


## REST HAVEN LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p style="text-align: center;"><b>AUGUST 2024</b></p> 	<p style="text-align: center;"><b>MENU SUBJECT TO CHANGE</b> Nutrition and Food Services Department: 204-326-2285 204-346-5013</p>		<p style="text-align: right;">1</p> <p style="text-align: center;"><b>(Week 3)</b> Corn Chowder with Bacon Fish Fry Potato Wedge Three Bean Salad Ambrosia Salad</p>	<p style="text-align: right;">2</p> <p>Green Bean Soup Farmer Sausage Perogies Pickled Beets Schmaunt Phat Trifle</p>	<p style="text-align: right;">3</p> <p>Chef's Soup Chili Chef's Salad Toast Chef's Dessert</p>	<p style="text-align: right;">4</p> <p>Turkey/Stuffing Mashed Potatoes Gravy Glazed Carrots Cherry Platz</p>
<p style="text-align: right;">5</p> <p><b>Happy Civic Day</b> <b>(Week 4)</b> Beet Borscht Baked Ham Pineapple Sauce Scalloped Potatoes Kernel Corn Blueberry Muffin</p>	<p style="text-align: right;">6</p> <p>Lentil Vegetable with Parmesan Soup Hamburger in a Bun Broccoli Salad Fruit Slices</p>	<p style="text-align: right;">7</p> <p>Cabbage Borscht Soup Honey Mustard Chicken Rice Pilaf Salad Coconut Cream Pie</p>	<p style="text-align: right;">8</p> <p>Broccoli Soup Battered Fish Fry Lyonnais Potato Coleslaw Frozen Sherbet</p>	<p style="text-align: right;">10</p> <p>Roast Beef Oven Baked Potatoes Sour Cream/Chives Mixed Veg Zucchini Brownie</p>	<p style="text-align: right;">10</p> <p>Vegetable Soup Ham &amp; Cheese Sandwich Pickles Fruit Cobbler</p>	<p style="text-align: right;">11</p> <p>Shake &amp; Bake Chicken Mashed Potatoes Cooked Turnips and Carrots Blueberry Mous</p>
<p style="text-align: right;">12</p> <p><b>(Week 5)</b> Sauerkraut Borscht Meatloaf Mashed Potatoes California Mixed Vegetables Date Square</p>	<p style="text-align: right;">13</p> <p>Hearty Italian Soup Kielke with Fried Onions &amp; Schmaunt Phat Ham Peas/Carrot Muffin Bran</p>	<p style="text-align: right;">14</p> <p>Cabbage Borscht Roll Kuchen Watermelon</p>	<p style="text-align: right;">15</p> <p>Turkey/ Stuffing Cranberry Sauce Mashed Potato Corn Cheesecake</p>	<p style="text-align: right;">16</p> <p>Creamy Lentil and Roasted Carrot Soup Sweet and Sour Pork Rice Pilaf California Mixed Veg. Peach Upside Down Cake</p>	<p style="text-align: right;">17</p> <p>Chef's Soup Turkey Sandwich Chips/Pickles Fruit Based Snack</p>	<p style="text-align: right;">18</p> <p>Roast Pork with Gravy Boiled Potatoes Green Beans Fruitcocktail Mous</p>
<p style="text-align: right;">19</p> <p><b>(Week 1)</b> Beef and Barley Soup Chicken Fingers Fries Garden Salad Fruit Based Dessert</p>	<p style="text-align: right;">20</p> <p>Chicken Noodle Soup S&amp;S baked Farmer Sausage Rice Green Beans Tapioca Pudding</p>	<p style="text-align: right;">21</p> <p>Hearty Vegetable Soup Chicken Cacciatore Noodles Salad Chocolate Cream Pie</p>	<p style="text-align: right;">22</p> <p>Cream of Celery BBQ Rib Rice Carrots Cinnamon Coffee Cake</p>	<p style="text-align: right;">23</p> <p>Dill Pickle Soup Hotdog in a Bun Baked Bean Carrot Salad Ice cream</p>	<p style="text-align: right;">24</p> <p>Garden Vegetable Soup Chicken Pot Pie Cucumber and Tomato Slices Fruit Platz</p>	<p style="text-align: right;">25</p> <p>Roast Beef Mashed Potatoes Coleslaw Home Dessert Rice Pudding</p>
<p style="text-align: right;">26</p> <p><b>(Week 2)</b> Beet Borscht Soup Perogies Farmer Sausage Carrot Salad Cream Gravy Canned Peach</p>	<p style="text-align: right;">27</p> <p>Hearty Manitoba Vegetable Soup Meat Loaf Mashed Potato Broccoli Salad Home Dessert Cinnamon Roll Cake</p>	<p style="text-align: right;">28</p> <p>Roast Beef Oven Baked Potatoes Mixed Vegetables Apple Crisp</p>	<p style="text-align: right;">29</p> <p>Summa Borscht Soup Hamburger in a Bun or Coleslaw Ice Cream Sandwich Chef's Dessert</p>	<p style="text-align: right;">30</p> <p>Minestrone Soup Ham Kielke with Fried Onions &amp; Schmaunt Phat Veg Salad Frozen Yogurt</p>	<p style="text-align: right;">31</p> <p>Chef's Soup Egg Salad Sandwich Cheese Chips/Pickles Orange Fluff Salad</p> 