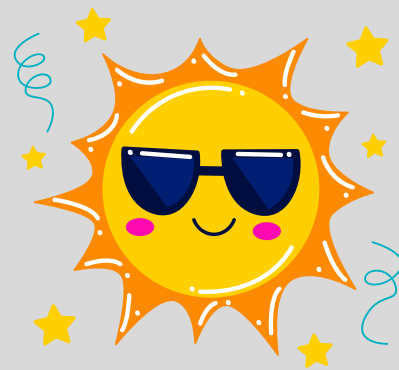
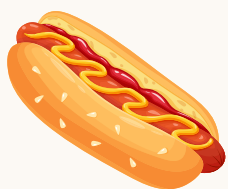


Rest Haven News & Notes

Issue August 2024



Tailgate Party



August 23rd, 2024

Rest Haven Parking Lot

Starting at 10:00am



Special Guests:

Steinbach Pistons

- Live Entertainment
- Mini Donuts
- Pre-Order your hot dog lunch



Come wearing a sports shirt!

Should you wish to be added or removed from the newsletter contact list
please contact tchabot@havengroup.ca



Household Extension Numbers

1st Floor

Lakeview 7465

Still Waters 7466

Golden Creek 7340

Woodlands 7341

2nd Floor

Water's Edge 7346

Autumn Glory 7347

Daisy Lane 7348

Prairie Post 7349

3rd Floor

Prairie Sky 7355

Sunset Way 7356

Homestead Ridge 7357

Freedom Meadows 7356



**For Donations, to
HavenGroup please scan the
code provided.**



We are in the 'Dog Days of Summer'... and we found some ways to beat the heat this month... Summer is short, but we are making the most of the long, warm days...

This month has us heading to the local Farmer's Market on August 8th to support our vendors and enjoy some of their wares...

What is a summer without a campfire? We are once again having Campfire Stories on August 15th, complete with songs and treats and perhaps even a few woodland animals may even wander through...

Clear your calendar! We are having our Tailgate Party on August 23rd and it is the party of the summer! We are having live entertainment, hot dogs, mini donuts and even a visit from the Steinbach Pistons!

So wear your favorite jersey, don't forget your hat and come join us in the front parking lot on Friday August 23rd, 10:00 am. Hope to see you there!!

USING A POWER WHEELCHAIR AT REST HAVEN CARE HOME

Operating a power wheelchair at Rest Haven Care Home.

If you already own a power wheelchair the Occupational Therapist or one of the members of your care team will assesses your driving skills to ensure you are safe to drive on care home property.



A contract is set up with each resident that outlines specific points for safe driving and responsibility for maintenance, damages etc. Your skills may be reassessed as needed, or if unsafe driving becomes a problem.

Driving privileges may be revoked – temporarily or permanently – if safety problems develop.

HAVE A SAFE DRIVE!

When you operate a power wheelchair, you are responsible for driving safely. The following tips must be kept in mind when you drive on care home property.

Concentrate- Driving demands your full attention.

Notice your surroundings- Look over each shoulder:

- Before start-up
- Regularly while driving
- When changing directions.
- When backing up. – Make sure the way behind you is clear and warn others of your intent.



Watch for people with walkers or manual wheelchairs - they can't easily move out of your way.

Plan - Think of how you will drive and plan your route before you even turn on the device. Keeping in mind speed inside the building should be consistent with average walking pace.

Focus - Don't let others distract you and don't let your mind wander. Focus!

Keep a safe speed - When driving indoors, you should go no faster than someone walking at a moderate pace.

HAPPY BIRTHDAY

Please join us in celebrating with our August birthday's:

Helen Braun
Tina Unrau
Sadie Hiebert Peters
Mary Wiwcharyk
Andre Gobeil

Elisabeth Wiebe
Henry Funk
Anne Loewen
Abe Klassen

Our monthly birthday party is still held on the 2nd Tuesday of every month from 2:30 -3:30 and our friends are welcome to bring one family member each to enjoy some cake, coffee and fellowship.

