

# WOODHAVEN NEWSLETTER



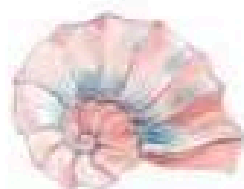
Helen Hutt  
Tenant Resource  
Coordinator  
204-346-1501

Michael Obviar  
Director of Housing  
204-326-2002

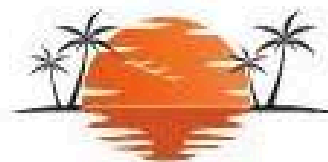


AUGUST 2024

# SMALL THINGS TO LOVE ABOUT AUGUST



Seashells in all  
shapes & colors



Endless hours  
of sunshine

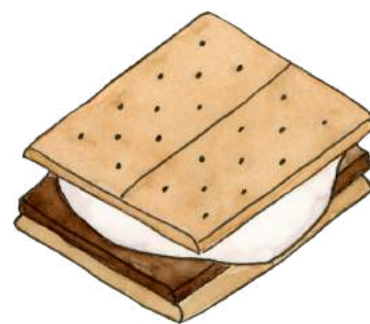
Multicolor  
sunsets



Spontaneous  
summer trips



Homemade  
lemonade



Freshly baked  
S'mores



# A friendly reminder about signing up and paying for programs:

I would like to stress the importance of signing up, and then showing up, especially to our cost-related programs. **Please** remember to check your floor's bulletin board **regularly** for new sign up sheets, and **please only sign up if you are able to attend**. Lately there have been many people coming to programs without signing up, or people signing up and then not coming. If you don't sign up ahead of time, I will not have planned for you to be there, and may not have enough for you. As there is very limited funding for the TRC programs, I have to recuperate any money that I spend on the supplies for them. When I plan a program that has a cost (breakfasts, floats, pie & coffee etc.), I shop for the supplies according to the budget of how many people have signed up. Therefore, if you have signed up, it means I have purchased and prepared something for you. I understand that life happens, and sometimes plans have to change last minute. In those cases, you can always come by, pay and pick up or have a friend pick up your items to go, or let me know and I will happily set it aside for you. **Going forward, if you have signed up for a cost-related program and do not attend it, or do not give me 24 hours notice to cancel, I will be asking that you please still pay for the cost of the program. Thank you for your cooperation and understanding - I appreciate it!**





*Woodhaven's*

# SUMMER BLOCK PARTY!

Come for a Summer Block Party on **Thursday August 22nd from 4:30pm-6:30pm**. Enjoy some fun and games, visit with your neighbours, eat a delicious meal together and more! Farmer's sausage burgers, potato salad, watermelon and drinks will all be provided! **You must sign up if you are planning to attend. \$10 per person.**

Sign up to enjoy a  
build-your-own  
banana split on  
Friday August 9th at  
2:30pm



VACATION

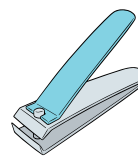
Please note that there will be  
no haircare available on  
**Wednesday July 31st** or  
**Wednesday August 6th** as  
Kim will be away on holidays.

Volunteer opportunity:  
if you would be  
interested in helping to  
set up and serve in the  
dining room, please  
see Helen!

Volunteer opportunity:  
If you would be interested  
in delivering the Carillon  
newspapers once a week,  
please see Helen!



Due to a staffing  
issue at the  
library, the  
Bookmobile will  
not be here on  
August 1st. They  
will be here  
instead on  
Thursday August  
8th from  
2:00pm - 3:00pm.



Irene will be here for nail  
care on:  
**Monday August 12th** and  
**Monday September 23rd**  
starting at 2:00pm. Please  
see Helen if you would like  
to book an appointment!





Come and sit around the fire, roast some marshmallows, and make some S'mores! **Friday August 16th at 2:30pm** by the gazebo. **Please sign up to be included! \$2 per person**

SAVE THE DATE

Did you know that pneumonia vaccines are recommended for anyone:

- Over 65 years old living in congregate housing.
- Immunocompromised.
- Had their last pneumonia vaccine more than 5 years ago.
- Has not had a pneumonia vaccine yet.

On **Monday August 19th** we will be holding a pneumonia vaccine clinic. Rusk Medical will be here from **9:30am to 10:30am** in the basement Activity Room, offering the Prevnar20 pneumonia vaccine. Please let Helen know if you would like to receive one.





# Float Fridays!



We've been having lots of fun and feeling a bit nostalgic with our "Float Fridays"! Root beer, cream soda, orange and grape soda have all been on the menu! Last month we had perfect weather and got to enjoy our floats outside! Be sure to sign up for our last "Float Friday" of the summer on **Friday August 30th at 2:30pm. \$2 per person.**





# Community Event:



## PIONEER DAYS

AUGUST LONG WEEKEND: AUGUST 3-5, 2024



**PIONEER DEMONSTRATIONS  
STEAM-POWERED ACTIVITIES  
CANDY BOOTH  
NEW EXHIBIT:  
MENNONITE REFLECTIONS - ARRIVING  
IN MANITOBA 150 YEARS AGO**

Organized every year by the Steinbach Chamber of Commerce, the Pioneer Days Parade begins at 10:00am on Friday of the August long weekend, traveling west from the Fire Hall down Main Street.

