Rest Haven News & Notes

Issue December 2024

December Highlights



Tree of Angels Memorial Service December 11th



December 13th, 19th 7am-2pm



Christmas Light Tour

Photos with Santa Family welcome to join December 13th 9am-Noon



Check your calendar!



Shopping Trip

Should you wish to be added or removed from the newsletter contact list please contact Rsquires@havengroup.ca



Household Extension <u>Numbers</u>

<u>1st Floor</u> Lakeview 7465 Still Waters 7466 Golden Creek 7340 Woodlands 7341

2nd Floor Water's Edge 7346 Autumn Glory 7347 Daisy Lane 7348 Prairie Post 7349

<u>3rd Floor</u> Prairie Sky 7355 Sunset Way 7356 Homestead Ridge 7357 Freedom Meadows 7356



For Donations, to HavenGroup please scan the code provided.



We will be having PERKS at Rest Haven on December 13, 19th and January 9th they will be set up in the Atrium. Come check it out! Atrium.

Two ways to have PERK ready for purchase without needing cash:

Purchase a Gift Card and pick it up on our first day there! This can be done by calling, texting or emailing us and we will set it all up.

Or, you can create an account with us and load your credit card on it, and the person using it would just give their name or phone number associated with the account.

If a \$50 Pre-load on an account or gift card purchase is done, we are offering 10 PERK points onto the account, which equals a FREE drink!

S-12oz	M-16oz	E X T R A E S P R E S S O
4.45	4.90	2.7
4.45	4.90	DECAF OPTION ANY SIZE/DRINK
4.00	4.45	0.50
3.50		DAIRY
4.90	5.35	ALTERNATIVES ANY SIZE/DRINK
4.90	5.35	1.00
5.35	5.80	EXTRA FLAVOUR 1 OUNCE
4.90	5.35	0.75
A 5.35	5.80	EXTRA SAUCE
5.35	5.80	1 PUMP
5.35	5.80	
4.90	5.35	FLAVOUR SHOTS (10Z) INCLUDED IN PRICE
	4.45 4.45 4.00 3.50 4.90 4.90 5.35 4.90 5.35 5.35 5.35	4.45 4.90 4.45 4.90 4.00 4.45 3.50 - 4.90 5.35 4.90 5.35 5.35 5.80 4.90 5.35 5.35 5.80 5.35 5.80 5.35 5.80 5.35 5.80 5.35 5.80

TAXES EXTRA



CO	L	D

S-12oz M-16oz

ICED LATTE/CHAI LATTE	4.90	5.35
ICED CARAMEL MACHIATTO	5.35	5.80
ICED AMERICANO	4.90	5.35
ICED MOCHA	5.80	6.25
ICED WHITE CARAMEL CREAM LATTE	5.80	6.25
ICED LONDON FOG	4.90	5.35
ICED WHITE CHAI	5.35	5.80
ICED DIRTY CHAI	5.80	6.25
COLD BREW	4.90	5.35
SWEET CREAM COLD BREW	5.35	5.80



Silver bells, silver bells It's Christmas time in the city Ring-a-ling, Hear them ring Soon it will be Christmas day... but until then, we have a lot to do! The lights are up and the trees are lit as we enter into the solemn splendorof the season.



There's Christmas shopping to Walmart on December 5th and 13th, in the afternoon. Put your name in with Sam or Leanne in Recreation, as seating is limited and spots fill up fast.

We are blessed to have numerous groups coming in to sing with us throughout the month, as well as Christmas baking, so it's going to look, feel, sound and smell like Christmas!

Pictures with Santa are taking place on Friday, December 13, 9-12:00 in our atrium, and he is returning to visit on December 19th to go to the homes to make sure everyone has a visit.

Christmas lights tours around Steinbach.

We've booked the bus and we're ready to roll! Cruising over three nights, December 17th,18th & 19th, we will be riding around our beautiful city, checking out the Christmas lights, singing Christmas carols at the top of our lungs. It's a non-stop tour from 5:45 - 7pm. Seating is also limited, so get your name in early to the Recreation Dept.

