

Rest Haven News & Notes

Issue June 2024



THE COUNTRY CLASSIC CAR CLUB PRESENTS:

CLASSIC

CAR SHOW

TUES, JUNE 18TH
6:00PM - 7:30PM

In the Rest Haven parking lot

● MINI DONUTS ● POPCORN ● REFRESHMENTS ●

Should you wish to be added or removed from the newsletter contact list
please contact tchabot@havengroup.ca



Household Extension Numbers

1st Floor

Lakeview 7465
Still Waters 7466
Golden Creek 7340
Woodlands 7341

2nd Floor

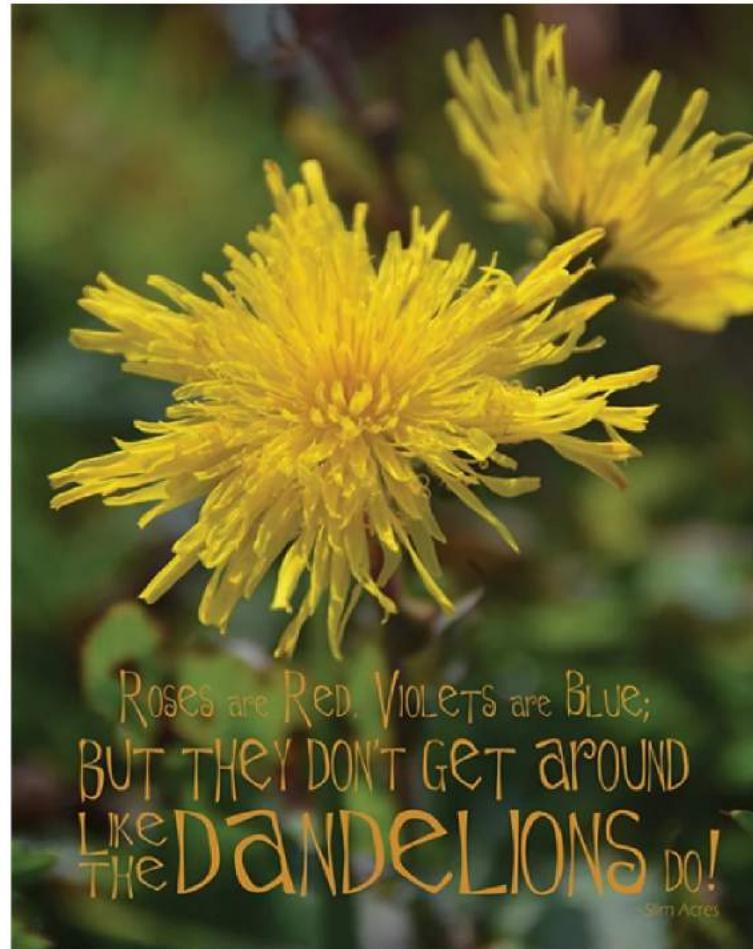
Water's Edge 7346
Autumn Glory 7347
Daisy Lane 7348
Prairie Post 7349

3rd Floor

Prairie Sky 7355
Sunset Way 7356
Homestead Ridge 7357
Freedom Meadows 7356



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code provided.**



June, how we have waited for you! Long summer days, sitting outside on the patios, basking in the sunshine... It most certainly is the gateway to summer.

This month is the kick-off to our summer programming! A lot of new things are set to happen in and around our home:

June 18th : Car Show in our parking lot (rain date: June 25th)

June 27th: Canada Day Party – show us your red and white!

...and stay tuned for July... with an all-new Breakfast Club and Picnics in the Park, and more... watch for posters...



Please join us in celebrating with our June birthday celebrants:

Roderick Doerksen



Judy Rempel

Neil Sawatzky

Catherine Martens

Elena Peters

Ann Harder



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Welcome

We would like to welcome our new friends to our home:

Denis Goulet

Ann Harder

William Eichhorst

Helen Calleja

Hardy Suenderwald

Cornie Thiessen

Steve Cesmystruk

Elisabeth Wiebe

The great wonder in gardening, is that so many plants live.

-Christopher Lloyd

Leanne Silvers

Therapeutic Recreation Facilitator,
Daily Life Team Member







sunshine
greenhouse
Chinos
bistro

Life is fragile.

Aren't we reminded of this each year when we hear of frost warnings? What will happen to the trees whose blossoms we just saw blooming so profusely? Will they be able to bear any fruit?

Sickness and disease remind us of our frailty. They remind us of how helpless we really are and of how dependent we are on the One who holds us in the palm of His hand. Psalm 104:29 says, "Thou hidest thy face, they are troubled: thou takest away their breath, they die, and return to their dust."

