## **REST HAVEN SUPPER MENU**

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|---|---|--|---|---|--|---|
| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY   | SUNDAY  |
| JANUARY<br>2025   |   | (Week 5) Honey Garlic Chicken or Chef's Alternate Rice Roasted Broccoli Fruit Based Dessert  | Pork Sausages<br>or Chef's Alternate<br>Potatoes O' Brien<br>Buttered Peas<br>Carrot Cake             | Cabbage Rolls<br>or Chef's Alternate<br>Mashed Potatoes<br>Mixed Vegetables<br>Apple Crisp                    | Spaghetti & Meat<br>Sauce<br>or Chef's Alternate<br>Garlic Bread<br>Lettuce Salad<br>Tart              | Chicken Noodle Soup Cottage Cheese Fresh Bread Potato Salad Cold Cuts/Pickles or Chef's Alternate Coconut Cream Pie             |
| (Week 1) Garlic Sausage or Chef's Alternate Hashbrown Casserole Mixed Vegetables Chocolate Cookies                  | 7 Beef Stew or Chef's Alternate Cheese Biscuits Mandarin Segments   | Breaded Mustard Veal Cutlets or Chef's Alternate Mashed Potatoes Beef Gravy Steamed Broccoli Oatmeal Chocolate Chip Cookies With Red Lentils | 9<br>Chicken with Alfredo Sauce<br>Noodles<br>or Chef's Alternate<br>Peas<br>Biscuits<br>Fruit        | Baked Fish Fillet or Chef's Alternate Lemon Slice Lyonnaise Potatoes Cauliflower/Carrots Butterscotch Pudding | Breaded Pork Cutlets or<br>Chef's Alternate<br>Noodles and Sauce<br>Mixed Vegetables<br>Chef's Dessert | Summa Borscht Cold Cuts or Chef's Alternate Bread/ Pickles Macaroni Salad Cottage Cheese Blueberry Cheesecake                   |
| (Week 2) Roasted Chicken or Chef's Alternate Chicken Gravy French Fries Oriental Mixed Veg. Iced White Cookies      | Pork and Apple Cakes<br>or Chef's Alternate<br>Rice (Whole Grain)<br>Apple Cinnamon Sauce<br>Peas<br>Ice Cream Sundae | Baked Porkchops or Chef's Alternate Gravy Mashed Potato Gravy Corn Tapioca Pudding   | Fish Sticks or Chef's Alternate Fried Potatoes Tartar Sauce Herbed Green Beans/ Peppers Trifle        | 17<br>Chicken Teriyaki<br>or Chef's Alternate<br>Steamed Rice<br>Stir Fry Vegeatables<br>Mandarin Oranges     | Veal Parmigiana<br>or Chef's Alternate<br>Pasta<br>Marinara Sauce<br>Peas<br>Fruit Platz               | Farmer Sausage Noodle Soup Cold Cuts or Chef's Alternate Buns Carrot Salad Cream Pie  |
| (Week 3) Lemon Fish or Chef's Alternate Potatoes Peas & Carrots Pineapple Upside Down Cake                          | Mushroom Baked Pork Chops or Chef's Alternate Mushroom Gravy Lyonnaise Potatoes Sauteed Mixed Veg Cupcake             | Sweet & Sour Diced Beef<br>or Chef's Alternate<br>S&S Sauce<br>Steamed Rice<br>Broccoli<br>Fruit   | Homemade Chicken Pot<br>Pie<br>or Chef's Alternate<br>Mandarin Lettuce Salad<br>Peanut Butter Brownie | Lemon Butter Chicken<br>or Chef's Alternate<br>Mashed Potatoes<br>Carrots<br>Hot Fudge Pudding Cake           | Sweet and Sour<br>Chicken Balls<br>or Chef's Alternate<br>Fried Rice<br>Broccoli<br>Fruit Jello        | Vegetable Beef and Rice<br>Soup<br>Potato Salad<br>Brown Bread/Garnish<br>Cold Cuts/Pickles<br>or Chef's Alternate<br>Apple Pie |
| (Week 4) Savory Meat Loaf or Chef's Alternate Whipped Potatoes Gravy California Mixed Vegetable Jellied Fruit Salad | BBQ Pork Ribs<br>or Chef's Alternate<br>Gravy<br>Potato Wedge<br>Green Beans<br>Lemon Tarts                           | Hamburger Steak or Chef's Alternate Mashed Potatoes Beef Gravy Roasted Zucchini Fried Onions Fruit   | 30 Garlic Sausage or Chef's Alternate Macaroni and Cheese Peas Chocolate Pudding                      | Baked Chicken or Chef's Alternate Mashed Potatoes Gravy Southwest Vegetables Cream Puffs                      | MENU IS SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285/204-346-5013            |   |