On Christmas Eve, December 24th, we will have a Candlelit Service in our chapel, starting at 10:30 am. Please join us for songs, poems and Scripture readings to commemorate the season.

So as the busyness of this month begins, take a moment to enjoy a cup of coffee, share a story or just take a moment to enjoy the beauty of the season.

Let's make this a December to remember, as we usher in 2025.

On behalf of all of us at Rest Haven Care Home, we want to wish you a very Merry Christmas and a safe and healthy New Year.

HAPPY BIRTHDAY

Please join us in celebrating with our December birthday's:

Norma Kehler Edna Baker Catherine Thiessen Ken Bond Hanna Giesbrecht Laurinda Krause Harry Falk Mary Giesbrecht Colette Leveque

Our November Birthday is scheduled for **Tuesday**, **December 10th @ 2:30 pm** in the **MPR** room. It is **invite-only**, so check your inboxes and voicemails, as we ask our friends to bring only one family member each to enjoy some cake, coffee and fellowship.

We'd like to take this opportunity to welcome our new friends into our home:

Brian Terrick Anne Enns John Friesen Helen Wiebe Michael Stewart Mary Giesbrecht Olga Usher

We hope you enjoy many years and make many lasting memories over the years to come.

Leanne Silvers Therapeutic Recreation Facilitator, Daily Life Team Member

























Christmas and memories—how can we separate them?

As Christmas approaches, we recall memories of children, of friends, of family, and of loved ones.

As Christmas approaches, we recall memories of hugs, of laughter, of visits, and of things done together.

As Christmas approaches, we recall memories of caroling, of concerts, of gifts, and of Christmas baking.

As Christmas approaches, we recall the reason behind it all, the birth of Jesus Christ.

"For unto you is born this day in the city of David a Savior, which is Christ the Lord. And this shall be a sign unto you; Ye shall find the babe wrapped in swaddling clothes, lying in a manger." Luke 2:11, 12

Among the memories of this past year are memories of loved ones no longer with us, loved ones that we miss. The room seems quiet where their voice was once heard, and the table seems empty where they once sat. Christmas isn't the same without them.

This month we want to honor the memory of some Rest Haven residents who recently passed away. We would like to extend condolences to the families of Minnie Reimer and of Sadie Poetker.

As we approach the end of another year, we'd like to honor the memories of all those who passed away this year, through a special end-of-year memorial we've entitled The Tree of Angels Memorial, planned for December 11 at 6:30. All are invited, especially family and friends of those who have passed away.

May God bless you this Christmas season!

Peter Berg, Chaplain





Warm greetings from Rest Haven Care Home!

As the holiday season fast approaches, we have the privilege of once again extending warmth, comfort, and hope to those residing in Rest Haven Care Home, as well as friends/family who visit their love ones over the holidays. The residents and staff at Rest Haven invite families and friends to be a part of our new tradition of "**Light Up the Night Christmas Campaign.**" Your donation will provide funding to enhance Christmas décor, both inside and outside of the facility. Your continued support plays a pivotal role in making this possible. Help us light up Rest Haven!

Ways you can support this event is to:

- Sponsor a tree/decorations/nativity scene in memory of a loved one who has passed;
- Sponsor a tree in the name of your parent, child, grandchild, or family.
 (e.g. "This tree is sponsored by the ***** family.")

Sponsor Level Ornament Recognition:

As a sponsor you will receive the following:

- 1. Your name, loved one's name, or a general message of hope, placed on an ornament in the Clearview Common,
- Blue Ornament donation of \$25 \$99;
- Silver Ornament donation of \$100 \$199;
- Gold Ornament donation of \$200 \$499; OR
- 2. Signage with your name, loved one's name, or a general message of hope.
 - A donation of \$500 and up;

3. A charitable donation receipt will be issued for all of the above donations. Cheques can be addressed to The HavenGroup Foundation.