For Pioneer Days Parade information, visit [www.steinbachchamberofcommerce.com](http://www.steinbachchamberofcommerce.com).

Pioneer Days, put on by the Steinbach Mennonite Heritage Village, is an event packed with pioneer activities, including steam power, milling, and threshing demonstrations, horse shows, a petting zoo, concerts, drama, good food, and more!

For Pioneer Days information, visit [www.mennoniteheritagevillage.com](http://www.mennoniteheritagevillage.com)



# August Birthdays:

**Elizabeth Thiessen - 2**

**Lorne Loewen - 5**

**Jean Bateman - 5**

**John Martens - 6**

**Anna Friesen - 12**

**Rudy Koop - 21**



Please join us for a birthday party on **Monday, August 26 at 2:30pm** in the main MPR. \$2 per person, free for those celebrating a birthday in August! Don't forget to sign up if you would like to attend, and bring a mug!



# *From the Chaplain's Desk*

But as they sailed he fell asleep (Luke 8:23). What an interesting line in the middle of this story!

Do we ever think about the human side of Jesus' nature? Likely exhausted from the busyness of ministering to many people, he was finally able to rest as they sailed across the water. As he did so, though, he was lulled to sleep from the rocking of the boat and the lapping of the waves. This demonstrates how Jesus faced the same types of situations we face. Hebrews 4:15 says He was "tempted like as we are, yet without sin."

But then the story takes a turn.

...there came down a storm of wind on the lake; and they were filled with water, and were in jeopardy.

Isn't it interesting how the storm came after He fell asleep? As if it was lurking around the corner, just waiting for the opportunity. The reality, though, is that the terrain around the Sea of Galilee is such that strong winds can easily funnel through the mountains and quickly become powerful storms at sea.

Then he arose, and rebuked the wind and the raging of the water...and there was a calm.

Jesus said the word and everything became still—what a testimony to the power of His word! At His bidding, any storm becomes calm.

How about our situations? Do we ever question where God is?

While Psalm 77:9 asks "Hath God forgotten to be gracious?" Psalm 121:3, 4 answers, "...he that keepeth thee will not slumber. Behold, he that keepeth Israel shall neither slumber nor sleep."

While we may sometimes question where God is, let's continue in faith and to rest in the assurance that the Lord is well aware of our situation, that He is with us, and that we can trust His leading no matter where life takes us.

Peter Berg, Chaplain





# Watermelon Salad

**Salty feta cheese, crisp cucumber, and fresh mint accent the sweet, juicy watermelon. Easy and refreshing, it's perfect for a hot day!**

## Dressing

- 2 tablespoons extra-virgin olive oil
- 3 tablespoons fresh lime juice
- ½ garlic clove, minced
- ¼ teaspoon sea salt

## For the salad

- 5 cups cubed watermelon
- Heaping 1 cup diced English cucumber
- ¼ cup thinly sliced red onion
- ⅓ cup crumbled feta cheese
- 1 avocado, cubed
- ⅓ cup torn fresh mint or basil leaves
- Sea salt



## Instructions

- Make the dressing: In a small bowl, whisk together the olive oil, lime juice, garlic and salt.
- Arrange the watermelon, cucumber, and red onions on a large plate or platter. Drizzle with half the dressing. Top with the feta, avocado, mint, and drizzle with remaining dressing. Season to taste and serve.

# Summer Word Search

S F L I P F L O P S I S L E P  
S U N S C R E E N A N U O S I  
A U N G U E S T H D O N V W C  
B N E G J O C E A N F S S I N  
A P O O L J U R Y S U H O M I  
R U G U S A T A E U N I H S C  
B M G C R E S A M A S N I U S  
E E N U F O N S U M M E R I P  
C M A A S T O H E T H I N T R  
U V A C A T I O N S R H L A I  
E R O B I L K R X J O I O U N  
I I N S E F I T S F U N P T K  
C A R E L A X S U L Y L O L L  
E J U N E A C F A M I L Y S E  
I C E P O P A H O T S R E L R



AUGUST  
BARBECUE  
BEACH  
FAMILY  
FLIP FLOPS  
FUN  
HOT  
ICE CREAM

ICE POP  
JULY  
JUNE  
OCEAN  
PICNIC  
POOL  
RELAX  
SHORTS

SPRINKLER  
SUMMER  
SUNGLASSES  
SUNSCREEN  
SUNSHINE  
SWIMSUIT  
VACATION

