

A watercolor illustration of various flowers and a dragonfly. The dragonfly is in the top left corner. The flowers include a purple pansy, a white daisy with a yellow center, a blue cornflower, a red chrysanthemum, a purple chrysanthemum, a red poppy, and a purple pansy. There are also green leaves and stems scattered throughout the background.

Cedarwood MAY 2024 Newsletter

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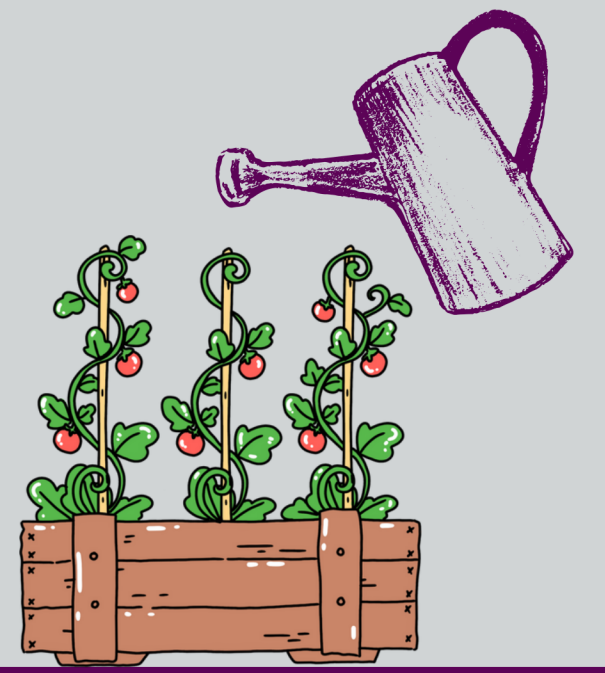
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May Activity Calendar



S	M	T	W	T	F	S
			1 2:30 p.m. Chapel 	2 BOOKMOBILE LIBRARY 2:00 p.m. BINGO!	3	4
5 9:30 a.m Jerry Falk	6 7:00 P.M. Jac. & Helen Harder	7	8 10:00 a.m. Woodlawn School 2:30 p.m. Chapel 	9 2:00 p.m. BINGO!	10	11
12 9:30 A.M. Grace Mennonite 2:00 PM. Bethaus Youth	13 Crafty Creations 2:00 p.m. 	14	15 2:30 p.m. Chapel 	16 10:00 a.m. Tenant Insurance Meeting 2:00 p.m. BINGO!	17	18 7:00 P.M. FIRST BAPTIST
19 9:30 A.M. KLEEFELD EMC	20 Victoria Day Office Closed	21 2:30 P.M. Joe Draude 	22 10:00 a.m. Woodlawn School 2:30 p.m. Chapel 	23 2:00 p.m. BINGO! 6:30 p.m. Love is a Key	24	25 6:30 P.M. PEACEFUL HARBOUR
26 9:30 A.M. STEINBACH EMC	27 10:00 a.m. Southwood School  BIRTHDAY PARTY 2:30 PM	28	29 2:30 p.m. Chapel 	30 2:00 p.m. BINGO!	31	



I must have flowers, always, always. ~Monet

TICKLE YOUR FUNNY BONE

- Why should't you tell duck jokes in April?
They may quack up!
- Why was Cinderella so bad at soccer?
She kept running away from the ball.
- What did the horse say after he tripped?
Help I've fallen and I can't giddy-up.

Celebrate World Book Day?

Keep the Mind Active...

- it stimulates our minds and increases our vocabulary
- it teaches us new things and improves our focus
- it can help us relax and reduce stress
- it also develops our thinking skills
and opens up our eyes to different perspectives.

Why do we Celebrate Victoria Day?

May 24, Queen Victoria's birthday, was declared a holiday by the Legislature of the Province of Canada in 1845. Queen Victoria was known as the "Mother of Confederation".

Fun Fact:

The first use of Canada as an official name came in 1791, when the Province of Quebec was divided into the colony of Upper Canada and Lower Canada. In 1841, the two colonies were united under one name, the Province of Canada.

Mental Health Awareness Week



Join us
May 6 - 12th, 2024
*We all have the capacity to be compassionate.
What can you do for someone else to brighten their day?

Dates to Remember:

13th - **Crafty Creations** 2:00 p.m.
16th - **Tenant Insurance Meeting** 10:00 a.m.



MAY TO-DO LIST

Check every item on daily to-do list

Get your space organized

Reconnect with an old friend

Explore a new place or city

Make time for your passion

Smile more, worry less



OurMindfulLife.com

Birthdays



1st - Susan Dueck
21st - Tina Goertzen
May 19 - Julia Fiebelkorn

From the Chaplain

How do we adequately honor our mothers on Mother's Day?

**The ones who raised us and looked after us; the ones who picked us up and kissed away our hurts;
the ones who watched us grow up and sadly waved as we moved on;
the ones who endured much but loved anyway!**

**Many are privileged to still have their mothers with them
and can easily drop by to share a cup of coffee or tea.**

**A card, a call, a word of thanks and appreciation; smiles, hugs, gifts of time,
and the words I love you;**

these are just a few ways to honor the ones who have done so much for us.

While the initial commandment of

**Honor thy Father and Thy Mother was likely directed towards the young,
the need to honor our parents continues on as we age and even after our parents are gone.**

**Many don't have their mothers with them anymore
but can still cherish the memories.**

**Looking through photo albums and reminiscing about things from the past
is just one way to do that. Taking some time to visit the cemetery
and put flowers on the grave is another way.**

Someone asked, "I wonder if they celebrate Mother's Day in heaven?"

This is a good question indeed!

**With the many special events God directed his people to celebrate in the Bible,
I wouldn't be surprised if some of those special celebrations would continue on in heaven!**

Happy Mother's Day!

Peter Berg, Chaplain



Haven Care

What is Haven Care?

**Haven Care is offering companionship services,
light housekeeping, pharmacy pick-up
and grocery shopping to our tenants.**

\$25.00/hour. To set up these services please

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