We'd like to take this opportunity to welcome our new friends into our home:

David Adrian
Robert Custance
Mary Giesbrecht

We hope you enjoy your new home.

"Summertime is always the best of what might be." —Charles Bowden

Leanne Silvers
Therapeutic Recreation Facilitator,
Daily Life Team Member

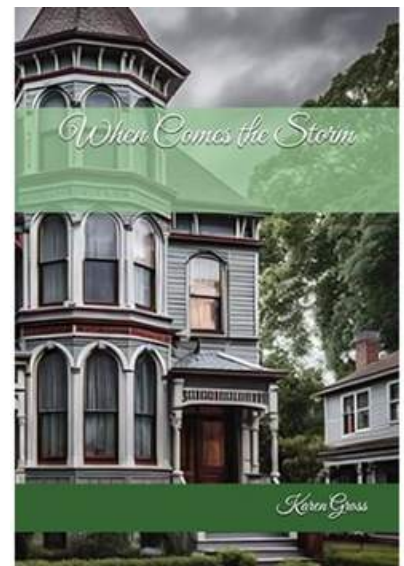
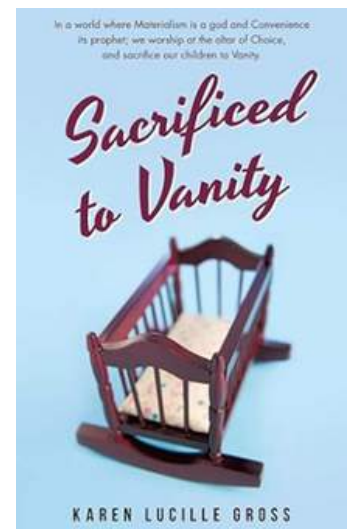
About the Author



Karen Lucille Gross is a Christian author, widow, and mother of two lovely adult daughters, who discovered her passion for writing after being sidelined from a teaching career by Young Adult Onset Parkinson's disease. She is now in the advanced stages of the disease and living in a personal care home. She still writes as much as possible, reads as much as she can, and plays a lot of cribbage.

Karen has written two books of a series called House of Grace: a residential pro-life pregnancy care support house for expectant mothers experiencing hardships because of an unplanned pregnancy. These two books: *Sacrificed to Vanity* and *When Comes the Storm* follow the fictional lives of residents and staff at the House of Grace. There are tender moments and humor woven throughout, as well as the deep issues of the challenges of unplanned pregnancy and the tough choices between abortion, adoption, or parenting.

A third novel is in the works, as well as a humorous nonfiction autobiographical piece called *Confessions of a Professional Hypochondriac*.





Rest Haven
Petting Zoo



Would you like to become a volunteer?



Looking for volunteers!



Do you have the passion and the energy to ride the bicycle for two?

The above picture shows one of our volunteers Ernie going on a bicycle ride with Ralph enjoying the beautiful summer weather we've been having.

This 3-wheeled Nihola originating from Europe, is one of two specialty bicycles at Rest Haven designed to carry a passenger. The purchase of this bicycle was the culmination of a dream that began some 8 years ago, and included a Legacy Fundraising Drama in order to make it happen.

If you're up to it, we have residents who'd love to join you for a ride!

Contact our Volunteer Coordinator, Samantha Day, for more information on becoming a volunteer at Rest Haven.

But as they sailed he fell asleep (Luke 8:23). What an interesting line in the middle of this story!

Do we ever think about the human side of Jesus' nature? Likely exhausted from the busyness of ministering to many people, he was finally able to rest as they sailed across the water. As he did so, though, he was lulled to sleep from the rocking of the boat and the lapping of the waves. This demonstrates how Jesus faced the same types of situations we face. Hebrews 4:15 says He was "tempted like as we are, yet without sin."

But then the story takes a turn.

...there came down a storm of wind on the lake; and they were filled with water, and were in jeopardy.

