

REST HAVEN LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
 <p>OCTOBER 2024</p>	<p>1 (Week 2) Hearty Manitoba Vegetable Soup Meat Loaf or Chef's Alternate Mashed Potato Broccoli Salad Cinnamon Roll Cake</p>	<p>2 Roast Beef or Chef's Alternate Oven Baked Potatoes Mixed Vegetables Apple Crisp</p>	<p>3 Butternut Squash Soup Chicken Taco Bake or Chef's Alternate Noodles Cucumber Salad Fruit</p>	<p>4 Minestrone Soup Ham or Chef's Alternate Kielke with Fried Onions & Schmaunt Phat Coleslaw Frozen Yogurt</p>	<p>5 Chef Soup Egg Salad Sandwich or Chef's Alternate Cheese Chips/Pickles Orange Fluff Salad</p>	<p>6 Baked Ham or Chef's Alternate Pineapple Sauce Mashed Potatoes Corn Plumi Mous</p>	
<p>7 (Week 3) Summa Borscht Soup Country Style Chicken or Chef's Alternate Mac N' Cheese Savory Green and Wax beans Ice Cream Sundae</p>	<p>8 Vegetable Soup Spaghetti with Meat Balls or Chef's Alternate Caesar Salad Garlic Bread Custard Bread Pudding</p>	<p>9 Chicken Noodle Soup Baked Farmer Sausage or Chef's Alternate Fried Potatoes Vegetable au Gratin Banana Cream Pie</p>	<p>10 Corn Chowder with Bacon Fish Fry or Chef's Alternate Potato Wedge Three Bean Salad Ambrosia Salad</p>	<p>11 Green Bean Soup Farmer Sausage or Chef's Alternate Perogies Pickled Beets Schmaunt Phat Trifle</p>	<p>12 Chef's Soup Chili or Chef's Alternate Chef's Salad Toast Chef's Dessert</p>	<p>13 Baked Ham or Chef's Alternate Pineapple Sauce Scalloped Potatoes Kernel Corn Blueberry Muffin</p>	
<p>14 (Week 4) Happy Thanksgiving! Turkey/ Stuffing or Chef's Alternate Cranberry Sauce Mashed Potato Cabbage Rolls Pumpkin Cheesecake</p>	<p>15 Lentil Vegetable with Parmesan Soup Shepherd's Pie or Chef's Alternate Green Salad Lava Cake</p>	<p>16 Cabbage Borscht Soup Honey Mustard Chicken or Chef's Alternate Rice Pilaf Salad Coconut Cream Pie</p>	<p>17 Broccoli Soup Battered Fish Fry or Chef's Alternate Lyonnaise Potato Coleslaw Frozen Sherbet</p>	<p>18 Roast Beef or Chef's Alternate Oven Baked Potatoes Sour Cream/Chives Mixed Veg Zucchini Brownie</p>	<p>19 Vegetable Soup Ham & Cheese Sandwich or Chef's Alternate Pickles Fruit Cobbler</p>	<p>20 Shake & Bake Chicken or Chef's Alternate Mashed Potatoes Cooked Turnips and Carrots Blueberry Mous</p>	
<p>21 (Week 5) Sauerkraut Borscht Meat Loaf or Chef's Alternate Mashed Potatoes California Mixed Veg Date Square</p>	<p>22 Hearty Italian Soup Kielke with Fried Onions & Schmaunt Phat Ham or Chef's Alternate Peas/Carrot Muffin Bran</p>	<p>23 Split Pea Soup Battered Fish Fry or Chef's Alternate Fries Coleslaw Lemon Meringue Pie</p>	<p>24 Turkey/ Stuffing or Chef's Alternate Cranberry Sauce Mashed Potato Corn Cherry Platz</p>	<p>25 Creamy Lentil and Roasted Carrot Soup PIZZA or Chef's Alternate Garden Salad Ice Cream</p>	<p>26 Chef's Soup Turkey Sandwich or Chef's Alternate Chips/Pickles Fruit Based Dessert</p>	<p>27 Roast Pork with Gravy or Chef's Alternate Boiled Potatoes Green Beans Fruitcocktail Mous</p>	
<p>28 (Week 1) Beef and Barley Soup Chicken Fingers or Chef's Alternate Fries Garden Salad Carrot Cake</p>	<p>29 Chicken Noodle Soup S&S baked Farmer Sausage or Chef's Alternate Rice Green Beans Tapioca Pudding</p>	<p>30 Hearty Vegetable Soup Chicken Cacciatore or Chef's Alternate Noodles Salad Chocolate Cream Pie</p>	<p>31 Cream of Celery BBQ Rib or Chef's Alternate Mashed Potato Carrots Cinnamon Coffee Cake</p>	<p>MENU IS SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285/ 204-346-5013</p> 			