Donations can be dropped off at the Welcome Centre. Thank you.





Social Work Corner

Valuables & Personal Belongings

Rest Haven is not responsible for lost, stolen or damaged resident valuables or personal belongings. We recommend that you do not bring valuable or irreplaceable personal belongings with you however we recognize that sometimes this can not be avoided. In these situations, it is recommended that you consult with your insurance provider regarding coverage.

Residents are responsible for the safekeeping of their personal belongings. We recommend that you clearly label all necessary belongings such as eyeglasses, hearing aids and dental appliances. In certain situations, clothing items, blankets, mattress covers and other miscellaneous items may end up down in our main laundry due to soiling. If you are concerned about these being returned to you, please assure that they are labeled. Rest Haven does not provide labelling services.

When personal items of a resident's are soiled and need to be sent down to our main laundry. Staff bag all the items together and label the bag prior to sending to laundry. Staff are also reminded to check resident pockets prior to loading machines. Staff do their best when handling resident belongings.

Please understand that accidents do happen.

We further recommend that residents do not keep in their possession cash, cheques or credit cards.

Cell Phones & Other Electronic Devices



The use of cellular phones and other wireless devices are permitted at Rest Haven, staff are not responsible for maintenance or repairs to any electronic devices, Mobility Equipment Wheelchairs require regular upkeep and occasional repairs to function optimally. Rest Haven is not responsible for conducting routine inspections, regular maintenance and/or repairs. It is recommended that you consult with the supplier regarding costs and coverage on servicing of your equipment. A well-maintained wheelchair not only enhances user comfort but also minimizes the risk of accidents and injury.

Aids for Daily Living

Residents are responsible for the purchase of open back clothing and adaptive devices. Rest Haven does not provide altering services for clothing or specialized items for feeding.