It seems that we need those occasional reminders. They have a way of putting us in our place, of letting us know we aren't as strong and independent as we may sometimes think we are, and that our course in life is directed by Someone else.

The Apostle Paul experienced much hardship in his life, from beatings and imprisonments to dangers at sea. What was his response in such times? In II Corinthians 12:10 he writes, "Therefore I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in distresses for Christ's sake: for when I am weak, then am I strong."

How could Paul take pleasure in difficulties? Wouldn't it be enough just to endure them? We find an explanation in the previous verse where God says, "My grace is sufficient for thee: for my strength is made perfect in weakness." It is in such times of weakness we are motivated to seek the Lord. It is in times of weakness that He gives us extra grace to see us through. It is in times of weakness that we can become truly strong.

This month we want to celebrate Father's Day—a special time set aside to honor the fathers in our lives. While many can honor their fathers in person, others simply honor those memories.

Happy Father's Day!

We would also like to honor the memory of some Rest Haven residents who passed away in the last month. Condolences to the families of Lena Sobering, Catherine Berg, Justina Golowaychuk, John Plett, Henry Loewen, Jacob Poetker, and Elizabeth Friesen. May the Lord continue to give you strength in this time.

Peter Berg, Chaplain

REST HAVEN LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					MENU SUBJECT TO CHANGE	
					Nutrition and Food Services Department: 204-326-2285 204-346-5013	
JUNE 2024						
3	(Week 5) Onion Soup Meatloaf or Chefs Alternate Gravy Mashed Potatoes California Mixed Vegetables Dessert	4 Hearty Italian Soup Kielke with Fried Onions & Schmaunt Phat Ham or Chefs Alternate Peas/Carrot Dessert	5 Split Pea Soup Battered Fish Fry or Chefs Alternate Fries Coleslaw Dessert	6 Turkey' Stuffing or Chef's Alternate Cranberry Sau ce Mashed Potato Corn Dessert	7 Dill Pickle Soup Hotdog in a Bun Baked Bean Carrot Salad Dessert	8 Chef's Soup Turkey Sandwich or Chef's Alternate Chips/Pickles Dessert
10	(Week 1) Beef and Barley Soup Chicken Fingers or Chefs Alternate Fries Garden Salad Dessert	11 Cabbage Borscht Roll Kuchen Dessert	12 Hearty Vegetable Soup Chicken Cacciatore or Chef's Alternate Noodles Salad Dessert	13 Cream of Celery BBQ Rib or Chef's Alternate Rice Carrots Dessert	14 Chef's Soup Lasa gna or Chef's Alternate Caesar Salad Garlic Bread Dessert	15 Garden Vegetable Soup Chicken Pot Pie or Chef's Alternate Cucumber and Tomato Slices Dessert
17	(Week 2) Beet Borscht Soup Pierogies Farmer Sausage or Chefs Alternate Carrot Salad Cream Gravy Dessert	18 Hearty Manitoba Vegetable Soup Meat Loaf or Chef's Alternate Mashed Potato Broccoli Salad Dessert	19 Roast Beef or Chef's Alternate Oven Baked Potatoes Mixed Vegetables Dessert	20 Summa Borscht Hamburger in a Bun Potato Salad Coleslaw Dessert	21 Minestrone Soup Ham or Chef's Alternate Kielke with Fried Onions & Schmaunt Phat Veg Salad Dessert	22 Chef Soup Egg Salad Sandwich or Chef's Alternate Cheese Chips/Pickles Dessert
24	(Week 3) Summa Borscht Country Style Chicken or Chefs Alternate Mac N' Cheese Savory Green and Wax Beans Dessert	25 Vegetable Soup Spaghetti with Meat Balls or Chef's Alternate Caesar Salad Garlic Bread Dessert	26 Cabbage Borscht Roll Kuchen Dessert	27 Corn Chowder with Bacon Battered Fish Fry or Chef's Alternate Potato Wedge Three Bean Salad Dessert	28 Green Bean Soup Farmer Sausage or Chef's Alternate Pierogies Pickled Beets Schmaunt Phat Dessert	29 Chef's Soup Chili or Chef's Alternate Chef Salad Toast Dessert
30						



