

January 2025

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Happy New Year! Wishing you joy, peace, health and happiness for 2025! Please be sure to sign up if you are planning to attend any of the highlighted programs!

9:30 EXERCISE 1
2025 Happy New Year
 NEW YEAR'S DAY - OFFICE CLOSED

9:00 ADVANCED EXERCISE DVD 2
 9:30 COFFEE & CONNECT
 2:00 BLANKETS FOR UKR
 2:30 RUMMIKUB

9:30 EXERCISE WITH HELEN 3
 2:30 L-C-R GAME



9:30 WORSHIP SERVICE WITH: STEINBACH CMC 5

9:30 EXERCISE 6
 2:30 BINGO

9:00 ADVANCED EXERCISE DVD 7
 9:30 COFFEE & CONNECT
 2:30 CROKINOLE

9:30 EXERCISE 8
2:30 SPECIAL FASPA: NEW YEAR'S COOKIES
 ALL DAY: CHRISTMAS PACK UP ON ALL FLOORS

9:00 ADVANCED EXERCISE DVD 9
 9:30 COFFEE & CONNECT
 2:00 BOOKMOBILE
 2:00 BLANKETS FOR UKR

9:30 EXERCISE WITH HELEN 10
 2:30 HORSE RACING GAME



9:30 WORSHIP SERVICE WITH: SOMMERFELD MENNONITE 12

9:30 EXERCISE 13
 2:30 SPOONS GAME
 7:30 PRAIRIE ROSE YOUTH GROUP

9:00 ADVANCED EXERCISE DVD 14
 9:30 COFFEE & CONNECT
 2:30 5 CARD BINGO

9:30 EXERCISE 15
 2:30 BOARD GAMES IN THE MAIN LOUNGE

9:00 ADVANCED EXERCISE DVD 16
9:30 MEN'S BREAKFAST
 2:00 BLANKETS FOR UKR
 2:30 SKIP-BO

9:30 EXERCISE WITH HELEN 17
 2:30 MAD LIBS
 6:30 NEUFELD GROUP



9:30 WORSHIP SERVICE WITH: EMMANUEL FREE 19

9:30 EXERCISE 20
2:30 MOVIE MATINEE
 MOVIE: THE SWIMMERS

9:00 ADVANCED EXERCISE DVD 21
9:30 LADIES' BREAKFAST
 2:30 SEQUENCE

9:30 EXERCISE 22
 2:30 RACKO
 7:00 SOMMERFELD YOUTH GROUP

9:00 ADVANCED EXERCISE DVD 23
 9:30 COFFEE & CONNECT
 2:30 SCRABBLE
 6:30 SING-ALONG AT RH

9:30 EXERCISE WITH HELEN 24
 2:30 MEN'S BILLIARDS
 2:30 NAIL PAINTING



9:30 WORSHIP SERVICE WITH: GRACE MENNONITE 26

9:30 EXERCISE 27
2:30 BIRTHDAY PARTY

9:00 ADVANCED EXERCISE DVD 28
 9:30 COFFEE & CONNECT
 2:30 WHEEL OF FORTUNE

9:30 EXERCISE 29
 2:30 QWIRKLE

9:00 ADVANCED EXERCISE DVD 30
 9:30 COFFEE & CONNECT
 2:00 BLANKETS FOR UKR
 2:30 SPOONS GAME

9:30 EXERCISE WITH HELEN 31
3:00 PIE & COFFEE