Isn't it interesting how the storm came after He fell asleep? As if it was lurking around the corner, just waiting for the opportunity. The reality, though, is that the terrain around the Sea of Galilee is such that strong winds can easily funnel through the mountains and quickly become powerful storms at sea.

Then he arose, and rebuked the wind and the raging of the water...and there was a calm.

Jesus said the word and everything became still—what a testimony to the power of His word! At His bidding, any storm becomes calm.

How about our situations? Do we ever question where God is?

While Psalm 77:9 asks "Hath God forgotten to be gracious?" Psalm 121:3, 4 answers, "...he that keepeth thee will not slumber. Behold, he that keepeth Israel shall neither slumber nor sleep."

While we may sometimes question where God is, let's continue in faith and to rest in the assurance that the Lord is well aware of our situation, that He is with us, and that we can trust His leading no matter where life takes us.

We would also like to honor the memory of some Rest Haven residents who passed away in the last month. Condolences to the families of Noel Delaurier and Marlene Carlisle. May the Lord grant you strength in this time of loss.

Peter Berg, Chaplain

Warm Welcome

Hello, I am Randi Rempel and I am excited to be starting the role of Chaplain with HavenGroup. I grew up in Plum Coulee, MB but have made my home on “this side of the river” since 2015. I enjoy playing slow-pitch, puzzling, and eating anything lemon flavoured. I live in Kleefeld and attend Kleefeld EMC where I have had many opportunities to connect with Rest Haven Care Home through Sunday services and visiting residents I know.



The role first caught my attention because I love connecting with people. I believe we all have an inherent need to be seen, known and loved and that when we experience these things we can flourish! My hope is to connect with the residents, tenants, families, staff, and visitors of HavenGroup in a way that is encouraging and offers purpose, comfort, and hope.

I was also drawn to the role because I love Jesus and have experienced the richness that comes from living and working in a Christ-centred community. It is a gift to be able to walk with each other as we follow Christ and reveal His Kingdom.

I am looking forward to meeting you and being part of the HavenGroup community!



Hi! I'm Kayla & I'm extremely excited to be starting my role as a Recreation Aide with Resthaven.



I grew up in Steinbach, MB & currently live here with my husband, three-year-old son, and golden retriever. I enjoy long distance running, kayaking & travel. I don't enjoy spiders, pineapple, & loud chewers.




The role first caught my attention because I love the idea of using recreational activities to enhance people's quality of life. I believe it's important to focus on the whole person & build meaningful relationships.

I am looking forward to working with you and being a part of the Rest Haven!