REST HAVEN SUPPER MENU



**JULY
2024**

**MENU SUBJECT TO
CHANGE**
**Nutrition and Food Services
Department**
204-326-2285/204-346-5013

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
(Week 5) Breaded Pork Cutlets or Chefs Alternate Potato Wedge Gravy/Coleslaw Nanaimo Bar	3 Mushroom/Omelet or Chefs Alternate Garlic Toast Tomato Slices on Lettuce Fruit Based Dessert	4 Honey Garlic Chicken or Chefs Alternate Rice Roasted Broccoli Fruit Based Dessert	5 Pork Sausages or Chefs Alternate Spanish Rice (Brown rice) Buttered Peas Carrot Cake	6 Cabbage Rolls or Chefs Alternate Mashed Potatoes Mixed Vegetables Apple Crisp	7 Spaghetti & Meat Sauce or Chefs Alternate Garlic Bread Lettuce Salad Tart	8 Chicken Noodle Soup Cottage Cheese Rye Bread Potato Salad Cold Cuts/Pickles or Chefs Alternate Coconut Cream Pie
(Week 1) Garlic Sausage or Chefs Alternate Hashbrown Casserole Mixed Vegetables Peach Platz	10 Beef Stew or Chefs Alternate Cheese Biscuits Mandarin Segments	11 Breaded Mustard Veal Cutlets or Chefs Alternate Mashed Potatoes Beef Gravy Steamed Broccoli Oatmeal Chocolate Chip With Red Lentils	12 Chicken with Alfredo Sauce Noodles or Chefs Alternate Peas Biscuits Fruit	13 Fish Fillet or Chefs Alternate Lemon Slice Lyonnaise Potatoes Cauliflower/Carrots Butterscotch Pudding	14 Breaded Pork Cutlets or Chefs Alternate Noodles and Sauce Mixed Vegetables Chefs Dessert	15 Summa Borscht Cold Cuts Bread/Pickles Macaroni Salad Cottage Cheese Blueberry Cheesecake
(Week 2) Roasted Chicken or Chefs Alternate Chicken Gravy French Fries Oriental Mixed Veg. Iced White Cookies	17 Pork and Apple Cakes or Chefs Alternate Rice (Whole Grain) Apple Cinnamon Sauce Peas Ice cream Sundae	18 Baked Porkchops or Chefs Alternate Gravy Mashed Potato Corn Tapioca Pudding	19 Fish Sticks or Chefs Alternate Fried Potatoes Gravy Tartar Sauce Herbed Green Beans/ Peppers Trifle	20 Chicken Teriyaki or Chefs Alternate Stir Fry Vegetables Mandarin Oranges	21 Veal Parmigiana or Chefs Alternate Pasta Marrana Sauce Peas Fruit Plat	22 Farmer Sausage Noodle Soup Cold Cuts or Chefs Alternate Buns Carrot Salad Cream Pie
(Week 3) Lemon Fish or Chefs Alternate Potatoes Peas & Carrots Pineapple Upside Down Cake	24 Mushroom Baked Pork Chops or Chefs Alternate Mushroom Gravy Lyonnaise Potatoes Sautéed Mixed Veg Cupcake	25 Sweet & Sour Diced Beef or Chefs Alternate Steamed Rice Broccoli Fruit	26 Homemade Chicken Pot Pie or Chefs Alternate Mandarin Lettuce Salad Peanut Butter Brownie	27 Lemon Butter Chicken or Chefs Alternate Mashed Potatoes Carrots Hot Fudge Pudding Cake	28 Sweet and Sour Chicken Balls or Chefs Alternate Rice Spring Roll Broccoli Fruit Jello	29 Vegetable Beef and Rice Soup Potato Salad Brown Bread/Garnish Cold Cuts/Pickles or Chefs Alternate Apple Pie