SUNDAY	1 (Week 5) Roast Pork with Gravy or Chefs Altemate Boiled Potatoes Green Beans Fruitcocktail Mous	Roast Beef or Chef's Alternate Mashed Potstoes Coleslaw Rice Pudding	15 Baked Ham or Chefs Alternate Pineapple Sauce Scalloped Potatoes Kernel Com Plumi Mous	22 Honey Mustard Chicken or Chefs Alternate Rice Pila f Salad Coconut Cream Pie	29 Shake & Bake Chicken or Chefs Alternate Mashed Potatbes Cooked Turnips and Carrots Blueberry Mous	
SATURDAY	Nutrition and Food Services Department: 204-326-2285/ 204-346-5013	7 Garden Vegetable Soup Chicken Pot Pie or Chefs Alterna te Ou cumber and Tomato Slices Fruit Platz	14 Chef Soup Egg Salad Sandwich or Chefs Atternate Chese Chips/Pickles Orange Fluff Salad	21 Chefs Soup Chefs Altemate Chefs Salad Toast Chefs Dessert	28 Vegetable Soup Ham & Cheese Sandwich or Chefs Atternate Pickles Fruit Cobbler	
	MENU IS SUBJECT TO C Nutrition and Food S Department: 204-326-2285/ 204-346-5013	Ghefs Soup La sagna or Che fs Allermate Caesar Salad Garrio Bread Chocolate Cake	13 Minestrone Soup Ham or Chefs Alternate Kielke with Fried Onions & Schmaunt Phat Coleslaw Frozen Yogurt	20 Green Bean Soup Farmer Sausage or Chefs Attemate Perogies Pickled Beets Schmaunt Phat Trifie	27 Roast Beef or Chefs Altemate Oven Baked Potabes Sour Cream/Chives Mixed Veg Zucchini Brownie	
REST HAVEN LUNCH MENU		5 Cream of Celery BBQ Rib or Chef's Alternate Mashed Potato Carrots Cinnamon Coffee Cake	12 Buttemut Squash Soup Chicken T aco Bake or Chef's Alternate Noodles Cucumber Salad Fruit	19 Com Chowder with Bacon Fish Fry or Chefs Altemate Potato Wedge Potato Wedge Three Bean Salad Ambrosia Salad	26 Broccoli Soup Hamburger or Chefs Alternate French Fries Colesia w Frozen Sherbet	
REST	rber	4 Hearty Vegetable Soup Chicken Caccia tore or Chef's Alterna te Noodles Salad Chocolate Cream Pie	11 Roast Beef or Chefs Atternate Oven Baked Potatoes Mixed Vegetables Apple Crisp	18 Chicken Noodle Soup Baked Farmer Sausage or Chefs Atternate Fried Potabes Vegetable au Gratin Banana Cream Ple	25 Mcry Christons Turkey/Stuffing or Chefs Atternate Cranberry Sauce Cabbage Rolls Peas and Carrot Fruit Cake	
TUE \$DAY	Mecen 2024	3 Chicken Noodle Soup S&S baked Farmer Sausage or Che fs Altermate Rice Green Beans Tapioca Pudding	10 Hearty Manitoba Vegetable Soup Meat Loaf or Chef's Atternate Mashed Potato Broccoli Salad Cinnamon Roll Cake	17 Vegetable Soup Spaghetti with Meat Balls or Chef's Atternate Caesar Salad Gartic Bread Custard Bread Pudding	24 Lentil Vegetable with Parmesan Soup Shepherd's Pie or Chef's Atternate Green Salad Lava Cake	31 Hearty Italian Soup Kielke with Fried Onions & Schmaunt Phat Ham or Chef's Atternate Veg Salad Muffin Bran
MONDAY		2 (Week 1) Beef and Barley Soup Chicken Fingers or Chef's Aller nate Fries Garden Salad Fruit Based Dessert	9 (Week 2) Beet Borscht Soup Perogies or Chef's Attemate Famer Sausage Carrots Cream Gravy Canned Peaches	16 (Week 3) Summa Borscht Soup Country Style Chicken or Chef's Alternate Mac N' Cheese Mac N' Cheese Savory Green and Wax beans loe Cream Sundae	23 (Week 4) Beet Borscht Baked Ham Pineapple Sauce Scalloped Potatoes Kemel Com Blueberry Lentil Muffin	30 (Week 5) Sauekraut Borscht Meat Loaf or Chefs Altemate Mashed Potatoes California Mixed Veg Date Square