REST HAVEN LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AUGUST 2024 	MENU SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285 204-346-5013					
5 Happy Civic Day (Week 4) Baked Ham or Chef's Alternate Pineapple Sauce Scalloped Potatoes Kernel Corn PM Snack: Blueberry Muffin	6 Lentil Vegetable with Parmesan Soup Hamburger in a Bun or Chef's Alternate Broccoli Salad PM Snack: Chef's Snack	7 Cabbage Borscht Soup Honey Mustard Chicken or Chef's Alternate Alternate Rice Pilaf Salad PM Snack: Coconut Cream Pie	8 Broccoli Soup Battered Fish Fry or Chef's Alternate Lyonnaise Potato Coleslaw PM Snack: Chef's Snack	9 Roast Beef or Chef's Alternate Oven Baked Potatoes Sour Cream/Chives Mixed Veg PM Snack: Zucchini Brownie	10 Vegetable Soup Ham & Cheese Sandwich or Chef's Alternate Pickles PM Snack: Fruit Cobbler	11 Shake & Bake Chicken or Chef's Alternate Mashed Potatoes Cooked Turnips and Carrots Blueberry Mous PM Snack: Home's Snack
12 (Week 5) Sauerkraut Borscht Meatloaf or Chef's Alternate Mashed Potatoes California Mixed Vegetables PM Snack: Date Square	13 Hearty Italian Soup Kielie with Fried Onions & Schmaunt Phat Ham or Chef's Alternate Peas/Carrot PM Snack: Muffin Bran	14 Cabbage Borscht Roll Kuchen or Chef's Alternate Watermelon PM Snack: Home's Snack	15 Turkey/ Stuffing or Chef's Alternate Cranberry Sauce Mashed Potato Corn PM Snack: Cheesecake	16 Creamy Lentil and Roasted Carrot Soup Sweet and Sour Pork or Chef's Alternate Rice Pilaf California Mixed Veg. PM Snack: Peach Upside Down Cake	17 Chef's Soup Turkey Sandwich or Chef's Alternate Chips/Pickles PM snack: Fruit Based Snack	18 Roast Pork with Gravy or Chef's Alternate Boiled Potatoes Green Beans Fruitcocktail Mous PM Snack: Home's Snack
19 (Week 1) Beef and Barley Soup Chicken Fingers or Chef's Alternate Fries Garden Salad PM Snack: Fruit Based Dessert	20 Chicken Noodle Soup S&S baked Farmer Sausage or Chef's Alternate Rice Green Beans PM Snack: Tapioca Pudding	21 Hearty Vegetable Soup Chicken Cacciatore or Chef's Alternate Noodles Salad PM Snack: Chocolate Cream Pie	22 Cream of Celery BBQ Rib or Chef's Alternate Rice Carrots PM Snack: Cinnamon Coffee Cake	23 Dill Pickle Soup Hotdog in a Bun or Chef's Alternate Baked Bean Carrot Salad Ice cream PM Snack: Home Snack	24 Garden Vegetable Soup Chicken Pot Pie or Chef's Alternate Cucumber and Tomato Slices PM Snack: Fruit Plat	25 Roast Beef or Chef's Alternate Mashed Potatoes Coleslaw PM Snack: Rice Pudding
26 (Week 2) Beet Borscht Soup Perogies or Chef's Alternate Farmer Sausage Carrot Salad Cream Gravy PM Snack: Chef's Snack	27 Hearty Manitoba Vegetable Soup Meat Loaf or Chef's Alternate Mashed Potato Broccoli Salad PM Snack: Cinnamon Roll Cake	28 Roast Beef or Chef's Alternate Oven Baked Potatoes Mixed Vegetables PM Snack: Apple Crisp	29 Summa Borscht Soup Hamburger in a Bun or Chef's Alternate Coleslaw Ice Cream Sandwich PM Snack: Chef's Snack	30 Minestrone Soup Ham or Chef's Alternate Kielie with Fried Onions & Schmaunt Phat Veg Salad PM Snack: Chef's snack	31  Chef's Soup Egg Salad Sandwich or Chef's Alternate Cheese Chips/Pickles PM Snack: Orange Fluff Salad	

