

A decorative illustration featuring the word "August" in a large, black, cursive script font. The background is a light cream color with large, soft, yellow and green abstract shapes. Various floral elements are scattered around the text, including a pink five-petaled flower, a daisy-like flower with a yellow center, a red flower with a white center, a small orange flower, and several green leaves and stems. A small potted plant with blue-green leaves is visible on the left side.

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JANUARY 2024

CEDARWOOD ACTIVITY

S	M	T	W	T	F	S
				1 BOOKMOBILE LIBRARY 2:00 p.m. BINGO!	2	3
4 9:30 A.M. John Hildebrand 2:00 p.m. Bethaus Youth	5 CIVIC Holiday TRC OFFICE CLOSED	6	7 2:30 p.m. Chaplains Visit	8 2:00 p.m. BINGO!	9	10
11 9:30 a.m. Evangelical Fellowship	12 2:30 p.m. Hymn SingAlong	13	14 2:30 p.m. Chaplains Visit 6:30 p.m. Jonathon Penner	15 2:00 p.m. BINGO!	16	17 7:00 P.M. FIRST BAPTIST
18 9:30 A.M. Ridgewood EMC 2:30 P.M. JOHN & ANNIE & FRIENDS	19 12:00 p.m. Annual BarBQ	20 Pneumonia Vaccine Clinic 1:00 p.m.	21 2:30 p.m. Chaplains Visit	22 2:00 p.m. BINGO!	23	24
25 9:30 A.M. STEINBACH EMC	26 BIRTHDAY PARTY @ 2:30 PM	27	28 2:30 p.m. Chaplains Visit	29 2:00 p.m. BINGO!		

“Everything good, everything magical,
happens between the months of June and August.
Winters are simply a time to count the weeks until the next summer.”
Jenny Han

TICKLE YOUR FUNNY BONE



Is today really August? Or are Julying to me?

Do fish go on vacation?
No, because they're always in school!

Why do bananas use sun screen?
A: Because they peel.

2024 Upcoming Local Events

Aug. 2nd - Pioneer Day Parade 10:00 a.m.

(Begins at the firehall this year)

Aug. 5th - **Civic Holiday** (Terry Fox Day)

Aug. 9th - Movie in the A.D.Penner Park
at dusk... **Super Bros. Mario**

Aug 18th - Celebrating 150 Years:
A Tapestry of Pioneering Women
@ 1:30 pm - 7:00 pm
Tickets - \$25

Enjoy personal stories of pioneering women. Along with stories, there will be demonstrations of the skills and experiences of the women, who came before us and paved the way for us to thrive. Faspa will be MHV Pavilion at 5pm.

For more information:
call: 204-326-9661

SCU Taste of Summer Charity BBQ'S

(Every Wednesday in front of SCU 11 a.m. - 1 p.m.)

Aug. 7th SE Cancer Support Services

Aug. 14th - Wildlife Haven Rehab

Aug. 21st - Steinbach Family Resource

Aug. 28th - Eastman Special Olympics



AUGUST REMINDERS

Taking a break is **PRODUCTIVE**

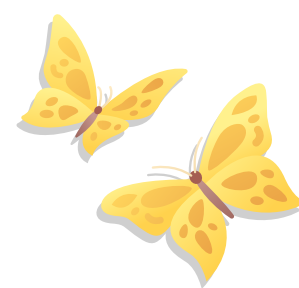
Boundaries are healthy

You can do what you
set **YOUR MIND** to

Changes are painful but worth it

Someone loves you for who you are

Good **ENERGY** attracts good people



Birthday

Aug. 8th - Ruth Neufeld





But as they sailed he fell asleep (Luke 8:23).
What an interesting line in the middle of this story!
Do we ever think about the human side of Jesus' nature?
Likely exhausted from the busyness of ministering to
many people,
he was finally able to rest as they sailed across the water.
As he did so, though, he was lulled to sleep from the
rocking of the boat, and the lapping of the waves.
This demonstrates how Jesus faced the same types
of situations we face.
Hebrews 4:15 says He was "tempted like as we are,
yet without sin."
But then the story takes a turn.
...there came down a storm of wind on the lake;
and they were filled with water,
and were in jeopardy.
Isn't it interesting how the storm came after He fell
asleep?
As if it was lurking around the corner,
just waiting for the opportunity.
The reality, though, is that the terrain around the Sea
of Galilee, is such that strong winds can easily funnel
through the mountains
and quickly become powerful storms at sea.
Then he arose, and rebuked the wind
and the raging of the water...
and there was a calm.
Jesus said the word and everything became still
what a testimony to the power of His word!
At His bidding, any storm becomes calm.
How about our situations? Do we ever question where
God is?
While Psalm 77:9 asks "Hath God forgotten to be
gracious?" Psalm 121:3, 4 answers,
"...he that keepeth thee will not slumber. Behold,
he that keepeth Israel shall neither slumber nor sleep."
While we may sometimes question where God is,
let's continue in faith and to rest in the assurance
that the Lord is well aware of our situation,
that He is with us,
and that we can trust His leading
no matter where life takes us.

Peter Berg, Chaplain

TidBits of History

August 5th is a Civic Holiday
commonly referred to as August long.
It is the busiest day on highways as
thousands of families
go camping this weekend.
It is known by many names such as:
Regatta Day in Newfoundland
Terry Fox Day in Manitoba
Saskatchewan Day in Saskatchewan
British Columbia Day in British Columbia
Natal Day in Nova Scotia and PEI,
Simcoe Day in Toronto,
New Brunswick Day in New Brunswick,
Colonel By Day in Ottawa,
Heritage Day in Alberta
Joseph Brant Day in Burlington, Ontario.
Benjamin Vaughan Day in Vaughan, Ontario.

Save these Dates



Picture Day



I will be taking pictures of Tenants
on August 20th/2024 Rooms 301 - 315.
and August 27th/2024 Rooms 316 - 330

Rusk Medical will be hosting
on August 20th, 2024.

Reasons to consider it:

- Over 65 yrs. old and living in congregate housing.
- Immunocompromised
- Last vaccination was more than 5 yrs. ago.
- If you never had a pneumonia vaccine.