SUNDAY	1 (Week 5) Chicken Noodle Soup Cottage Cheese Fresh Bread Potato Salad Cold Cuts/Pickles or Chefs Atternate Coconut Cream Pie	8 Summa Borscht Cold Cuts or Chef's Atternate Bread/ Pickles M acaroni Salad Cottage Cheese Blueberry Cheesecake	15 Famer Sausage Noodle Soup Cold Cuts or Chefs Altemate Buns Carrot Salad Cream Pie	22 Vegetable Beef and Rice Soup Potato Salad Brown Bread/Gamish Cold Cuts/Pickles or Chefs Alternate Apple Pie	29 Butternut Squash Soup Brown Bread Cold Cuts or Chefs Altemate Cottage Cheese Pea Salad Rhubarb Strawberry Pie	
\$A TURDAY		7 Breaded Pork Cuttets or Chefs Alternate Noodles and Sauce Mixed Vegetables Chefs Dessert	14 Veal Parmigiana or Chef's Alternate Pasta Marinara Sauce Peas Fruit Platz	21 Sweet and Sour Chicken Balls or Chef's Alternate Fred Rice Broccooli Fruit Jello	28 Swedish Meatballs or Chef's Alternate Seasoned Noodle Mushroom Gravy Waxed Bean/Peppers Butter Tart	
MENU		6 Baked Fish Fillet or Chefs Attermate Lemon Slice Lyonnaise Potatoes Cauli flower/Carrots Butterscotch Pudding	13 Chicken Teriyaki or Chef's Atternate Steamed Rice Stir Fry Vegeatables Mandarin Oranges	20 Lemon Butter Chicken or Chefs Atternate Mashed Potatoes Carmts Hot Fudge Pudding Cake	27 Baked Chicken or Chef's Atternate Mashed Potatoes Gravy Southwest Vegetables Cream Puffs	
REST HAVEN SUPPER MENU		5 Chicken with Alfedo Sauce Noodles or Chefs Altermate Peas Biscuits Fruit	12 Fish Sticks or Chef's Altemate Fried Potatoes Tartar Sauce Herbed Green Beans/ Peppers Trifte	19 Homemade Chicken Pot Pie or Chef's Altemate Mandarin Lettuce Salad Peanut Butter Brownie	26 Garlic Sausage or Chefs Altemate Macaroni and Cheese Peas Chocolate Pudding	MENU IS SUBJECT TO CHANGE Autrition and Food Services Department: 204-326-2285/204-346-5013
REST	ER 2024	4 Breaded Mustard Veal Cutlets or Chef's Alternate Mashed Potabes Beef Gravy Steamed Brocoolis Oatmeal Chooola E Chip Cookies With Red Lentils	11 Baked Porkchops or Chefs Alternate Gravy Gravy Corn Tapioca Pudding	18 Sweet & Sour Diced Beef or Chefs Altemate S&S Sauce Steamed Rice Broccofi Fruit	AS Heary Vegetable Soup Egg Sandwich or Chefs Alternate Fruit	MENU IS S CHA Nutrition and Depar 204-326-2285
TUESDAY	DECEMBER	3 Beef Stew or Chefs Atternate Cheese Biscuits Mandarin Segments	10 Pork and Apple Cakes or Chefs Atternate Rice (Whole Grain) Apple Cinnamon Sauce Peas Ice Cream Sundae	17 Mushroom Baked Pork Chops or Chefs Atternate Mushroom Gravy Lyonnaise Potabes Sauteed Mixed Veg Cupcake	24 BBQ Pork Ribs or Chefs Atternate Gravy Potato Wedge Green Beans Lemon Tarts	31 Omelet or Chefs Atternate Garlic Toast Salad Fruit Based Dessert
MONDAY		2 (Week 1) Garlio Sausage or Che fs Alterna te Hashbrown Casserole Mioed V egetables Peach Platz	9 (Week 2) Roasted Chicken or Chef's Attemate Chicken Gravy French Fries Oriental Mixed Veg. Iced White Cookies	16 (Week 3) Lemon Fish or Chef's Altemate Potatoes Peas & Carrots Pineapple U pside Down Cake	23 (Week 4) Savory Meat Loaf or Chefs Atternate Whipped Potatoes Gravy Cali fomia Mixed Vegetable Jellied Fruit Salad	30 (Week 5) Breaded Pork Cutlets or Chef's Altemate Potato Wedge Gravy Colesia w Nanaimo Bar

