

## REST HAVEN LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 <h1 style="font-size: 4em; margin: 0;">FEBRUARY 2025</h1>					<b>(Week 4)</b> Vegetable Soup Ham & Cheese Sandwich or Chef's Alternate Pickles Fruit Cobbler	Shake & Bake Chicken or Chef's Alternate Mashed Potatoes Cooked Turnips and Carrots Blueberry Mous
<b>(Week 5)</b> Sauerkraut Soup Meatloaf or Chef's Alternate Gravy Mashed Potatoes California Mixed Vegetables Date Square	Hearty Italian Soup Kielce with Fried Onions & Schmaunt Phat Ham or Chef's Alternate Veg Salad Jello Fruit	Split Pea Soup Battered Fish Fry or Chef's Alternate Fries Coleslaw Lemon Meringue Pie	Turkey/ Stuffing or Chef's Alternate Cranberry Sauce Mashed Potato Corn Cherry Platz	Creamy Lentil and Roasted Carrot Soup Sweet and Sour Pork or Chef's Alternate Rice Pilaf Gravy California Mixed Veg. Peach Upside Down Cake	Chef's Soup Turkey Sandwich or Chef's Alternate Chips/Pickles Orange Fluff Salad	Roast Pork with Gravy or Chef's Alternate Boiled Potatoes Green Beans Fruitcocktail Mous
<b>(Week 1)</b> Beef and Barley Soup Chicken Fingers or Chef's Alternate Fries Garden Salad Fruit Based Dessert	Chicken Noodle Soup S&S baked Farmer Sausage or Chef's Alternate Rice Green Beans Tapioca Pudding	Hearty Vegetable Soup Chicken Cacciatore or Chef's Alternate Noodles Salad Chocolate Cream Pie	Cream of Celery BBQ Rib or Chef's Alternate Mashed Potato Carrots Apple Cinnamon Coffee Cake	<b>Happy Valentine's Day</b> Zuppa Toscana Lasagna or Chef's Alternate Caesar Salad Garlic Bread Chocolate Cake	Garden Vegetable Soup Chicken Pot Pie or Chef's Alternate Cucumber and Tomato Slices Fruit Platz	Roast Beef or Chef's Alternate Mashed Potatoes Coleslaw Rice Pudding
<b>Louis Riel Day</b> <b>(Week 2)</b> Beet Borscht Soup Perogies or Chef's Alternate Farmer Sausage Carrots Cream Gravy Canned Peaches	Hearty Manitoba Vegetable Soup Meat Loaf or Chef's Alternate Mashed Potato Broccoli Salad Cinnamon Roll Cake	Roast Beef or Chef's Alternate Oven Baked Potatoes Mixed Vegetables Apple Crisp	Butternut Squash Soup Chicken Taco Bake or Chef's Alternate Noodles Cucumber Salad Fruit	Minestrone Soup Ham or Chef's Alternate Kielce with Fried Onions & Schmaunt Phat Coleslaw Frozen Yogurt	Chef Soup Egg Salad Sandwich or Chef's Alternate Cheese Chips/Pickles Fruit Based DESSERT	Baked Ham or Chef's Alternate Pineapple Sauce Scalloped Potatoes Kernel Corn Plumi Mous
<b>(Week 3)</b> Summa Borscht Soup Country Style Chicken or Chef's Alternate Mac N' Cheese Savory Green and Wax beans Ice Cream Sundae	Vegetable Soup Spaghetti with Meat Balls or Chef's Alternate Caesar Salad Garlic Bread Custard Bread Pudding	Chicken Noodle Soup Baked Farmer Sausage or Chef's Alternate Fried Potatoes Vegetable au Gratin Banana Cream Pie	Corn Chowder with Bacon Fish Fry or Chef's Alternate Potato Wedge Three Bean Salad Ambrosia Salad	Green Bean Soup Farmer Sausage or Chef's Alternate Perogies Pickled Beets Schmaunt Phat Trifle	<b>MENU IS SUBJECT TO CHANGE</b> Nutrition and Food Services Department: 204-326-2285/ 204-346-5013	

**NOTE: Sandwiches are available on daily basis as alternate option aside from Chef's alternate.**