REST HAVEN SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 <p>AUGUST 2024</p>	<p>MENU SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285/204-346-5013</p>					
<p>(Week 4) Savory Meat Loaf or Chef's Alternate Whipped Potatoes Gravy California Mixed Vegetable Jellied Fruit Salad</p>	<p>5 BBQ Pork Ribs or Chef's Alternate Gravy Brown Rice Green Beans Lemon Tarts</p>	<p>6 Hamburger Steak or Chef's Alternate Mashed Potatoes Beef Gravy Roasted Zucchini Fried Onions Fruit</p>	<p>7 Garlic Sausage or Chef's Alternate Macaroni and Cheese Peas Chocolate Pudding</p>	<p>8 Baked Chicken or Chef's Alternate Mashed Potatoes Gravy Southwest Vegetables Cream Puffs</p>	<p>9 Swedish Meatballs or Chef's Alternate Seasoned Noodle Mushroom Gravy Waxed Bean/Peppers Butter Tart</p>	<p>10 Lentil Soup Brown Bread Cold Cuts or Chef's Alternate Cottage Cheese Pea Salad Rhubarb Strawberry Pie</p>
<p>(Week 5) Breaded Pork Cutlets or Chef's Alternate Potato Wedge Gravy/Coleslaw Nanaimo Bar</p>	<p>12 Omelet or Chef's Alternate Garlic Toast Tomato Slices on Lettuce Fruit Based Dessert</p>	<p>13 Honey Garlic Chicken or Chef's Alternate Rice Roasted Broccoli Fruit Based Dessert</p>	<p>14 Pork Sausages or Chef's Alternate Spanish Rice (Brown rice) Buttered Peas Carrot Cake</p>	<p>15 Cabbage Rolls or Chef's Alternate Mashed Potatoes Mixed Vegetables Apple Crisp</p>	<p>16 Spaghetti & Meat Sauce or Chef's Alternate Garlic Bread Lettuce Salad Tart</p>	<p>17 Chicken Noodle Soup Cottage Cheese Fresh Bread Potato Salad Cold Cuts/Pickles or Chef's Alternate Coconut Cream Pie</p>
<p>(Week 1) Garlic Sausage or Chef's Alternate Hashbrown Casserole Mixed Vegetables Peach Platiz</p>	<p>19 Beef Stew or Chef's Alternate Cheese Biscuits Mandarin Segments</p>	<p>20 Breaded Mustard Veal Cutlets or Chef's Alternate Mashed Potatoes Beef Gravy Steamed Broccoli Oatmeal Chocolate Chip With Red Lentils</p>	<p>21 Chicken with Alfredo Sauce Noodles or Chef's Alternate Peas Biscuits Fruit</p>	<p>22 Fish Fillet or Chef's Alternate Lemon Slice Lyonnaise Potatoes Cauliflower/Carrots Butterscotch Pudding</p>	<p>23 Breaded Pork Cutlets or Chef's Alternate Noodles and Sauce Mixed Vegetables Chef's Dessert</p>	<p>24 Summa Borscht Cold Cuts or Chef's Alternate Bread/ Pickles Macaroni Salad Cottage Cheese Blueberry Cheesecake</p>
<p>(Week 2) Roasted Chicken or Chef's Alternate Chicken Gravy French Fries Oriental Mixed Veg. Iced White Cookies</p>	<p>26 Pork and Apple Cakes or Chef's Alternate Rice (Whole Grain) Apple Cinnamon Sauce Peas Ice cream Sundae</p>	<p>27 Baked Porkchops or Chef's Alternate Gravy Mashed Potato Corn Tapioca Pudding</p>	<p>28 Fish Sticks or Chef's Alternate Fried Potatoes Gravy Tartar Sauce Herbed Green Beans/ Peppers Trifle</p>	<p>29 Chicken Teriyaki or Chef's Alternate Steamed Rice Stir Fry Vegetables Mandarin Oranges</p>	<p>30 Veal Parmigiana or Chef's Alternate Pasta Marinara Sauce Peas Fruit Platiz</p>	

Rest Haven Care Home

August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1st Floor						
10:30 John Hildebrand 	Ladies Bible Study ST Manicures: Wednesday's 9:30-Noon	Lakeview- LV Still Water's- ST Golden Creek- GC Woodlands- WL Chapel- Red	*Programs are subject to change without notice. Check whiteboards for daily current events.	10:30 Chapel 2:30 News Update LV 6:00 Prairie Rose Group	2:15 Bingo	
4 10:30 John Hildebrand 	5 10:30 Fun Fitness ST	6 10:00 Men's Coffee 10:30 Ladies Bible Study 2:00 Ice Cream (Courtyard)	7 9:30 Bean Bag Toss LV 2:00 Men's Bible Study 3:00 Hymn Sing	8 10:30 Chapel 2:00 Farmer's Market 6:45 Steinbach EMC	9 9:30 News Update WL 10:30 Fun Fitness ST 2:15 Bingo	10 6:00 God's Grace Singing German Program
11 10:30 Evangelical Fellowship 3:00 Bethesda Youth 	12 10:30 Fun Fitness WL	13  10:00 Men's Coffee 10:30 Ladies Bible Study 6:00 Jon Penner's Music	14 2:00 Men's Bible Study 3:00 Hymn Sing	15 10:30 Chapel 2:30 Campfire Stories	16 10:00 Courtyard Games 2:15 Bingo	17 
18 10:30 Ridgeville EMC 	19 10:15 Singing the Sixties 2:30 Fun Fitness ST	20 9:30 Ladies Bible Study 10:00 Men's Coffee 10:30 Laughter Exercise WL 6:00 Abe & Tina Music	21 2:00 Men's Bible Study 3:00 Hymn Sing	22 10:30 Chapel 2:30 News Update LV 6:45 Singalong Singers	23 10:00 Tailgate Party 2:15 Bingo	24 6:00 Peaceful Harbour
25 10:30 Steinbach EMC 	26 10:30 Fun Fitness LV	27 10:00 Men's Coffee 10:30 Ladies Bible Study	28 2:00 Men's Bible Study 3:00 Hymn Sing 6:00 English & German Gospel Program	29 10:30 Jeff & Barbara Singing 2:30 News Update WL	30 10:30 Memorial Chapel 2:15 Bingo 	31 