Saturday	2	14 10:30 Singing LV 3:00 Lori's Music Studio 6:00 God's Grace Singing German	21	28 10:30 Fun Fitness LV 6:00 Peaceful Harbour	1st Floor
he Friday	6 8:30 In Memory of 10:00 Men's Coffee 10:30 Bowling WL 2:00 Bingo 3:30 Christmas Caroling	9:00-12:00 Pictures with 13 Santa in Atrium 10:00 Men's Coffee 2:00 Bingo 6:30 Christmas Piano Recital Special Event: Shopping	20 9:30 Ladies Bible Study 10:00 Men's Coffee 10:30 Southwood Students 2:00 Bingo		Daily 1:1 Visits Manicures: Wednesday's 1-4pm Ladies Bible Study- ST Chapel- Red
Ven Care Home cember 2024 Wednesday Thursday	5 10:30 Chapel	12 10:30 Singing & Chapel 1:30 Christmas Angels Caroling 6:45 Steinbach EMC	19 11:00 Landmark Caroling 3:00 Santa (South Side) 3:45 Santa (North Side) 6:45 Evangelical Fellowship & Chalk Tawwith Uncle Harold	26 6:30 Singalong Singers	*Programs are subject to change without notice. Golden Creek & Woodlands: Take Out
	4 9:30 Grand Partner 11:00 Fun Fitness ST 2:00 Men's Bible Study 3:00 Hymn Sing	 11 2:00 Men's Bible Study 3:00 Hymn Sing 6:30 Tree of Angels Memorial Service 	 18 9:45 Student Singing 11:00 Fun Fitness ST 2:00 Men's Bible Study 3:00 Hymn Sing Special Event: Christmas Light Tour 	Merry 25	Lakeview- LV Still Water's- ST Woodlands- WL Golden Creek- GC
Rest Ha	3 10:00 Men's Coffee 2:00 Painting Trees 6:00 Mitchell Girl Guides Singing	10 9:30 Bean Bag Toss WL 2:00 Men's Bible 10:00 Men's Coffee 3:00 Hymn Sing 10:30 Ladies Bible Study 6:30 Tree of Ange 6:00 Jon Penner's Music Memorial Service	 9:30 Reminisce 9:30 Reminisce Christmas GC Christmas GC 10:00 Men's Coffee 10:30 Memorial Chapel 10:30 Memorial Chapel 2:30 Baking LV 6:00 Abe & Tina Music 	24 10:30 Chapel	31 9:30 Laughter Class WL 10:00 Men's Coffee 10:30 Ladies Bible Study
Monday	2 9:30 Balloon Toss WL 10:00 Ladies Tea 10:30 Ladies Bible Study 2:30 Fun Fitness LV 6:45 Kleefeld EMC	9 9:30 Fun Fitness ST 10:00 Ladies Tea 10:30 Morning Glory School 2:30 Reading GC 6:30 Bethaus Youth	16 10:00 Ladies Tea 10:30 Morning Glory School 6:30 Rosewood Youth	23 10:00 Ladies Tea 10:15 Singing the Sixties	30 10:00 Ladies Tea 2:30 NYE Trivia ST
Sunday	1 10:30 Blumenort Community	8 10:30 Ridgewood EMC 3:00 Bethaus 6:15 Mitchell Gospel Caroling	15 10:30 Emmanuel Free 7:00 Piano Recital	22 10:30 Steinbach EMC	29 10:30 Randall Hiebert

Saturday	7 9:30 Reading PP 10:30 1:1's 2:30 Singing DL	14 3:00 Lori's Music Studio 6:00 God's Grace Singing German Program	34	28 3:00 Balloon Toss DL 6:00 Peaceful Harbour	2nd Floor
Friday	6 9:30 Fun Fitness PP 10:00 Men's Coffee 10:30 In Memory of 2:00 Bingo 3:30 Christmas Caroling	9:00-12:00 Pictures with 13 Santa in Atrium 10:00 Men's Coffee 2:00 Bingo 6:30 Christmas Piano Recital Special Event: Shopping	20 10:00 Men's Coffee 10:30 Southwood Students 2:00 Bingo	27 10:00 Men's Coffee 2:00 Bingo	Water's Edge- WE Autumn Glory- <mark>AG</mark> Daisy Lane- DL Prairie Post- PP
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Saturday	2	14 9:00 Fitness SW 10:30 Baking PS 3:00 Lori's Music Studio 6:00 God's Grace Singing	21	28 1:30 Balloon Badminton SW 6:00 Peaceful Harbour	3rd Floor
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Care Home	9:30 1:1's 5 10:30 Chapel 5 2:00 Painting Trees 5 6:00 Prairie Rose Group 5 Special Event: Shopping	12 9:30 Christmas Trivia FM 10:30 Singing & Chapel 1:30 Christmas Angels Caroling 6:45 Steinbach EMC	9-11 Santa Visit 19 11:00 Landmark Caroling 2:30 Guess What's in the Bag HR 6:45 Evangelical 6:45 Evangelical Fellowship & Chalk Talk with Uncle Harold	26 6:30 Singalong Singers	*Programs are subject to change without notice.
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