

REST HAVEN LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		MENU IS SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285/ 204-346-5013		1 <i>(Week 1)</i> Chefs Soup Lasagna or Chef's Alternate Caesar Salad Garlic Bread Chocolate Cake	2 Garden Vegetable Soup Chicken Pot Pie or Chef's Alternate Cucumber and Tomato Slices Fruit Platz	3 Roast Beef or Chef's Alternate Mashed Potatoes Gravy/ Coleslaw Rice Pudding
4 <i>(Week 2)</i> Beet Borscht Soup Perogies or Chef's Alternate Farmer Sausage Pickles Cream Gravy Canned Peaches	5 Hearty Manitoba Vegetable Soup Meat Loaf or Chef's Alternate Mashed Potato Broccoli Salad Cinnamon Roll Cake	6 Roast Beef or Chef's Alternate Oven Baked Potatoes Mixed Vegetables Apple Crisp	7 Butternut Squash Soup Chicken Taco Bake or Chef's Alternate Noodles Cucumber Salad Fruit	8 Minestrone Soup Ham or Chef's Alternate Kielcke with Fried Onions & Schmaunt Phat Coleslaw Frozen Yogurt	9 Chef Soup Egg Salad Sandwich or Chef's Alternate Cheese Chips/Pickles Orange Fluff Salad	10 Turkey Stuffing or Chef's Alternate Mashed Potatoes Corn Strawberry Mous
11  <i>(Week 3)</i> Remembrance Day Summa Borscht Soup Country Style Chicken or Chef's Alternate Mac N' Cheese Savory Green and Wax beans Ice Cream Sundae	12 Vegetable Soup Spaghetti with Meat Balls or Chef's Alternate Caesar Salad Garlic Bread Custard Bread Pudding	13 Chicken Noodle Soup Baked Farmer Sausage or Chef's Alternate Fried Potatoes Vegetable au Gratin Banana Cream Pie	14 Corn Chowder with Bacon Fish Fry or Chef's Alternate Potato Wedge Three Bean Salad Ambrosia Salad	15 Green Bean Soup Farmer Sausage or Chef's Alternate Perogies Pickled Beets Schmaunt Phat Trifle	16 Chef's Soup Chili or Chef's Alternate Chef's Salad Toast Chef's Dessert	17 Baked Ham or Chef's Alternate Pineapple Sauce Scalloped Potatoes Kernel Corn Plumi Mous
18 <i>(Week 4)</i> Beet Borscht Baked Ham Pineapple Sauce Scalloped Potatoes Kernel Corn Blueberry Lentil Muffin	19 Lentil Vegetable with Parmesan Soup Shepherd's Pie or Chef's Alternate Green Salad Lava Cake	20 Cabbage Borscht Soup Honey Mustard Chicken or Chef's Alternate Rice Pilaf Salad Coconut Cream Pie	21 Broccoli Soup Battered Fish Fry or Chef's Alternate Lyonnaise Potato Coleslaw Frozen Sherbet	22 Roast Beef or Chef's Alternate Oven Baked Potatoes Sour Cream/Chives Mixed Veg Zucchini Brownie	23 Vegetable Soup Ham & Cheese Sandwich or Chef's Alternate Pickles Fruit Cobbler	24 Shake & Bake Chicken or Chef's Alternate Mashed Potatoes Cooked Turnips and Carrots Blueberry Mous
25 <i>(Week 5)</i> Sauekraut Borscht Meat Loaf or Chef's Alternate Mashed Potatoes California Mixed Veg Date Square	26 Hearty Italian Soup Kielcke with Fried Onions & Schmaunt Phat Ham or Chef's Alternate Veg Salad Muffin Bran	27 Split Pea Soup Battered Fish Fry or Chef's Alternate Fries Coleslaw Lemon Meringue Pie	28 Turkey/ Stuffing or Chef's Alternate Cranberry Sauce Mashed Potato Corn Cherry Platz	29 Creamy Lentil and Roasted Carrot Soup Sweet and Sour Pork or Chef's Alternate Rice Pilaf Gravy California Mixed Veg. Peach Upside Down Cake	30 Chef's Soup Turkey Sandwich or Chef's Alternate Chips/Pickles Fruit Based Dessert	