Rest Haven Care Home

August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																						
2nd Floor																												
<p>*Programs are subject to change without notice. Check whiteboards for daily current events.</p>	<p>4</p> <p>10:30 John Hildebrand</p> 	<p>5</p> 	<p>6</p> <p>9:30 Bean Bag Toss WE</p> <p>10:00 Men's Coffee</p> <p>10:30 Word Games DL</p> <p>2:00 Ice Cream in the Courtyard</p>	<p>7</p> <p>9:30 Ladies Bible Study</p> <p>10:30 Fun Fitness PP</p> <p>2:00 Men's Bible Study</p> <p>3:00 Hymn Sing</p>	<p>8</p> <p>9:30 News Update AG</p> <p>10:30 Chapel</p> <p>2:00 Farmer's Market</p> <p>2:30 Bean Bag Toss DL</p> <p>6:45 Steinbach EMC</p>	<p>9</p> <p>2:15 Bingo</p>	<p>10</p> <p>6:00 God's Grace Singing Program</p>	<p>11</p> <p>10:30 Evangelical Fellowship</p> <p>3:00 Bethaus Youth</p> 	<p>12</p> 	<p>13</p> <p>10:00 Men's Coffee</p> <p>6:00 Jon Penner's Music</p> 	<p>14</p> <p>11:00 Fun Fitness DL</p> <p>2:00 Men's Bible Study</p> <p>3:00 Hymn Sing</p>	<p>15</p> <p>10:30 Chapel</p> <p>2:30 Campfire Stories</p> 	<p>16</p> <p>10:00 Bowling PP</p> <p>2:15 Bingo</p>	<p>17</p> <p>9:30 Outdoor Walks</p> <p>10:30 Fun Fitness PP</p> <p>2:30 Singing DL</p>	<p>18</p> <p>10:30 Ridgeville EMC</p> 	<p>19</p> <p>10:15 Singing the Sixties</p>	<p>20</p> <p>10:00 Men's Coffee</p> <p>6:00 Abe & Tina Music</p>	<p>21</p> <p>9:30 Ladies Bible Study</p> <p>2:00 Men's Bible Study</p> <p>3:00 Hymn Sing</p>	<p>22</p> <p>10:30 Chapel</p> <p>6:45 Singalong Singers</p> 	<p>23</p> <p>10:00 Tailgate Party</p> <p>2:15 Bingo</p>	<p>24</p> <p>6:00 Peaceful Harbour</p>	<p>25</p> <p>10:30 Steinbach EMC</p> 	<p>26</p> 	<p>27</p> <p>10:00 Men's Coffee</p> <p>10:30 Laughter Exercise PP</p>	<p>28</p> <p>9:30 Ladies Bible Study</p> <p>2:00 Men's Bible Study</p> <p>3:00 Hymn Sing</p> <p>6:00 English & German Gospel Program</p>	<p>29</p> <p>10:30 Jeff & Barbara Singing</p>	<p>30</p> <p>10:30 Memorial Chapel</p> <p>2:15 Bingo</p> 	<p>31</p> 