Rest Haven Care Home

June 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Aaron Barkman	10:30 Fun Fitness LV 6:45 Kleefeld EMC	10:00 Men's Coffee 10:30 Ladies Bible Study 2:30 Bingo LV 6:00 Abe & Tina Music	2:00 Men's Bible Study 3:00 Hymn Sing	10:30 Chapel 2:00 Woodhaven Games	9:30 Men's Coffee 2:30 News Update LV	6:00 God's Grace Singing German Program
10:30 Randall Hiebert 3:00 Bethaus Youth	10:30 Fun Fitness SW 10:30 Resident Council 6:00 Jon Penner's Music	10:00 Father's Day Men's Coffee 10:30 Ladies Bible Study 2:30 Bingo SW	9:30 Reading LV 2:00 Men's Bible Study 3:00 Hymn Sing	10:30 Chapel 2:00 Father's Day Craft 6:45 Steinbach EMC	9:30 Men's Coffee 2:30 News Update LV	15
10:30 Emmanuel Free	10:15 Singing the Sixties	10:30 Ladies Bible Study 2:30 Bingo LV 6:00 Car Show	9:30 Manicures 2:00 Men's Bible Study 3:00 Hymn Sing	10:30 Chapel 6:45 Evangelical Fellowship	9:30 Men's Coffee 10:30 Fun Fitness LV 2:30 News Update LV	21
10:30 Ridgewood EMC	10:30 Fun Fitness SW	10:00 Men's Coffee 10:30 Ladies Bible Study 2:30 Bingo SW	9:30 Balloon Hockey LV 2:00 Men's Bible Study 3:00 Hymn Sing 6:00 English & German Gospel Program	10:30 Memorial Chapel 2:00 Canada Day Patio Party (Courtyard)	9:30 Men's Coffee 2:00 Singalong Singers	27
10:30 Jerry Falk					*Programs are subject to change without notice. Check whiteboards for daily current events.	Chapel/ MPR- Red Lakeview- LV Still Water's- SW Golden Creek- GC Woodlands- WL
						1st Floor

Rest Haven Care Home

June 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
10:30 Aaron Barkman 	9:30 Reading DL 10:30 Bean Bag Toss PP 	9:30 Activity Corner DL 10:00 Men's Coffee 10:30 Fun Fitness PP 2:30 Parachute WE 6:45 Kleefeld EMC 	9:30 Manicures 9:30 Ladies Bible Study 10:30 Bingo DL 2:00 Men's Bible Study 3:00 Hymn Sing 	9:30 News Update AG 10:30 Chapel 2:00 Woodhaven Games 6:00 Prairie Rose Group 	9:30 Men's Coffee Singing German Program 	6:00 God's Grace Singing German Program
2	3	4	5	6	7	8
10:30 Aaron Barkman 	9:30 Bean Bag Toss PP 	9:30 Activity Corner DL 10:00 Men's Coffee 10:30 Fun Fitness PP 2:30 Word Games WE 6:00 Abe & Tina Music 	9:30 Ladies Bible Study 10:30 Bingo PP 2:00 Men's Bible Study 3:00 Hymn Sing 	9:30 News Update DL 10:30 Chapel 2:00 Father's Day Craft 6:45 Steinbach EMC 	9:30 Men's Coffee 9:30 News Update DL 	14
9	10	11	12	13	14	15
10:30 Randall Hiebert 3:00 Bethaus Youth 	9:30 Fun Fitness WE 10:30 Resident Council 2:00 Baking DL 6:00 Jon Penner's Music 	10:00 Father's Day Men's Coffee 	9:30 Ladies Bible Study 10:30 Bingo WE 2:00 Men's Bible Study 3:00 Hymn Sing 	9:30 News Update DL 10:30 Chapel 2:00 Father's Day Craft 6:45 Steinbach EMC 	9:30 Men's Coffee 9:30 News Update DL 	21
16	17	18	19	20	21	22
10:30 Emmanuel Free 	10:15 Singing the Sixties 	6:00 Car Show 	9:30 Ladies Bible Study 10:30 Bingo WE 2:00 Men's Bible Study 3:00 Hymn Sing 	10:30 Chapel 2:30 News Update PP 6:45 Evangelical Fellowship DL 	9:30 Men's Coffee 10:00 Bowling WE 2:00 Bits & Bites DL 	10:30 Fun Fitness AG 10:00 What am I? AG 6:00 Peaceful Harbour DL
23	24	25	26	27	28	29
10:30 Ridgewood EMC 	9:30 Fun Fitness PP 10:00 Men's Coffee 10:30 Trivia DL 2:30 Balloon Hockey WE 	9:30 Ladies Bible Study 10:30 Bingo AG 2:00 Men's Bible Study 3:00 Hymn Sing 6:00 English & German Gospel Program 	9:30 News Update DL 10:30 Memorial Chapel 2:00 Canada Day Patio Party (Courtyard) 6:30 Singalong Singers 	9:30 Men's Coffee 2:30 What am I? AG 5:45 Singing DL 	Daisy Lane- DL Prairie Post- PP 	Daisy Lane- DL Prairie Post- PP
30						2nd Floor

*Programs are subject to change without notice. Check whiteboards for daily current events.

