

WOODHAVEN NEWSLETTER

January 2025



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I HOPE THIS NEW YEAR BRINGS YOU...

Courage to try again

Passion for doing what you love

Ambition to aim higher

Resilience in overcoming obstacles

Humility to learn from others

Kindness for yourself and others



✧
Happy
New Year

2025

Dear Woodhaven Tenants,
Thank you for another wonderful year!
We are wishing you a New Year as bright
and sunny as your smiles, as gentle as your
wisdom, and as joyful as your presence in our lives.
Happy New Year, dear ones! We love you so much!
With love from, Helen & Alison 💛



Please note that the
Admin and Finance
offices will be closed
on **Wednesday,**
January 1st.

NEW LOCATION

NEW!

FOR EXERCISE!



Beginning on **Wednesday January 1st**, **ALL** exercise classes will be moved down to the basement MPR. This is so that we can keep all of the chairs permanently set up, and so that we can keep all of the dumbbells in one place instead of carrying them up and down! I realize that not everybody enjoys being in the basement due to the lack of windows, but its only for 30 minutes per day so hopefully you can make it work! **Exercise classes will still remain the same: regular DVD on Mondays/Wednesdays, advanced DVD Tuesdays/Thursdays, and exercises with Helen on Fridays!**



'Tis the season...to put everything away for the end of the holidays! On **Wednesday January 8th**, I will be packing up all of the Christmas trees and decorations throughout the building all day. If you are able to lend a hand at all, it would be greatly appreciated! I will leave totes on each floor for the tree ornaments to go into, and the boxes for the Christmas trees. Thanks in advance!



The third floor tenants recently participated in a by-election, as their Tenant Council Representative has now moved out of Woodhaven. By majority vote, Peggy Friesen #313 was elected as the new third floor Tenant Council Representative for a 2 year term.

Congratulations, Peggy!



Come for pie & coffee at 3:00pm on Friday, January 31st. \$3 per person, you must sign up to be included!



Due to the New Year's Day holiday, the **Bookmobile** will not be here on January 2nd. They will be here on **Thursday, January 9th** instead. The regular schedule will resume in February.



They say laughter is the best medicine! Kick the winter blues and come and play Mad Libs with us on Friday, January 17th at 2:30.

HA HA HA!



Sign up for movie matinee on **Monday, January 20th**. We will be watching "**The Swimmers**". The movie features the real life story of teenage Syrian refugees Yusra Mardini and her sister Sarah Mardini, who swam alongside a sinking dinghy of refugees to lighten it, and eventually help 18 refugees reach safety across the Aegean Sea. Subsequent struggles as refugees are vividly depicted, but Yusra Mardini's swimming career sees her reach the Rio 2016 Olympics as a member of the Refugee Olympic Team. Warning: the film does contain some sensitive issues and scenes of violence.

Please note that there is no bake sale this month. The Barkmans will be back again in February.



The Social Committee is providing a special Faspa on **Wednesday, January 8th!** New Year's cookies and coffee/tea! **\$4 per person, you must sign up to be included.** Please bring your own mug.



Photo Directory.



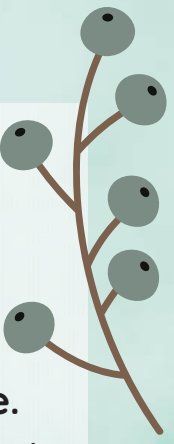
Final call! Please see Helen during office hours if you would like to update or add your photo to the directory! The new directory pages will be in your mailboxes in January! **Please also let Helen know if there are any changes to your phone number for the phone list.**



Prairie Rose Youth Group will be here to sing for you again at **7:30pm** on **Monday, January 13th.**



From the Chaplain's Desk



“Is there a piece missing?”

“Where does this one go?”

“Almost done—just a few left!”

These are just a few of the comments we hear around the puzzle table. Interestingly, each piece of the puzzle has only one spot where it fits but each piece contributes to “the big picture”.

While the completed puzzles may lie there a few days, the boxes they were dumped out of soon become full again and ready for another round. If they could, I’m sure each of the puzzles could tell many stories that they have heard.

As we start another year and leave one behind, does our life sometime feel like a puzzle? Did our box get dumped out this year? Or just when we thought we were making progress and the picture was coming together did we get scooped back into the box and had to start over? Have we wondered, “How does this piece fit into my life?”

Albert Brumley wrote the words to the song,
Some glad morning when this life is over, I’ll fly away.
To a home on God’s celestial shore, I’ll fly away.

Perhaps it will take until we “fly away” before we will really be able to appreciate the beauty of what the Lord has been working in us all along. Maybe the most difficult times of our lives will produce the most vivid colors in “the big picture” of our lives.

“O Lord, thou hast searched me, and known me.” Psalm 139:1

Let’s enter the New Year with confidence knowing the Lord will continue to lead us,

Peter Berg, Chaplain





WORD SEARCH

| | |
|-------------------------------------|-------------|
| C F W E G I C I C L E L A W X N R A | BOOTS |
| L R S C E T A R B E L E C S C A R F | CELEBRATE |
| C O B S M C Y Y D R C C Q R E M M R | CHILLY |
| C S R R G W I I E J K L A Y H W H O | COLD |
| T T A A C I R G O O F R W D L O C Z | EARMUFFS |
| V Y R A U N A J N W A E K X T N A E | FREEZE |
| B O B T E T S P M R N N E C B S Y N | FROSTY |
| O T R S L E D D I N G N O F I N K E | FROZEN |
| O E M A I R T E Y P R C X J O O F Y | GLOVES |
| T G L O V E S G G W O F D R E W M P | HAT |
| S W X H G I P B N A R E H E N F L E | HOT COCOA |
| G R E K L A F X S N O W B A L L S C | ICE |
| D J T E D R K A O S F F U M R A E S | ICICLE |
| Y D R C E Q R S U M I C E L C K R R | JANUARY |
| I E J E L A S N O I T U L O S E R G | NEW YEAR |
| H E Z C I R R O Q L I E J K L A N H | RESOLUTIONS |
| E E I U D S T W A A C A S G O I F R | SCARF |
| I T Y R E P P I L S W T A P I Q J N | SKIING |
| W A E K X V E N C S G E L K B T E R | SLEDDING |
| C H I L L Y E G B O Y K S N O O T R | SLIPPERY |
| | SNOWBALL |
| | SNOWFLAKE |
| | SNOWING |
| | SNOWMAN |
| | WINTER |