summa Borscht Cold Cuts or Chef's Bread/ Pickles Macaroni Salad Cottage Cheese Blueberry Cheesecake	Chicken Noodle Soup Cottage Cheese Fresh Bread Potato Salad Cold Cuts/Pickles Coconut Cream Pie	SUNDAY

PLEASE INDICATE WITH A CHECKMARK WHICH MEALS YOU WOULD LIKE TO ORDER

NAME AND ROOM #:

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