Rest Haven Care Home

August 2024

3rd Floor		Ladies Bible Study PS Manicures Wednesday's 9:30-Noon	Prairie Sky- PS Sunset Way- SW Homestead Ridge- HR Freedom Meadows- FM Chapel- Red	*Programs are subject to change without notice. Check whiteboards for daily current events.	1 9:30 News Update SW 10:30 Chapel 2:30 Bean Bag Toss FM 6:00 Prairie Rose Group	2 9:00 1:1's 10:30 Fun Fitness PS 2:15 Bingo	3 
4 10:30 John Hildebrand 	5 	10:30 Reading FM 3:00 Ladies Bible Study	9:30 Reading FM 10:00 Men's Coffee 10:30 Laughter Exercise SW 2:00 Ice Cream (Courtyard)	6 9:30 Fun Fitness FM 10:30 Fun Fitness PS 2:00 Men's Bible Study 3:00 Hymn Sing	7 9:30 News Update FM 10:30 Chapel 2:00 Farmer's Market 6:45 Steinbach EMC	8 10:00 Bowling SW 2:15 Bingo	9 6:00 God's Grace Singing German Program
11 10:30 Evangelical Fellowship 3:00 Bethesda Youth 	12 10:30 Reading FM 3:00 Ladies Bible Study	10:30 Men's Coffee 10:30 Laughter Exercise SW 6:00 Jon Penner's Music	13  10:00 Men's Coffee 10:30 Laughter Exercise SW 6:00 Jon Penner's Music	14 9:30 Fun Fitness FM 10:30 Fun Fitness PS 2:00 Men's Bible Study 3:00 Hymn Sing	15 10:30 Chapel 2:30 Campfire Stories	16 10:00 Courtyard Games 2:15 Bingo 2:30 Reading HR	17 
18 10:30 Ridgeville EMC 	19 10:15 Singing the Sixties 3:00 Ladies Bible Study	10:00 Men's Coffee 6:00 Abe & Tina Music	20 9:30 Fun Fitness FM 10:30 Fun Fitness PS 2:00 Men's Bible Study 3:00 Hymn Sing	21 9:30 News Update PS 10:30 Chapel 2:30 Baking SW 6:45 Singalong Singers	22 10:00 Tailgate Party 2:15 Bingo	23 9:30 Fun Fitness SW 10:30 Outdoor Walks 2:30 Singing FM 6:00 Peaceful Harbour	24
25 10:30 Steinbach EMC 	26 10:30 Getting to Know.... FM 3:00 Ladies Bible Study	9:30 Reading SW 10:00 Men's Coffee 10:30 Parachute PS 2:30 Finish This Line... FM	27 9:30 Fun Fitness FM 10:30 Fun Fitness PS 2:00 Men's Bible Study 3:00 Hymn Sing 6:00 English & German Gospel Program	28 9:30 News Update SW 10:30 Jeff & Barbara Singing 2:30 Balloon Badminton FM	29 9:00 1:1's 10:30 Memorial Chapel 2:15 Bingo	30 	31 



G A R D E N Y S M B M T O L S

N I A R M E L E S E E R W O U

U C I N C I P E A S I A M S N

L M L I N O I T A C A V R P S

P O P S I C L E Q L D E K I H

U I P E C A M P I O O L F C I

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R L J U L Y G R S A S O U P A

K E F G L C E A T H I R G A S

B A L Y P A E N O C R E U R D

S H O R T S O O H A E H S H R

U Y P E M N O S A E S S T D E

C I F E M N O S A E S S I D E
C H E T A M C L Y B G M B E S

C H E T A M C L Y B G M R E S
Y L A O V Z B C O T P B I N S

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F O S E M A E R C E C I O W L

B L O S S U M M E R W B M O S