

REST HAVEN SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 <i>(Week 5)</i> Honey Garlic Chicken or Chef's Alternate Rice Roasted Broccoli Fruit Based Dessert	2 Pork Sausages or Chef's Alternate Spanish Rice (Brown rice) Buttered Peas Carrot Cake	3 Cabbage Rolls or Chef's Alternate Mashed Potatoes Carrots Apple Crisp	4 Spaghetti & Meat Sauce or Chef's Alternate Garlic Bread Lettuce Salad Tart	5 Chicken Noodle Soup Cottage Cheese Rye Bread Potato Salad Cold Cuts/Pickles or Chef's Alternate Coconut Cream Pie
6 <i>(Week 1)</i> Garlic Sausage or Chef's Alternate Hashbrown Casserole Mixed Vegetables Peach Platz	7 Beef Stew or Chef's Alternate Cheese Biscuits Mandarin Segments	8 Breaded Mustard Veal Cutlets or Chef's Alternate Mashed Potatoes Beef Gravy Steamed Broccoli Oatmeal Chocolate Chip With Red Lentils	9 Chicken with Alfredo Sauce Noodles or Chef's Alternate Peas Biscuits Fruit	10 Fish Fillet or Chef's Alternate Lemon Slice Lyonnaise Potatoes Cauliflower/Carrots Butterscotch Pudding	11 Breaded Pork Cutlets or Chef's Alternate Noodles and Sauce Mixed Vegetables Chef's Dessert	12 Happy Mother's Day Summa Borscht Cold Cuts Bread/ Pickles Macaroni Salad Cottage Cheese Blueberry Cheesecake
13 <i>(Week 2)</i> Roasted Chicken or Chef's Alternate Chicken Gravy French Fries Oriental Mixed Veg. Iced White Cookies	14 Pork and Apple Cakes or Chef's Alternate Rice (Whole Grain) Apple Cinnamon Sauce Peas Ice cream Sundae	15 Baked Porkchops or Chef's Alternate Gravy Mashed Potato Corn Tapioca Pudding	16 Fish Sticks or Chef's Alternate Fried Potatoes Gravy Tartar Sauce Herbed Green Beans/ Peppers Trifle	17 Chicken Teriyaki or Chef's Alternate Steamed Rice Stir Fry Vegetables Mandarin Oranges	18 Veal Parmigiana or Chef's Alternate Pasta Marinara Sauce Peas Fruit Platz	19 Farmer Sausage Noodle Soup Cold Cuts or Chef's Alternate Buns Carrot Salad Cream Pie
20 <i>(Week 3)</i> Lemon Fish or Chef's Alternate Potatoes Peas & Carrots Pineapple Upside Down Cake	21 Mushroom Baked Pork Chops or Chef's Alternate Mushroom Gravy Lyonnaise Potatoes Sauteed Mixed Veg Cupcake	22 Sweet & Sour Diced Beef or Chef's Alternate S&S Sauce Steamed Rice Broccoli Fruit	23 Homemade Chicken Pot Pie or Chef's Alternate Mandarin Lettuce Salad Peanut Butter Brownie	24 Lemon Butter Chicken or Chef's Alternate Mashed Potatoes Carrots Hot Fudge Pudding Cake	25 Sweet and Sour Chicken Balls or Chef's Alternate Rice Spring Roll Broccoli Fruit Jello	26 Vegetable Beef and Rice Soup Potato Salad Brown Bread/Garnish Cold Cuts/Pickles or Chef's Alternate Apple Pie
27 <i>(Week 4)</i> Garlic Sausage or Chef's Alternate Macaroni and Cheese Peas Chocolate Pudding	28 BBQ Pork Ribs or Chef's Alternate Gravy Brown Rice Green Beans Lemon Tarts	29 Hamburger Steak or Chef's Alternate Mashed Potatoes Beef Gravy Roasted Zucchini Fried Onions Fruit	30 Savory Meat Loaf or Chef's Alternate Whipped Potatoes Gravy California Mixed Vegetable Jellied Fruit Salad	31 Baked Chicken or Chef's Alternate Mashed Potatoes Gravy Southwest Vegetables Cream Puffs	MENU SUBJECT TO CHANGE Nutrition and Food Services Department: 204-326-2285/204-346-5013	