Rest Haven Care Home

June 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3rd Floor	*Programs are subject to change without notice. Check whiteboards for daily current events.	Prairie Sky - PS Sunset Way- SW Homestead Ridge- HR Freedom Meadows- FM	Chapel/MPR- Red			
10:30 Aaron Barkman	3:00 Ladies Bible Study 6:45 Kleefeld EMC	9:30 Reading PS 10:00 Men's Coffee 10:30 Laughter Exercise SW 2:30 Balloon Badminton FM 6:00 Abe & Tina Music	9:30 News Update FM 10:30 Chapel 10:30 Fun Fitness PS 2:00 Men's Bible Study 3:00 Hymn Sing	9:30 News Update PS 10:30 Chapel 10:30 Fun Fitness SW 2:30 Guess What Logo? FM 6:00 Prairie Rose Group	9:30 Men's Coffee 10:00 Bowling FM 2:30 Bingo SW	10:00 Fun Fitness SW God's Singing German
2						
10:30 Randall Hiebert	10:30 Resident Council 3:00 Ladies Bible Study 6:00 Jon Penner's Music	10:00 Father's Day Men's Coffee 10:30 Laughter Exercise FM	11 	9:30 Manicures 9:30 Fun Fitness FM 10:30 Fun Fitness SW 2:00 Men's Bible Study 3:00 Hymn Sing	9:30 News Update SW 10:30 Chapel 2:00 Father's Day Craft 6:45 Steinbach EMC	9:30 Men's Coffee 10:30 1:1 Visits HR 10:30 Reading PS 2:30 Bingo FM
9						
10:30 Emmanuel Free	3:00 Ladies Bible Study 10:15 Singing the Sixties	10:00 Men's Coffee 2:00 Baking SW 6:00 Car Show	18 	9:30 Fun Fitness FM 10:30 Fun Fitness PS 2:00 Men's Bible Study 3:00 Hymn Sing	10:30 Chapel 2:00 Bits & Bites SW 6:45 Evangelical Fellowship	9:30 Men's Coffee 9:30 1:1 Visits HR 2:30 Bingo PS
16						
10:30 Jerry Falk	3:00 Ladies Bible Study HAPPY FATHER'S DAY	10:00 Men's Coffee 2:00 Baking SW 6:00 Car Show	24 	9:30 Fun Fitness FM 10:30 Fun Fitness SW 2:00 Men's Bible Study 3:00 Hymn Sing 6:00 English & German Gospel Program	9:30 News Update SW 10:30 Memorial Chapel 2:00 Canada Day Patio Party (Courtyard) 6:00 Singalong Singers	9:30 Men's Coffee 10:00 Bowling PS 2:30 Bingo SW
23						
10:30 Ridgewood EMC	3:00 Ladies Bible Study	10:00 Men's Coffee	25 	9:30 Fun Fitness FM 10:30 Fun Fitness SW 2:00 Men's Bible Study 3:00 Hymn Sing 6:00 English & German Gospel Program	9:30 News Update SW 10:30 Memorial Chapel 2:00 Canada Day Patio Party (Courtyard) 6:00 Singalong Singers	9:30 Men's Coffee 10:00 Fun Fitness FM 1:1 Visits
30						



FATHER'S DAY

Word Search

G	C	H	I	L	D	R	E	N	X	R	R	V	J	D	T	M	L	J
R	F	H	F	F	C	E	L	E	B	R	A	T	E	D	C	C	D	R
E	R	H	S	S	U	S	C	L	F	X	S	A	S	I	G	Y	E	I
E	G	A	U	F	T	A	B	K	G	S	G	H	T	P	S	E	V	U
T	O	G	E	T	H	E	R	Q	M	U	T	U	G	P	B	L	O	Y
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N	A	N	E	C	K	T	I	E	V	O	M	W	H	B	O	E	E	A
G	N	A	B	F	J	K	H	A	N	D	S	O	M	E	W	M	D	M
C	Z	A	R	Y	R	E	S	P	E	C	T	A	R	V	X	T	N	I
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R	I	B	M	Q	Z	O	W	G	F	Q	F	I	N	B	E	E	R	Y
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C	Q	C	B	Z	U	B	A	M	E	N	T	O	R	F	D	R	E	M
S	X	U	L	T	Z	A	H	G	I	T	R	A	T	A	A	U	U	
Z	N	E	S	U	P	P	O	R	T	X	L	B	B	S	Y	V	J	X
Q	N	A	V	I	U	N	T	F	O	O	T	B	A	L	L	E	E	D

BARBECUE	DINNER	HONOR	PRESENTS
BEER	FAMILY	JUNE	RESPECT
BRAVE	FOOTBALL	LOVING	SPECIAL
CELEBRATE	GIFTS	MEMORIES	SUNDAY
CHILDREN	GREETING CARD	MENTOR	SUPPORT
DEVOTED	HANDSOME	NECKTIE	TOGETHER