

## REST HAVEN LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 <i>(Week 5)</i> Split Pea Soup Battered Fish Fry or Chef's Alternate Fries Coleslaw Lemon Meringue Pie	2 Turkey/ Stuffing or Chef's Alternate Cranberry Sauce Mashed Potato Corn Cheesecake	3 Creamy Lentil and Roasted Carrot Soup Sweet and Sour Pork or Chef's Alternate Rice Pilaf California Mixed Veg. Peach Upside Down Cake	4 Chef's Soup Turkey Sandwich or Chef's Alternate Chips/Pickles Fruit Based Dessert	5 Roast Pork with Gravy or Chef's Alternate Boiled Potatoes Green Beans Fruitcocktail Mous
6 <i>(Week 1)</i> Beef and Barley Soup Chicken Fingers or Chef's Alternate Fries Garden Salad Fruit Based Dessert	7 Chicken Noodle Soup S&S Baked Farmer Sausage or Chef's Alternate Steamed Rice Green Beans Tapioca Pudding	8 Hearty Vegetable Soup Chicken Cacciatore or Chef's Alternate Noodles Salad Chocolate Cream Pie	9 Cream of Celery BBQ Rib or Chef's Alternate Mashed Potatoes Carrots Cinnamon Coffee Cake	10 Chefs Soup Lasagna or Chef's Alternate Caesar Salad Garlic Bread Chocolate Cake	11 Garden Vegetable Soup Chicken Pot Pie or Chef's Alternate Cucumber and Tomato Slices Fruit Platz	12 <b>Happy Mother's Day!</b> Roast Beef or Chef's Alternate Mashed Potatoes Coleslaw Rice Pudding
13 <i>(Week 2)</i> Beet Borscht Soup Perogies Farmer Sausage or Chef's Alternate Carrot Salad Cream Gravy Canned Peaches	14 Hearty Manitoba Vegetable Soup Meat Loaf or Chef's Alternate Mashed Potato Broccoli Salad Cinnamon Roll Cake	15 Roast Beef or Chef's Alternate Oven Baked Potatoes Mixed Vegetables Apple Crisp	16 Butternut Squash Soup Chicken Taco Bake or Chef's Alternate Noodles Cucumber Salad Fruit	17 Minestrone Soup Ham or Chef's Alternate Kielke with Fried Onions & Schmaunt Phat Coleslaw Frozen Yogurt	18 Chef Soup Egg Salad Sandwich or Chef's Alternate Cheese Chips/Pickles Orange Fluff Salad	19 Baked Ham or Chef's Alternate Pineapple Sauce Scalloped Potatoes Corn Plumi Mous
20 <i>(Week 3)</i> Summa Borscht Country Style Chicken or Chef's Alternate Mac N' Cheese Savory Green and Wax Beans Ice Cream Sundae	21 Vegetable Soup Spaghetti with Meat Balls or Chef's Alternate Caesar Salad Garlic Bread Custard Bread Pudding	22 Chicken Noodle Soup Baked Farmer Sausage or Chef's Alternate Fried Potatoes Vegetable au Gratin Banana Cream Pie	23 Corn Chowder with Bacon Battered Fish Fry or Chef's Alternate Potato Wedge Three Bean Salad Ambrosia Salad	24 Green Bean Soup Farmer Sausage or Chef's Alternate Perogies Pickled Beets Schmaunt Phat Trifle	25 Chef's Soup Chili or Chef's Alternate Chef Salad Toast Chef's Dessert	26 Turkey/Stuffing or Chef's Alternate Mashed Potatoes Gravy Glazed Carrots Cherry Platz
27 <i>(Week 4)</i> Beet Borscht Baked Ham or Chef's Alternate Pineapple Sauce Scalloped Potatoes Kernel Corn Blueberry Lentil Muffin	28 Lentil Vegetable with Parmesan Soup Shepherd's Pie or Chef's Alternate Green Salad Lava Cake	29 Cabbage Borscht Soup Honey Mustard Chicken or Chef's Alternate Rice Pilaf Salad Coconut Cream Pie	30 Broccoli Soup Battered Fish Fry or Chef's Alternate Lyonnaisse Potato Coleslaw Frozen Sherbet	31 Roast Beef or Chef's Alternate Gravy Oven Baked Potatoes Sour Cream/Chives Mixed Veg Zucchini Brownie	<b>MENU SUBJECT TO CHANGE</b> Nutrition and Food Services Department: 204-326-2285 204-346-5013	