

REST HAVEN SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 <h2 style="font-size: 2em; margin: 0;">DECEMBER 2024</h2>						(Week 5) Chicken Noodle Soup Cottage Cheese Fresh Bread Potato Salad Cold Cuts/Pickles or Chef's Alternate Coconut Cream Pie
(Week 1) 2 Garlic Sausage or Chef's Alternate Hashbrown Casserole Mixed Vegetables Peach PlatZ	3 Beef Stew or Chef's Alternate Cheese Biscuits Mandarin Segments	4 Breaded Mustard Veal Cutlets or Chef's Alternate Mashed Potatoes Beef Gravy Steamed Broccoli Oatmeal Chocolate Chip Cookies With Red Lentils	5 Chicken with Alfredo Sauce Noodles or Chef's Alternate Peas Biscuits Fruit	6 Baked Fish Fillet or Chef's Alternate Lemon Slice Lyonnaise Potatoes Cauliflower/Carrots Butterscotch Pudding	7 Breaded Pork Cutlets or Chef's Alternate Noodles and Sauce Mixed Vegetables Chef's Dessert	8 Summa Borscht Cold Cuts or Chef's Alternate Bread/ Pickles Macaroni Salad Cottage Cheese Blueberry Cheesecake
(Week 2) 9 Roasted Chicken or Chef's Alternate Chicken Gravy French Fries Oriental Mixed Veg. Iced White Cookies	10 Pork and Apple Cakes or Chef's Alternate Rice (Whole Grain) Apple Cinnamon Sauce Peas Ice Cream Sundae	11 Baked Porkchops or Chef's Alternate Gravy Mashed Potato Gravy Corn Tapioca Pudding	12 Fish Sticks or Chef's Alternate Fried Potatoes Tartar Sauce Herbed Green Beans/ Peppers Trifle	13 Chicken Teriyaki or Chef's Alternate Steamed Rice Stir Fry Vegetables Mandarin Oranges	14 Veal Parmigiana or Chef's Alternate Pasta Marinara Sauce Peas Fruit PlatZ	15 Farmer Sausage Noodle Soup Cold Cuts or Chef's Alternate Buns Carrot Salad Cream Pie
(Week 3) 16 Lemon Fish or Chef's Alternate Potatoes Peas & Carrots Pineapple Upside Down Cake	17 Mushroom Baked Pork Chops or Chef's Alternate Mushroom Gravy Lyonnaise Potatoes Sauteed Mixed Veg Cupcake	18 Sweet & Sour Diced Beef or Chef's Alternate S&S Sauce Steamed Rice Broccoli Fruit	19 Homemade Chicken Pot Pie or Chef's Alternate Mandarin Lettuce Salad Peanut Butter Brownie	20 Lemon Butter Chicken or Chef's Alternate Mashed Potatoes Carrots Hot Fudge Pudding Cake	21 Sweet and Sour Chicken Balls or Chef's Alternate Fried Rice Broccoli Fruit Jello	22 Vegetable Beef and Rice Soup Potato Salad Brown Bread/Garnish Cold Cuts/Pickles or Chef's Alternate Apple Pie
(Week 4) 23 Savory Meat Loaf or Chef's Alternate Whipped Potatoes Gravy California Mixed Vegetable Jellied Fruit Salad	24 BBQ Pork Ribs or Chef's Alternate Gravy Potato Wedge Green Beans Lemon Tarts	25 Heary Vegetable Soup Egg Sandwich or Chef's Alternate Fruit	26 Garlic Sausage or Chef's Alternate Macaroni and Cheese Peas Chocolate Pudding	27 Baked Chicken or Chef's Alternate Mashed Potatoes Gravy Southwest Vegetables Cream Puffs	28 Swedish Meatballs or Chef's Alternate Seasoned Noodle Mushroom Gravy Waxed Bean/Peppers Butter Tart	29 Butternut Squash Soup Brown Bread Cold Cuts or Chef's Alternate Cottage Cheese Pea Salad Rhubarb Strawberry Pie
(Week 5) 30 Breaded Pork Cutlets or Chef's Alternate Potato Wedge Gravy Coleslaw Nanaimo Bar	31 Omelet or Chef's Alternate Garlic Toast Salad Fruit Based Dessert	MENU IS SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285/204-346-5013				